SEE WHAT'S NEW... CHECK OUT OUR LATEST OFFER ON PAGE 37 SHOPPERS DRUG MART

ON THE LOOSE AGAIN

AFTER SIX YEARS, NELLY FURTADO IS BACK WITH A NEW ENGLISH-LANGUAGE ALBUM PAGE 33

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Thursday, September 20, 2012
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THERE WAS A TIME WHEN...

This was a typical Canadian family, circa 1961. The latest 2011 census data — focused on family dynamics, dwellings and marital status — depicts a very different version of Canada than the one that was so familiar a half-century ago. To see just how much times have changed, turn to pages 10-11. LEIGH TYNAN/THE CANADIAN PRESS

Man beats DUI rap with spiked drink defence

Case dismissed. Judge ruled it was plausible someone slipped a substance into his drink

A man charged with impaired driving was acquitted on Wednesday, even though he blew three times the legal limit, after a judge accepted his argument that someone may have spiked his drink with a drug when he went out for a smoke.

Christopher Sitarz, 34, said the ruling came as a relief. "Watch your drinks. That's all I can say."

Sitarz was driving the wrong way on Adelaide Street West, in the Entertainment District, last Feb. 12, when police stopped his car in the middle of the street. An officer noticed Sitarz had "a dead stare," provincial court Justice Kathleen Caldwell wrote in her ruling. Sitarz smelled strongly of alcohol, his eyes were bloodshot and he was unsteady on his feet.

Sitarz, a petroleum contractor, testified he had driven from Schomberg, Ont., to a speed-dating event downtown. He ordered a vodka Red Bull and said he was fairly sure he later ordered a second drink. He remembered virtually nothing else about the evening, Caldwell said.

Sitarz argued his voluntary consumption of alcohol was minimal, and that someone may have slipped a drug into his drink when he left the bar for a smoke.

Caldwell found Sitarz raised a reasonable doubt that his impairment flowed from a voluntary act.

"It is reasonably plausible that a substance was slipped into his drink which so affected his cognitive abilities that his subsequent alcohol consumption was no longer voluntary," the judge wrote.

TORSTAR NEWS SERVICE

Three times the limit

- At the police station Christopher Sitarz blew 230 mg of alcohol per 100 ml of blood. The legal limit for driving is 80 mg.
- He testified he intended to order three or four drinks, following the "one drink per hour" rule, the judge said.

Chicago hope

Mayor Rob Ford declares himself 'really pumped up' about his trade mission to the Windy City PAGE 3

Using his noodle

Celebrity chef David Chang opens his hotly anticipated Noodle Bar downtown PAGE 6

Fave raves

Dutch DJ Tiësto talks about branching out from electronic dance music with his clothing line, called Club Life, of course PAGE 36

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Lana Del Rey wears
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Budget meeting

Mississauga hikes transit fares

The mood at Wednesday's budget committee meeting was bleak, as the day's topic of transit funding took a back seat to the broader financial woes facing Mississauga.

"We're really at a crossroads — this is the new normal," said Coun. Nando Iannicca, before councillors passed a motion to cut transit service and increase fares.

The end of weekend service for one route (91), a 10-cent fare increase (five cents for seniors) passed easily. TORSTAR NEWS SERVICE

Education

Ontario's first Africentric high school small

It's small — only six Grade 9 students so far instead of the 60 it was hoping for — but the province's first public Africentric high school program has started at Winston Churchill Collegiate in Scarborough.

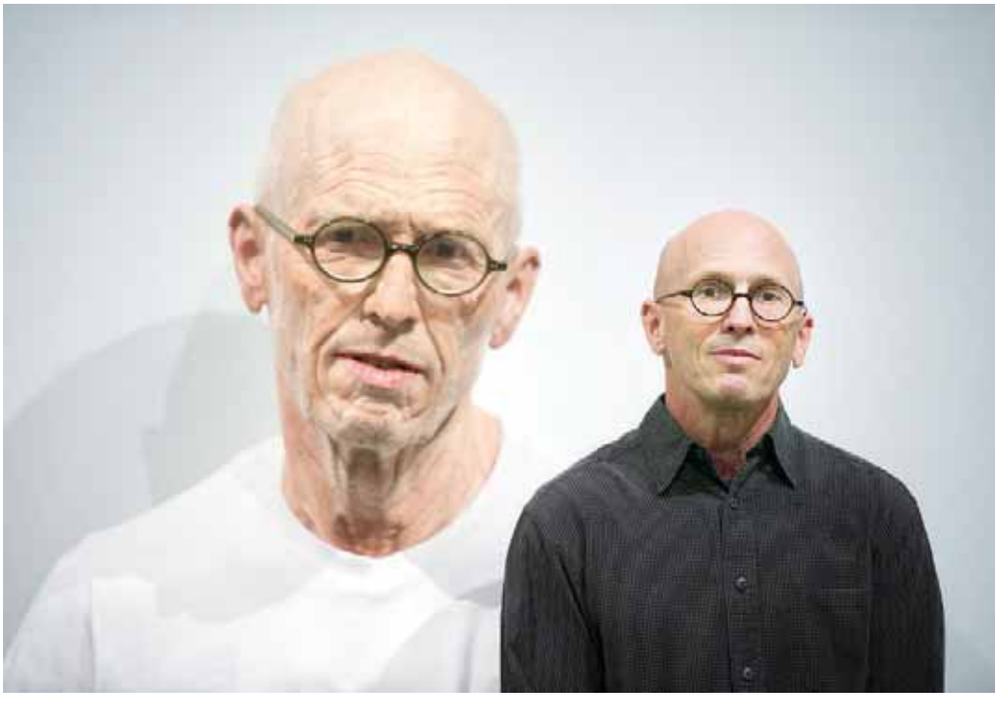
Toronto District School Board director Chris Spence admits a late launch last June, months after Grade 8 students choose their high school for the fall, made it hard to recruit students to the program, which offers the Grade 9 curriculum with a focus on African heritage, authors, inventors, poets and more. TORSTAR NEWS SERVICE

Coin auction

Roman gold not just emperor's treasure

A 300-piece set of ancient Roman coins belonging to Bill McDonald, a well-known Toronto collector who died last year, will be auctioned off at the Toronto Coin Expo on Sept. 27.

Although some coins are estimated to go for more than $3,000 much of the collection is expected to sell for less than $400. Bidding for some pieces will start at $40 or $60. TORSTAR NEWS SERVICE



Artist takes a good long look at himself for AGO exhibit

Artist Evan Penny poses for a photograph with a work from his Art Gallery of Ontario exhibit RE FIGURED on Wednesday. The AGO show includes four examples of the celebrated Canadian artist's self-portrait. You can view his latest exhibit from Sept. 20 to Jan. 6, 2013. CARLOS OSORIO/TORSTAR NEWS SERVICE

Ford declares trip 'a victory for Toronto'

Chicago trade mission. Events include meetings with Mayor Rahm Emanuel and Gov. Pat Quinn

Mayor Rob Ford's two-day trade mission to Chicago got off to a wobbly start but ended with delegates buzzing about mutually beneficial business opportunities.

Ford declared his first such mission since his election in 2010 "a victory for Toronto," adding he was "really pumped up" by the connections being forged around him.

He was greeted warmly Wednesday morning at a meeting of Toronto and Chicago businesspeople, had a friendly half-hour meeting with Chicago Mayor Rahm Emanuel, and was lauded at a luncheon featuring the U.S. ambassador to Canada.

"It's all about getting Toronto on the map and getting jobs in Toronto, and that's my goal," he told reporters as the visit wound down. "Coming from a business background, you have to be a mover and a shaker and go out and knock on doors.

"You got to sell your product, and Toronto is an easy product to sell. It's a beautiful, safe, clean city," he said, adding his focus will now turn to following up leads.

Councillors and businesspeople on the two-day trade mission were also buzzing about opportunities, including a Toronto construction firm that got a personal invitation from the Illinois governor to pitch its innovative product and to open a local office.

But, seeming unsatisfied with that success, Ford insisted the trip, which included about 60 business people plus eight councillors and a handful of city staff, "will not cost taxpayers one red cent." TORSTAR NEWS SERVICE

More coverage on Mayor Rob Ford's trip to Chicago on page 4

Who's footing the bill?

City staff aren't dipping into their pockets for the $2,000 tab. Some of the councillors said they won't, either.

- "Let me be clear — I will not be paying any money personally for the trip," Coun. Michael Thompson, a Ford ally who chairs the economic development committee, told reporters.
- City-owned Invest Toronto paid upfront money for the mayor's office initiative and said that, despite cost-defraying sponsorships, the shortfall will have to come from somewhere, potentially including its own budget for trade missions.

1 NEWS

Mobile news

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Windsor, Winnipeg — same difference

Blunder. Cities' leaders react with good humour to T.O. mayor's gaffe in the Windy City

If Rob Ford needs a refresher in Canadian geography, Winnipeg Mayor Sam Katz is willing to give him a lesson on the location of Manitoba's capital city.

"I've never had the opportunity to meet Mayor Ford. I can assure you next time I will, I will be very definitive in telling him where Winnipeg is and what a great city Winnipeg is," Katz told the Winnipeg Free Press on Wednesday.

Ford made the mistake Tuesday while chatting with a tourist who told him she had visited a city in Canada across the river from Detroit.

"Oh, Manitoba? You were in Manitoba? Winnipeg?" replied Ford.

Quoted

"When you're in downtown Chicago, in Millennium Park, and people are talking about Windsor — hey, that's free promotion for us."

Windsor Mayor Eddie Francis

The two cities are more than 1,800 kilometres apart. Mayor Katz suggested the Ford folly came about because both of the cities start with the letter W.

"As far as geography, I can only speak for myself and my children. They do a very good job of teaching that in school. One of the first things we learn is the provinces, the territories, the Great Lakes, the capitals," Katz told the Free Press.

In Windsor, Mayor Eddie Francis said he's been fielding a number of calls on the gaffe, but is positive Ford knows Windsor is across river from Detroit.

"I'm certain that Mayor Ford knows where Windsor is," Francis said Wednesday, but added his interaction with Ford has been brief since he was elected.

"When he first got elected I put the congratulatory call in," Francis said. "I've had very limited interaction with the mayor of Toronto. I've interacted with other mayors."

That said, Francis will take the free publicity.

"When you're in downtown Chicago, in Millennium Park, and people are talking about Windsor — hey, that's free promotion for us."

TORSTAR NEWS SERVICE

Pen mightier than sword, but no match for UFC

UFC welterweight Rory MacDonald, from B.C., throws a lightning-fast kick at sportscaster Joe Ferraro, during a media workout at King West Fitness in Liberty Village Wednesday night. Fellow Canadian fighters Mark Bocek and Sean Pierson were also high-kicking it on the floor, to show journalists some basic MMA moves ahead of this Saturday's UFC 152 at the Air Canada Centre. FERNANDO CARNEIRO/METRO

Back to Black. One love, one ring — one emotional roller-coaster

Michael Black sees his engagement ring as more than just a band of white gold embedded with diamonds: It's a symbol of the love he shares with his future husband, the lives they've made and the future they've promised each other.

That's why he was "devastated" when his cherished ring was lost in a jewelry store mix-up — and why he was overjoyed to have it on his finger again, three days later.

Black had taken the ring to a Birks store for cleaning last month. When he returned to pick it up, he was "floored" to learn it was given to the wrong customer.

Three days after the mix-up, Black received a phone call from Birks, informing him that the customer had contacted the store after reading about Black's dismay in the Toronto Star and wanted to make sure the ring was returned to Black.

Black says the 18-karat gold ring, inlaid with 21 diamonds totalling three carats, was estimated to be worth $12,000 when he got it custom made in 2007. **TORSTAR NEWS SERVICE**

Micheal Black was devastated when Birks gave his ring to someone else. CARLOS OSORIO/TORSTAR NEWS SERVICE

Coroner: Cut speed limits, shrink pedestrian deaths

It was a gruesome opener to 2010: 14 pedestrian deaths in 14 dark January days in the GTA. They were among the 23 fatalities across the province that month that would account for one-quarter of the 95 such deaths that year.

They were also the inspiration behind the Pedestrian Death Review published Wednesday by the Office of the Chief Coroner for Ontario.

The survey of 2010 pedestrian fatalities shows that seniors were disproportionately vulnerable, representing 36 per cent of the deaths, although they are only 16 per cent of the population. Pedestrians are also most likely to be killed between 2 p.m. and 10 p.m. in cities in the winter, said Deputy Chief Coroner Dr. Bert Lauer.

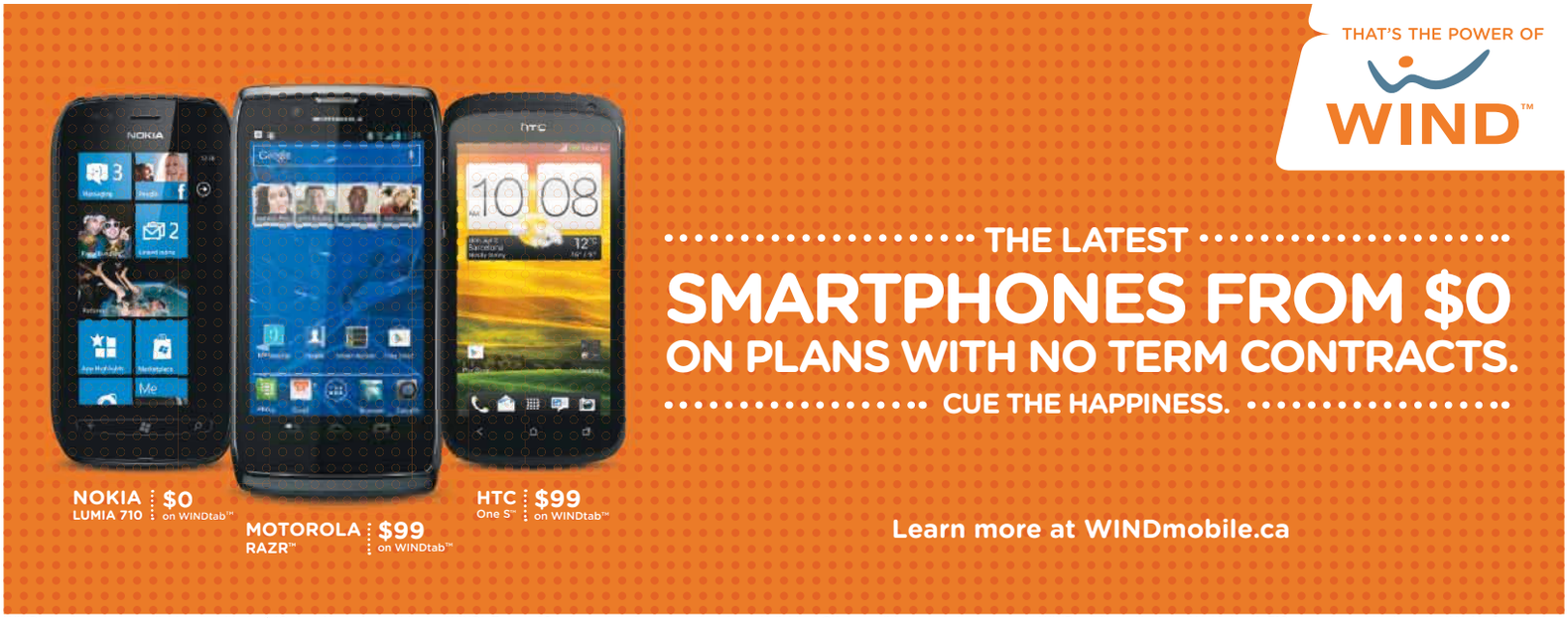
Quoted

"By the time I hit Bloor Street I never get over 20 km/h. If they set the speed limit lower it's not going to change my behaviour because my behaviour is slow driving anyway."

Deputy Chief Coroner Dr. Bert Lauer

Among the report's 26 recommendations, Lauer identified three key findings: Ontario needs to reduce traffic speeds; it needs a "complete streets" policy that requires roads accommodate all users; it also needs a provincial walking strategy to support pedestrian improvements that would reduce fatalities by half by 2022.

TORSTAR NEWS SERVICE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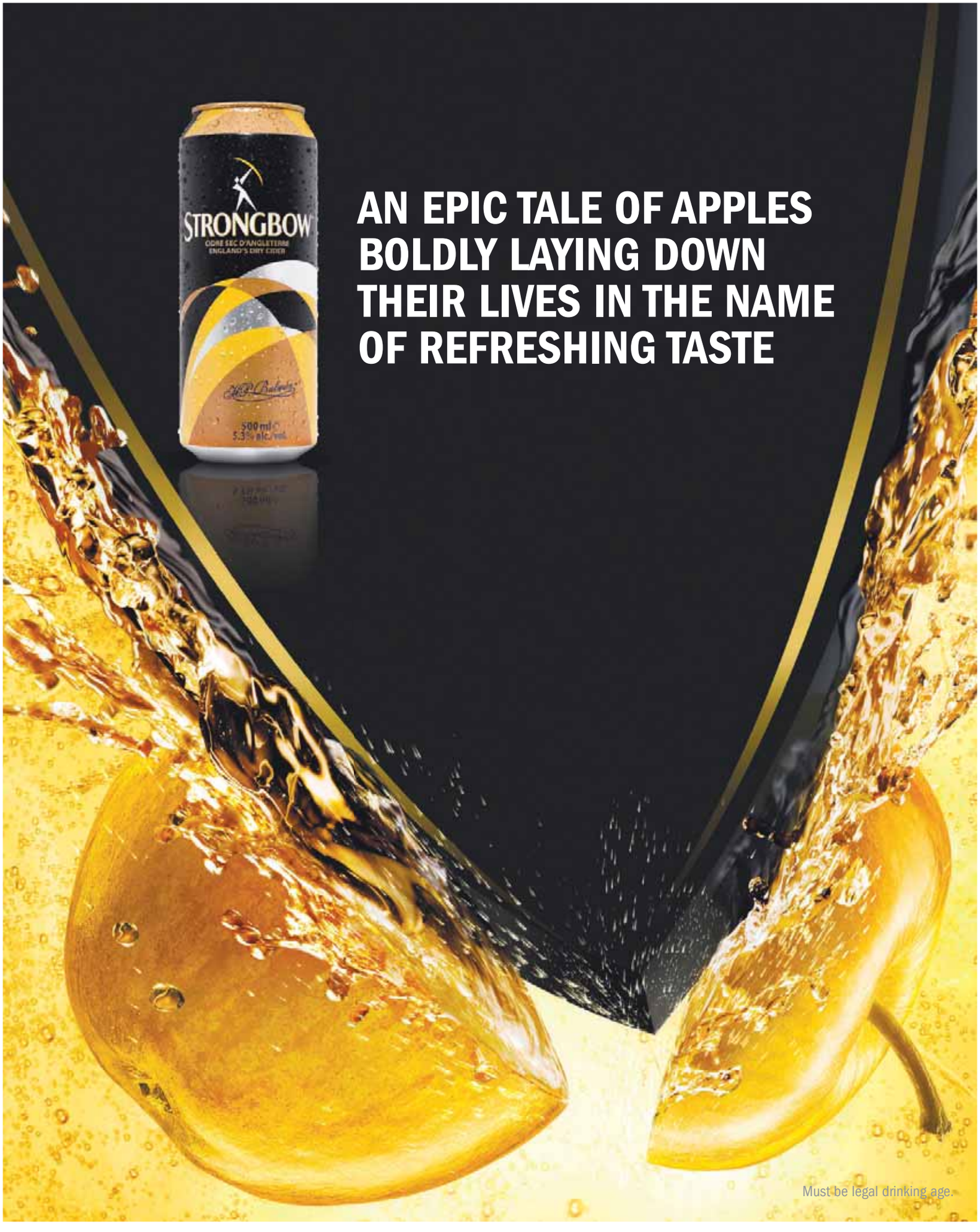
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Celebrity chef opens first of four eateries planned for T.O.

Noodle Bar. Chef David Chang's menu features his signature stuffed buns, five different types of noodle bowls, smoked chicken wings

The tweet announcing the opening of Noodle Bar, the first of four restaurants by celebrity chef David Chang to be housed in the Shangri-La Hotel, went out at about 10:15 a.m. on Wednesday, with word that the doors would open at 11:30.

People who have dined at locations in New York and Sydney know that while Noodle Bar's service is fast because there are no reservations, there's often a lineup. That certainly wasn't the case here on Wednesday.

Considering it was one the most hotly anticipated openings on Toronto's gastronomic scene, there are sure to be long lineups at University and Adelaide in its future, but for lunch yesterday, patrons were easily moved in and out of the 70-person room without having to wait.

The Noodle Bar's plan is to get people in and out quickly, and within five minutes of ordering, our first bowl of the signature ramen was at our table. The menu features Chang's famous stuffed buns, and five different types of noodle bowls, as well as smoked chicken wings and spicy roasted rice cakes.

The first floor space is pretty sparse, with wooden tables for groups and taller bar seating, as well as prime spots at the open face kitchen. Service was fast, polite and impeccable.

TORSTAR NEWS SERVICE

Superstar chef David Chang's Noodle Bar opened in town on Wednesday. The much-anticipated resto is famous for noodles and pork buns. RENE JOHNSTON TORONTO STAR

In line

Why some of the first people in line decided to check it out.

- **Justin Lee.** "Yes, I've eaten at Momofuku in New York. I'm Korean, and I just feel that there hasn't been a really great example of Korean fusion."
- **Nathan Garvie.** "One of our friends got an early tasting, so we were pretty pissed off that she beat us to it."
- **Lisa Houston.** "I've been to Japan, so I really wanted to check out the ramen....The chef's Korean, right? That might be why it's different."

U of T prof says Pussy Riot gave feminism a shot in the arm

Protesters gathered outside the Russian consulate at Bloor and Church streets to protest the two-year sentence against female members of Russian band Pussy Riot, on Aug. 17. SARAH TAGUIAM/METRO FILE

When five members of the feminist punk collective Pussy Riot gatecrashed a Russian Orthodox cathedral in Moscow to recite a political "punk prayer" they couldn't have imagined how far-reaching the fallout would be.

Last month, on the very day three members of its members (the other two fled the scene) were handed a two-year prison sentence for hooliganism, more than 60 demonstrations were held worldwide — including one that drew 200 protesters in front of Toronto's Russian Consulate at Church and Bloor.

Mobile ideal

"Students are interested in popular culture, what's on YouTube, Facebook; and there was a protest here in Toronto, so it's been brought home to them."

Professor Joan Simalchik, University of Toronto

Certainly, the Russian collective of about 14 women has given a fresh face to activism. The question, of course, is will it last?

Professor Joan Simalchik, co-ordinator of the women and gender-studies program at the University of Toronto Mississauga, believes so.

"It's hard to say right now what the long term impact will be, but there will be one," she said.

Giving her introduction class to new students in recent weeks, Simalchik played the video of the band's performance and was pleased by the debate it sparked. The consensus was that the women were right to do what they did, and had to act, though they perhaps could have carried out their protest in a more civil way.

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Cheeky Charlie spooks France

Nation on alert. Mag's crude, lewd drawings of Prophet Muhammad force French to step up security at embassies across Muslim world

Pakistan embroiled in worldwide anti-Islam film protests: A Pakistani lawyer helps a colleague who fell during a scuffle with police at a demonstration in a diplomatic enclave, an area that houses the U.S. Embassy and other foreign missions, in Islamabad on Wednesday. ANJUM NAVEED/THE ASSOCIATED PRESS

A feisty French satirical weekly forced France to step up security at its embassies across the Muslim world on Wednesday.

The paper, Charlie Hebdo, brazenly revived a formula it has already used to capture attention: Publishing crude, lewd caricatures of Islam's Prophet Muhammad.

Wednesday's issue sparked concerns that France could face violent protests, like the ones targeting the U.S. over a film produced in California, that have left at least 30 people dead.

The Charlie Hebdo drawings — some depicted Muhammad naked and in demeaning or pornographic poses — were met with a swift rebuke by the French government.

The principle of freedom of expression "must not be infringed," Foreign Minister Laurent Fabius said on French radio.

But he added: "Is it pertinent, intelligent, in this context to pour oil on the fire? The answer is no."

France ordered its embassies, cultural centres, schools and other official sites to close on Friday — the Muslim holy day — in 20 countries.

It also immediately shut down its embassy and the French school in Tunisia, the site of deadly protests at the U.S. Embassy last week.

Riot police took up positions outside the magazine's offices, which were firebombed last year after it released an edition that mocked radical Islam.

THE ASSOCIATED PRESS

Actress sues

First, riots... and now a lawsuit

An actress who appears in the anti-Muslim film that has sparked riots across the world is suing the filmmaker for fraud and slander.

Cindy Lee Garcia's lawsuit also targets Google in a bid to get the movie's trailer removed online.

The lawsuit filed Wednesday in Los Angeles claims the actress was duped by Nakoula Basseley Nakoula, the man behind Innocence of Muslims who has been forced into hiding.

The lawsuit says Garcia responded to an ad and thought she was appearing in an ancient Egyptian adventure film.

"The film is vile and reprehensible," Garcia's attorney, M. Cris Armenta, wrote in the document.

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Duchess of Cambridge

Danish weekly mag publishing topless photos of U.K.'s Kate

The top editor of a Danish celebrity weekly says his magazine will hit the streets this week with the topless photos of Britain's likely future queen.

Kim Henningsen, editor in chief of Se & Hoer, says the pictures of Prince William's wife Kate will appear in a 16-page supplement sold with Thursday's edition.

Henningsen said Wednesday they want to show Denmark's entertainment fans "what these photos are all about."

He says the magazine had been offered 240 pictures but decided only to use 60 to 70 of them. He declined to say who sold them to the weekly or how much money they paid.

The topless photos have already been widely published in France, Italy, Ireland and on the Internet. A French court has banned future publication inside France.

THE ASSOCIATED PRESS

Seal pups saved by B.C. nature centre's petition

Change of heart. Two six-month-old harp seal pups originally slated for death spared after DFO does 'a 360'

PHOEBE HO
For Metro

Everyone at B.C.'s Island Wildlife Natural Care Centre (IWNCC) let out a collective sigh of relief on Tuesday when the Department of Fisheries and Oceans (DFO) announced they're sparing the lives of two six-month-old harp seal pups.

DFO has "done a 360 — they really have — and I have to tip my hat to them. It's really, really hard for a big bureaucracy to turn on a dime, as you probably know," says Jackie Ballerone, a director at IWNCC. "In two short weeks, they made a really good call here. It was really 11th-hour, but they did the right thing in the end."

Animal-rights activists from all across the world have been lobbying to save the lives of Zac and Mika, who were placed at the Aquarium des Îles-de-la-Madeleine in Quebec by the DFO, and who were initially slated for death on Sept. 15.

It's a practice that's been going on for 25 years, according to Ballerone. Every year, a pair of seals are captured, put on display and released back into the ocean when tourist season ends. But this year, due to new DFO policy, which argued that the pair posed a threat to other marine mammals, they ordered the aquarium to euthanize them.

Quoted

"You don't have to kill an animal and do a necropsy to find out if it's carrying a disease."

Jackie Ballerone, a director at the Wildlife Natural Care Centre

One of two six-month-old harp seal pups scheduled to be euthanized on Sept. 15. The seals were saved at the 11th hour by a public outcry for the animals, including a petition with more than 140,000 signatures.

COURTESY OF ISLAND WILDLIFE NATURAL CARE CENTRE (IWNCC)

FRUSTRATED SCIENTIST DEVELOPS PAIN RELIEVER FOR AILING WIFE

Retail stores now stocking shelves with LivRelief

In 2007, Susan Gabriele's extreme unforgiving pain proved to be too intense for medications. Oral medications were wreaking havoc on her organs. Pain creams didn't work because of their inherent limitations. **Hope was fading.**

Her husband, a *respected specialist in molecular pharmacology*, knew he must take control of the situation. **What price was he prepared to pay to get Susan the pain relief she deserved?** Dr. Joseph Gabriele left his research position at the university and canceled all speaking engagements. He lived in his laboratory developing what is now known as *LivRelief*.

DR. JOSEPH GABRIELE, PH.D.

HIS OBJECTIVES WERE CLEAR:

- Natural medicinals would be taken directly to the pain source
- Pain relief would be FAST and last for hours
- AVOID organ damage, AVOID side effects, AVOID drug conflicts.
- The medication must be safe around kids and pets.

"Within a few minutes of applying the pain medication to her skin, Susan stopped struggling. She wasn't fighting the pain or deep, throbbing aches. That's when I knew that I need to help more people with similar issues" – Dr. Joseph Gabriele

Now, **retail stores** across Canada and the United States are **stocking up** on *LivRelief* Pain Relief Cream and *LivRelief* Nerve Pain Relief. Priced at $30.

Find *LivRelief* at: Shoppers Drug Mart, Rexall, select pharmacies, Metro, Sobey's, GNC, Big Carrot and local health food stores.

People like telling other people about pain relievers that work well. **PLEASE SHARE** your opinion and experience at www.livrelief.com **You may help others find their answer to pain relief. No computer and still would like to help?** CALL toll free 1.888.788.2320.

Guarantee: Let's face it. We all have unique bodies. Not every medication has the exact same effect. If it doesn't work for you, you'll know it quickly. Simply return it in 30 days. You'll have either pain relief or your money back.

LIVERELIEF™ Pain Relief
Relieves the pain and inflammation of arthritis, tendonitis, tennis and golfer's elbow, bursitis, certain back pains, sports and work-related trauma injuries, sprains, and knee issues.

LIVERELIEF™ Nerve Pain Relief
Relieves the pain and swelling caused by nerve damage, trigeminal neuralgia, sciatica, diabetic neuropathies, burning sensations, fibromyalgia and various ulcers.

METRO CUSTOM PUBLISHING LIV RELIEF

Families

9.4M

Canada was home to 9,389,700 "census families" — married or common-law couples, or single parents — in 2011, 5.5 per cent more than in 2006.

Common-law couples

16.7%

For the first time, there were more common-law couples in Canada — 16.7 per cent of all census families — than single-parent families, at 16.3 per cent.

Same-sex couples

42.4%

Same-sex marriage nearly tripled as same-sex couples grew by 42.4 per cent. Same-sex common-law couples grew 15 per cent, compared with 13.8 per cent for opposite-sex common-law couples.

Single parents

8%

Single fathers grew by 16.2 per cent, compared with six per cent for single mothers, as lone-parent families grew eight per cent since 2006. Single mothers still constitute 80 per cent of single-parent families.

Stepfamilies

12.6%

Stepfamilies, counted for the first time in 2011, composed 12.6 per cent of Canada's 3.7 million couples with children. Nearly 60 per cent were "simple" stepfamilies: families in which the children are the biological or adopted offspring of only one parent.

Foster children

29.5K

The census counted 29,590 foster children aged 14 and under living in private households.

Empty nesters

44.5%

The number of couples without children at home (44.5 per cent) continued to outpace those couples with kids living at home (39.2 per cent).

Exclusively online

- Find out where Canada's highest proportions of single women and men are, the city with the largest number of same-sex marriages and more about your area on our interactive map at metronews.ca

From same-sex couples and single dads to foster kids and empty nesters, the "new normal" of the Canadian family is as diverse as the country itself, Statistics Canada reports. THE CANADIAN PRESS/TORSTAR NEWS SERVICE

GROUND SHIFT FOR THE

2011 census. There's no such thing as a 'typical' Canadian family, a new report from Statistics Canada shows

The nuclear family is no longer the norm in Canada.

The mom-pop-and-three-kids-under-one-roof model that typified Canadian households of 50 years ago has morphed into a complex and diverse web of family ties involving living alone, remarriage, stepchildren, empty nesters and several generations sharing a home.

Statistics Canada has released the third tranche of new data from its 2011 census, this time portraying the changes in Canadian families and living arrangements over five decades.

Married couples are in a long-term decline, the number of single parents has risen and the size of families has shrunk. In 1961, the average family had 3.9 people, when the baby boom was in full swing. Now it's 2.9.

"We do see more complexity and definitely more diversity in families," Statistics Canada demographer Anne Milan said.

For the first time, Statistics Canada says there are more people living alone in Canada than there are couples with children. One-person households now make up 27.6 per cent of all homes, a three-fold increase since 1961.

Meanwhile, couples with children have continued their decline, down to 26.5 per cent of all households, from 28.5 per cent in 2006.

Just 10 years ago, couples with children under 24 years old made up 43.6 per cent of all families (not including one-person households), by far the most typical kind of family.

Now, parents with children make up just 39.2 per cent of families, and a rising proportion of those parents are not officially married.

For the first time, Statistics Canada zeroed in on children living in foster homes and blended families. In a national count of foster children, the agency revealed there were 29,590 of them under the age of 14 in 2011. A measure of the number of stepfamilies showed that one in 10 children now lives in some sort of blended family.

In 2011, the most typical family was a couple with no children, continuing a pattern spotted in 2006. Statistics Canada found that 44.5 per cent of families have no kids at home, partly reflecting the aging of the baby-boomer bulge, the leading edge of which has started turning 65.

"The modern family is changing, and I think it's a wonderful thing," said Shannon Kennedy, an Ottawa-based wedding planner who finds herself on the front lines of fluctuating living arrangements on a daily basis.

"The rules of a nuclear family just don't apply any more."

The wide variety of family ties is throwing Kennedy for a loop. Emily Post, the guru of etiquette for most of the 20th century, is no longer of much help, she said.

"You don't necessarily have two families. In some cases, you have four families coming together at a wedding.

"Any scenario where you get more than one mom involved, you have to kind of juggle that," she said with a chuckle.

"The best thing about modern weddings is, there are no rules."

THE CANADIAN PRESS

Adulthood, interrupted: 'Boomerang kids' are an ongoing trend: Census

It's the home-game grudge match of the 21st century: The baby boomers versus the boomerang kids. And the kids, it seems, are winning.

Canada's nests aren't quite as empty as they were thought to be, data from the 2011 census shows. Some 42.3 per cent of young adults aged 20 to 29 are living with their parents, down slightly from 42.5 per cent in 2006, but still well above the level of 26.9 per cent in 1981.

Christina Newberry was one of them — twice. First, when she was 21, newly graduated from university and trying to find her way in the world. Then again, eight years later, she went back to get her bearings in the midst of a divorce.

"My parents' house became a place to sort of take a chance to regroup and figure out what was next," said Newberry, a Vancouver-based author and freelance writer. "It wasn't even a financial issue, because by then I had a good job and could take care of my own bills. It was more just needing to figure out what to do next."

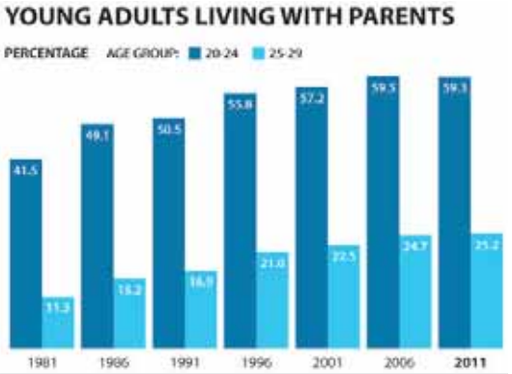
While many young adults in their early 20s stay at home while in college or university — mainly due to a lack of money — those closer to 30 who opt to return tend to do so after a traumatic moment in their lives, such as the breakup of a relationship or the loss of a job, Newberry said. They usually stay just long enough to get back on their feet.

Social attitudes toward young adults living with their parents are changing dramatically, said Rod Beaujot, a demography professor at the University of Western Ontario in London.

"There's the greater acceptability of living with parents when you're older — on the part of the parents, on the part of young people," Beaujot said.

"In the past, living at home was quite constraining on children, because they had to live under their parents' supervision. I think parents are much more open to children having their own life, including, of course, their own love lives, even if they're living at home."

THE CANADIAN PRESS



More young adults are sticking close to the nest. THE CANADIAN PRESS

Full house

The "failure-to-launch" phenomenon is alive and well in Canada, the 2011 census suggests.

- The census found 25.2 per cent of young adults between the ages of 25 and 29 living at home in 2011, up slightly from 24.7 per cent in 2006 — and more than twice the percentage in 1981.
- The number of young adults between the ages of 20 and 24 who lived with their parents remained virtually unchanged from the last census — down to 59.3 per cent in 2011 from 59.5 per cent in 2006.
- Young men are more likely than young women to live at home, Statistics Canada said. One possible reason, the agency suggested, could be because women tend to get into relationships earlier than men, so they move out sooner to start their own households.

FAMILY

FAMILIES BY PROVINCE

	CENSUS FAMILIES	% MARRIED	% COMMON LAW	% LONE PARENT	AVG. # KIDS AT HOME	% PEOPLE LIVING ALONE
CANADA	9,389,700	67.0	16.7	16.3	1.8	27.6
N.L.	159,385	71.7	12.9	15.3	1.6	22.2
P.E.I.	40,850	72.7	11.2	16.1	1.7	25.1
N.S.	270,065	68.5	14.2	17.3	1.7	27.9
N.B.	224,590	67.9	16.0	16.1	1.6	26.0
QUE.	2,203,630	51.0	31.5	16.6	1.7	32.2
ONT.	3,612,205	72.3	10.9	16.7	1.8	25.2
MAN.	327,875	71.0	11.9	17.1	1.9	28.2
SASK.	285,370	71.1	12.5	16.4	1.9	27.9
ALTA.	999,530	72.0	13.6	14.3	1.8	24.7
B.C.	1,238,155	71.7	13.0	15.3	1.7	28.3
YUKON	9,330	54.4	25.1	20.5	1.7	30.7
N.W.T.	10,930	50.0	28.7	21.3	1.9	23.6
NUNAVUT	7,760	39.1	32.7	28.2	2.3	18.2

New census data from Statistics Canada prove there is no such thing as a "generic" Canadian family. The numbers have significant implications for policy makers and social scientists who design programs for foster children, stepkids, single mothers and fathers, senior citizens living alone, "boomerang kids" living with their parents and all the other variations of modern family life. THE CANADIAN PRESS

Same-sex marriage. More gay couples exchanging wedding vows

Seven years after Ottawa gave its blessing to same-sex marriage, it's clear Canada's gay and lesbian couples have been seizing the wedding day.

Same-sex marriage nearly tripled between 2006 and 2011, while the number of same-sex couples jumped 42.4 per cent during the same five-year period, Statistics Canada says.

The agency counted 21,015 married gay and lesbian couples and another 43,560 in common-law relationships. The number is a sizable jump from the 2006 census, which counted same-sex couples for the first time and enumerated 45,350 of them — 7,465 married and 37,885 common-law.

Wider societal acceptance has likely played a role in the rising numbers, said demographer Rod Beaujot of the University of Western Ontario in London.

"It's become more acceptable for people to declare their relationships, including on the census," Beaujot said.

THE CANADIAN PRESS

Data glitch

Oops — just friends

An unexpectedly high number of same-sex marriages in places like the oilpatch left census-takers scratching their heads — until they realized many of the "couples" were only splitting the rent.

As a result, Statistics Canada said Wednesday, the agency may have overestimated by as many as 4,500 the number of same-sex married couples in parts of the country.

The agency held back some census data on gay and lesbian married couples when they realized they couldn't be certain if some people were married or just roommates.

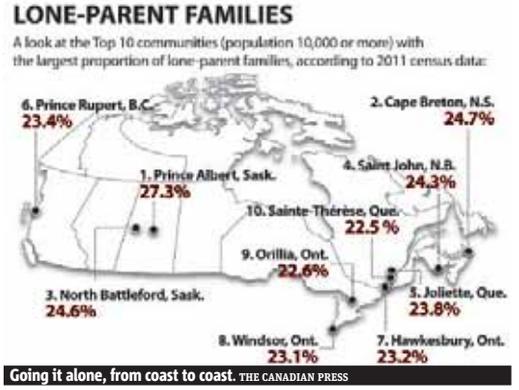
THE CANADIAN PRESS

Flying solo. Lone-parent families on rise, with more dads raising kids alone

More Canadians than ever — many of them fathers — are confronting the plight of the single parent in an age of economic uncertainty, the new census suggests.

The number of single parents jumped eight per cent between 2006 and 2011, including a 16 per cent spike in the number of single dads. Single mothers, who still constitute about 80 per cent of all single-parent families in Canada, rose by six per cent.

Lone-parent families represented 16.3 per cent of all census families in 2011, nearly twice the percentage 50 years ago. In 1961, roughly two-thirds of lone parents were widowed, and the rest were divorced or separated, with a small percentage never having been married. Now, half are either divorced or separated. THE CANADIAN PRESS


LONE-PARENT FAMILIES
A look at the Top 10 communities (population 10,000 or more) with the largest proportion of lone-parent families, according to 2011 census data:
6. Prince Rupert, B.C. 23.4%
2. Cape Breton, N.S. 24.7%
1. Prince Albert, Sask. 27.3%
4. Saint John, N.B. 24.3%
10. Sainte-Thérèse, Que. 22.5 %
9. Orillia, Ont. 22.6%
3. North Battleford, Sask. 24.6%
5. Joliette, Que. 23.8%
8. Windsor, Ont. 23.1%
7. Hawkesbury, Ont. 23.2%

Going it alone, from coast to coast. THE CANADIAN PRESS

Soldier thrown away 'like a tissue paper,' panel told

Dramatic testimony. No one checked up on suicidal Afghan veteran, his buddy tells military commission

A former soldier says the military failed to keep a close enough eye on a suicidal Afghan vet the day he killed himself.

Kirk Lackie testified Wednesday at the Military Police Complaints Commission inquiry into Cpl. Stuart Langridge's death.

The inquiry was called following complaints from Langridge's family that the investigations into his suicide were botched. "The truth has not been told," Lackie said at the close of an emotional testimony.

Lackie said everyone on the base knew about Langridge's struggles with addiction, but dismissed them.

"There's a saying: The army uses you like a tissue paper," Lackie said.

"As soon as they're finished with you, like a tissue paper they throw you away.

"And Stu, was to them, a really dirty tissue paper.

"They threw him away, but they just didn't want to throw him away, they wanted to scoop him under the carpet."

Langridge was found hanging at Canadian Forces Base Edmonton in March 2008.

Lackie was released from the military in 2010.

Over those years, he testified, he tried to tell military personnel what happened the day of Langridge's death but no one ever contacted him. He was finally interviewed last week.

THE CANADIAN PRESS

Quoted

"I want Stu's ma and everybody to know the truth."

Kirk Lackie, testifying in Ottawa on Wednesday.

Veteran Kirk Lackie testifies Wednesday. The Crown opposed his appearance on the stand because of a series of run-ins with the law.

SEAN KILPATRICK/THE CANADIAN PRESS

Scholars in a tizzy. Did Jesus have a wife ... or maybe a female disciple?

Was Jesus Christ married? Is a scrap of papyrus suggesting he had a wife authentic?

The questions were talking points among scholars — not to mention ordinary folk — on Wednesday.

Scholars questioned the authenticity and significance of a discovery by a Harvard scholar who reported that a fourth-century fragment of papyrus provided the first evidence that some early Christians believed Jesus was married.

Karen King, a professor at Harvard Divinity School, announced the finding Tuesday at an international congress on Coptic studies in Rome.

Is it a forgery?

The fragment of papyrus is tiny, measuring four centimetres by eight centimetres, about the size of a small cellphone.

- **Named.** The text, written in Coptic, contains a dialogue in which Jesus refers to "my wife," whom he identifies as Mary.

Coptic linguist Wolf-Peter Funk said there were "thousands of scraps of papyrus where you find crazy things."

THE ASSOCIATED PRESS

Bliss in Berkeley

A landmark day for bisexuals

Berkeley, Calif., has become what is thought to be the first U.S. city to officially proclaim a day recognizing bisexuals.

The city council unanimously declared Sept. 23 as Bisexual Pride and Bi Visibility Day.

Since 1999, bisexuals have claimed the date, and bisexual-pride events are held in Los Angeles, Boston, Chicago and other cities.

But Berkeley is believed to be the first city that has taken the step of formally acknowledging the day.

THE ASSOCIATED PRESS

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1030 Sheppard Ave W, Unit 3A
1343 Lawrence Ave W
1062 Albion Rd, Unit A
2129 Danforth Ave
491 Dundas St W, Unit A
1818 Eglinton Ave W, Unit 2
588 Parliament St
Centrepoint Mall
655 Victoria Park Ave, Unit 2
Parkway Mall
642 Danforth Ave
2111 Jane St, Unit 6
900 Dufferin St

Mississauga
Westwood Mall
High Point Mall
Square One
20 Dundas St E
2550 Hurontario St
888 Dundas St E, Unit B2-3
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Mississauga Market Place

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Shoppers World

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Pacific Mall, Unit D56

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Scarborough Town Centre, Section C
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U.S. pressured to set standards for arsenic in rice

Consumer Reports. FDA released 200 samples of rice products containing inorganic arsenic after a magazine released its own report

Consumer groups are pressuring the U.S. Food and Drug Administration to set federal guidance on allowable levels of arsenic in rice, prompting the agency to consider possible new standards.

So far, FDA officials say they have found no evidence that suggests rice is unsafe to eat. The agency is studying 1,200 samples of grocery-store rice products — short and long-grain rice, cereals, drinks and even rice cakes — to measure arsenic levels.

Arsenic is naturally present in water, air, food and soil in two forms, organic and inorganic. According to the FDA, organic arsenic passes through the body quickly and is essentially harmless. Inorganic arsenic — the type found in some pesticides and insecticides — can be toxic and may pose a cancer risk if consumed at high levels or over a long period.

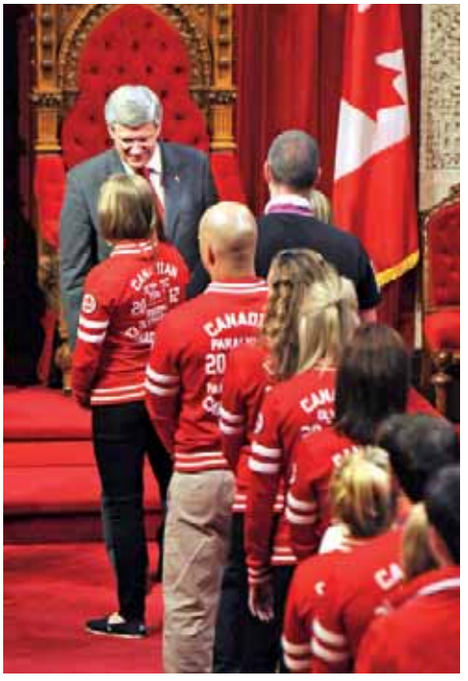
Rice grows near Alicia, Ark. THE ASSOCIATED PRESS

The agency on Wednesday released 200 of the expected 1,200 samples after the magazine Consumer Reports released its own study and called for federal standards for arsenic in rice. The FDA will not complete its study until the end of the year, FDA commissioner Margaret Hamburg said.

"Our advice right now is that consumers should continue to eat a balanced diet that includes a wide variety of grains — not only for good nutrition but also to minimize any potential consequences from consuming any one particular food," she said.

The FDA's analysis showed average levels of 3.5 to 6.7 micrograms of inorganic arsenic per serving, while Consumer Reports found levels up to 8.7 micrograms. Consumer Reports tested 223 samples, 23 more than the FDA.

THE ASSOCIATED PRESS



Olympians get hero's welcome on the Hill

Rosannagh MacLennan — who won gold in trampoline during the London Olympics — is presented the Jubilee medal by Prime Minister Stephen Harper during a ceremony for Olympians and Paralympians on Parliament Hill in Ottawa, Wednesday. SEAN KILPATRICK/THE CANADIAN PRESS

Anti-Islamic film

Rushdie dismisses new death threat

Salman Rushdie is dismissing the latest threat against his life as just talk.

"This was essentially one priest in Iran looking for a headline," the author of The Satanic Verses said Tuesday. In 1989, Iran's Ayatollah Ruhollah Khomeini declared Rushdie's novel was blasphemous and called for his death.

After recent protests against an anti-Islamic film that helped lead to riots around the Middle East, Ayatollah Hassan Saneii raised the bounty to $3.3 million. THE ASSOCIATED PRESS

Border breach?

Palestinians arrested in B.C.

Canada Border Services officials are travelling to Kamloops, B.C., to speak to four people after a possible security breach at the Canada/U.S. border south of Vancouver. Kamloops RCMP say two Palestinian men were arrested early Tuesday evening on the outskirts of the southern Interior city. THE CANADIAN PRESS

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Ways to Pay off a Mortgage Faster

Become mortgage-free sooner with these tips.

There are several ways to reduce your mortgage debt and pay-off your mortgage faster. Some of these variables include: interest rates, payment frequency, amortization period, and extra payments. By managing these factors, you can get the most out of your mortgage, pay the least amount of interest possible and most importantly, becoming mortgage-free.

Choose a shorter amortization period: The longer the amortization period, the more interest paid and the longer it will take to become mortgage-free. A shorter amortization period will make regular mortgage payments higher, as the number of mortgage payments is being reduced. If you're able to afford higher monthly payments, consider selecting a 15 to 20-year amortization period instead of a 25-year period.

Bi-weekly payments: Selecting biweekly mortgage payments instead of monthly or bi-monthly payments equals two additional payments each and every year. This may not seem like much, but over the course of your mortgage it adds up. For a small change, biweekly payments produce big results.

Additional payments: Paying more on your mortgage is always a good idea; particularly since any additional payment will go directly towards paying off the principle and not toward interest – which immediately and significantly reduces your amount owing. Look for mortgages that allow you to increase your monthly payment or pay in lump sums. Many mortgages allow this annually to a maximum of 20% of the principle. If you also need to build up you retirement fund then consider contributing all you are able to your RRSP and using your tax refund towards your mortgage for double the benefit.

Refinance: As mortgage rates fluctuate, consider refinancing your mortgage to lower your payments and reduce the amount of interest. While refinancing, it may be a good time to reduce the amortization period and save even more.

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Milosevic's widow, son welcome to return: Serbia

Exiles. Autocrat's family who took refuge in Russia encouraged to come home now that his party is back in power

Slobodan Milosevic's widow and son should return from their exile in Russia now that the late autocrat's allies have returned to power in the Balkan country, a senior Serbian official said Wednesday.

Milosevic's widow, Mirjana Markovic, and son Marko Milosevic fled to Russia after Serbia's wartime leader was ousted in 2000. They have been granted refugee status there, despite warrants for their arrest issued by the former pro-Western Serbian government, which was defeated by nationalists in elections in May.

Both Markovic — who was an influential leftist official during Milosevic's reign — and Marko Milosevic are still officially wanted by Belgrade for alleged cigarette smuggling worth millions of dollars during international sanctions imposed on Serbia during the '90s.

Although he did not say whether the charges will be dropped, Serbia's government minister Milutin Mrkonjic said he hoped they would "finally" return. "I hope we'll now finally finish that job," Mrkonjic, of Milosevic-founded Socialist Party, told Belgrade's B-92 radio. "They believe they are not responsible on the charges they have faced in Serbia."

The Kremlin is a close ally of the ruling Serb nationalists.

THE ASSOCIATED PRESS

Mirjana Markovic, wife of former Yugoslav president Slobodan Milosevic, arrives to visit Milosevic in prison in Belgrade, Serbia, in 2001. Milosevic died in 2006 while on trial at a UN war crimes tribunal. DARKO VOJINOVIC/THE ASSOCIATE PRESS

Neo-Nazis. New German database links all info on right-wing extremists

German authorities have launched a new database that links intelligence gathered by three dozen agencies as part of an effort to prevent a repeat of failures that allowed a murderous group of neo-Nazis to operate for years without being caught.

Interior Minister Hans-Peter Friedrich said Wednesday the database brings together information from federal police, domestic and military intelligence, and details from each of the 16 state intelligence agencies.

Security services have faced scathing criticism for not catching the National Socialist Underground as its three members allegedly killed 10 people from 2000 to 2007 — even though all were being sought during the time for other crimes. They were only discovered in November when two members were found dead in a murder-suicide after a botched bank robbery.

THE ASSOCIATED PRESS

Murdered

10

Number of people allegedly killed by three extremists from 2000 to 2007.

British Columbia

Mexican charged in $1M ecstasy bust

The RCMP in Langley, B.C., have seized an estimated $1 million in ecstasy from a man who tried to jump the Canada/U.S. border. Around 9 p.m. Tuesday, Mounties found a 30-year-old man hiding in a ditch on the Canadian side of the border. The suspect was arrested after a brief chase and 20 kilograms of MDMA was found in two duffle bags nearby. Samuel Lopez-Rios of Mexico is now in custody facing various drug-trafficking and possession charges and returns to court on Sept. 27.

THE CANADIAN PRESS

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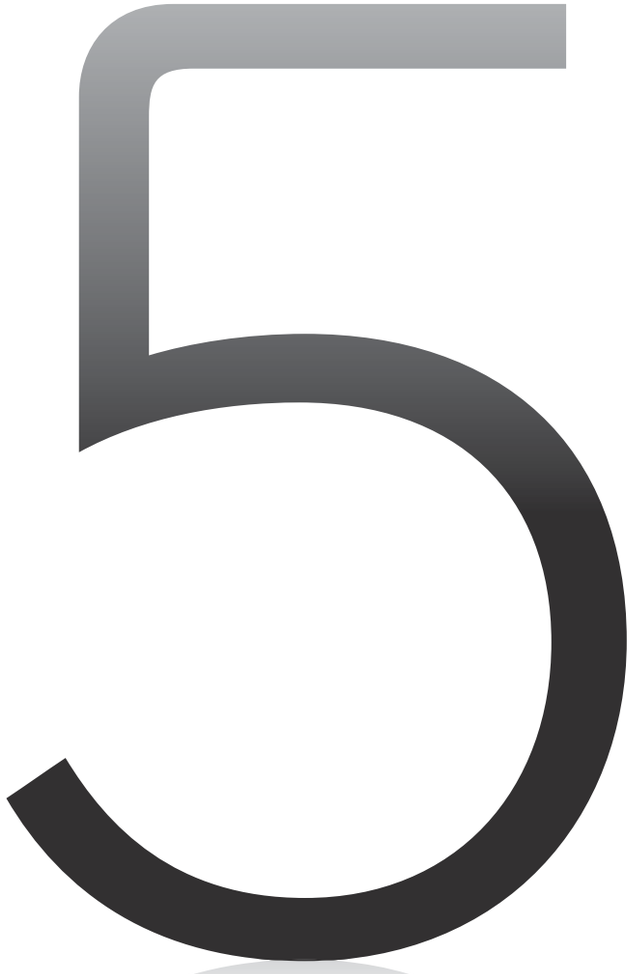

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- 4080 Highway 7

First female premier of Quebec sworn in

New leader. Marois officially becomes first woman to lead Quebec

Pauline Marois has been sworn in as the 30th premier of Quebec — and is the very first woman to hold the job in that province.

She also becomes the fifth current female premier of a Canadian province or territory.

Marois and her cabinet were officially sworn in Wednesday afternoon in Quebec City.

The daughter of a garage mechanic and a teacher, Marois has held a number of powerful political roles in a 30-year career that has seen her run most of the largest provincial ministries.

Marois had to be whisked off the stage during her victory speech when a gunman approached the assembly hall and shot two people, killing a stage technician.

Marois was held to a minority in the Sept. 4 vote; her margin of victory was less than one percentage point in the popular vote and four seats in the legislature.

That minority status makes it all but impossible for her Parti Québécois government to hold an independence referendum.

THE CANADIAN PRESS

Mandate

Marois is set to seek parts of her agenda this fall.

- **Language.** She has called tougher language laws a top priority.
- **Power.** She may also battle Ottawa for more provincial powers.

Quebec Premier Pauline Marois after being sworn in on Wednesday.

THE CANADIAN PRESS/JACQUES BOISSINOT

Election-night shooting. Accused gunman speaks out from jail hospital

The accused killer who allegedly ruined the Parti Québécois election-night celebration is speaking out from his jailhouse — just as the new government is being sworn in.

Montreal radio station CJAD reported that Richard Henry Bain phoned its newsroom from his prison infirmary on Wednesday to say that he believes the city should separate from the province.

It says they interviewed him for half an hour, but chose to only run a brief snippet.

In a clip that aired, Bain is heard sharing his view that Montreal should separate from the rest of Quebec because, in his opinion, that might help ensure greater peace between anglophones and francophones.

The businessman faces a charge of first-degree murder in connection with a shooting that killed one man and wounded another.

THE CANADIAN PRESS

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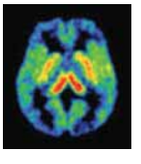

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Black-market bonanza: Canadians dodge sales tax where they can

No guilty feelings.
New survey finds that only 30 per cent think it's wrong to avoid tax by paying in cash

The vast majority of Canadians pay taxes each year, but a new survey suggests they are prepared to cheat at the margins if they think they can get away with it.

The survey for H&R Block Canada found 55 per cent of respondents saying that when dealing with a contractor, they would opt to pay cash to avoid sales taxes.

And they are not feeling overly guilty about it either. Only 30 per cent said they thought the avoidance wrong. Among young Canadians aged 18-34, only 17 per cent said it was wrong to avoid paying the sales tax.

The findings don't seem to be related specifically to sales taxes, which range from a low of five per cent in Alberta to a high of 15.5 per cent in Prince Edward Island.

A majority of Canadians believe they shouldn't have to declare bartered transactions, nor do they feel workers in the service industry like waiters and bartenders should need to declare tips as income.

"I think it boils down to people feeling they pay enough tax, that they shouldn't have to pay any more," said Cleo Hamel, a senior tax analyst with H&R Block.

Another factor may have to do with the recent introduction of the HST combining federal and provincial sales taxes in Ontario and Quebec, which increased the number of services subject to higher combined tax rates.

But Hamel said Canadians should be wary of cheating the tax man. If caught, they are liable not just for the tax, but also penalties that can double the amount owing. The government also has the option of prosecuting tax cheats.

The online survey of 1,500 adult Canadians was conducted by Leger Marketing over three days between July 30 and Aug. 1.

THE CANADIAN PRESS

Underground economy

Statistics Canada estimated the underground economy amounted to about $36 billion in 2008.

- The agency said underground activities were most prevalent in the construction industry, retail trade and accommodation and food services.
- The good news is that as a percentage of the economy, the agency said, evidence suggests underground activities declined from 2.7 per cent of gross domestic product in 1992 to 2.2 per cent in 2008.

South Africa

Wage agreement ends deadly mining strike

Lonmin Platinum's 28,000 miners celebrated a wage deal Wednesday that ended a deadly strike in South Africa. At Marikana, the location of the protracted strike, thousands gathered and sang the national anthem in piercing heat.

Workers cheered and laughed as they walked into the Wonderkop stadium near the mines. Many said they were happy to return to work Thursday, and glad that the strike that saw 45 people killed has finally come to an end.

THE ASSOCIATED PRESS

Market Minute

DOLLAR 102.62¢ (+0.01¢)

TSX 12,436.16 (+13.45)

OIL $91.98 US (-$3.31)

GOLD $1,771.70 US (+$0.50)

Natural gas: $2.762 US (-1¢)
Dow Jones: 13,577.96 (+13.32)

Forbes 400 list

Gates is still richest American

Microsoft Corp. co-founder Bill Gates remains the richest man by far on the Forbes 400 list for the 19th year running, with a net worth of $66 billion US. Investor Warren Buffett, the head of Berkshire Hathaway Inc., came in second again with $46 billion US.

Social media moguls took the biggest hit. Zynga Inc.'s Mark Pincus and Groupon Inc.'s Eric Lefkofsky dropped off the list entirely, and Facebook's Mark Zuckerberg was the biggest dollar loser in Forbes' latest ranking of the 400 wealthiest Americans.

THE ASSOCIATED PRESS

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Guidelines for pre-approval

Financial review.
Find out what you can and can't afford when looking for a home

YLVA VAN BUUREN
For Metro

Getting a pre-approved mortgage before you start shopping for a house or condo is a good idea because it lets you know what you can — and can't — afford.

A pre-approved mortgage is a tentative determination by a lender to loan you a certain amount of money, explains Brenda Hiscock, a member of Advocis, the Financial Advisors Association of Canada, and a certified financial planner with Guilfoyle Financial Planning Inc.

The amount is based on a review of your finances, and the confirmation with fixed interest rate is good for 90 to 120 days.

"But pre-approval doesn't mean that you're approved by the lender," says Jared Dreyer, president of the Mortgage Brokers Association of B.C. and an accredited mortgage professional at VERICO Dreyer Group Mortgages, Vancouver. "What it means is that you have the ability to go out and make an offer with the condition of financing."

There are a number of specific guidelines you must meet before you are pre-approved for a mortgage. PHOTODISC/THINKSTOCK

How does the lender determine how much you qualify for?

There are some very specific guidelines, says Hiscock. Monthly housing costs (mortgage payments, property taxes and heating) should not be more than 32 per cent of your gross monthly income (combined if it's a couple). Also, your entire monthly debt load (housing costs and other debt payments such as car payments and credit card payments) should not be more than 40 per cent of your gross monthly income.

Here is the type of information you need to provide a lender when you are looking to get a pre-approval:

- Personal identification;
- Confirmation of salary (if you are self-employed, tax returns from the last three years);
- Proof of other sources of income (such as investment income);
- Information about all bank accounts, loans and other debts;
- Proof of all financial assets such as GIC's, RRSP's, etc.;
- Source and amount of down payment and deposit funds;
- Proof of source of funds to cover the closing costs (usually between two and four percent of the purchase price).

Visit the Financial Consumer Agency of Canada (fcac-acfc.gc.ca/eng/resources/publications) for more information about getting pre-approved for a mortgage.

Shop around for best lender

If you are starting the process of buying a house, talking to your bank about its mortgage options is always a good starting point, especially if you have an established relationship with someone there.

But experts say it's important to check out other lenders for information, too.

Banks, mortgage companies, insurance companies, loan companies and credit unions all sell mortgages.

Remember that you are entering into a potential 25-year relationship, says Brenda Hiscock, a member of Advocis, the Financial Advisors Association of Canada, and a certified financial planner with Guilfoyle Financial Planning Inc.

"Make sure you are comfortable, and feel trust with the institution, and the person you are dealing with."

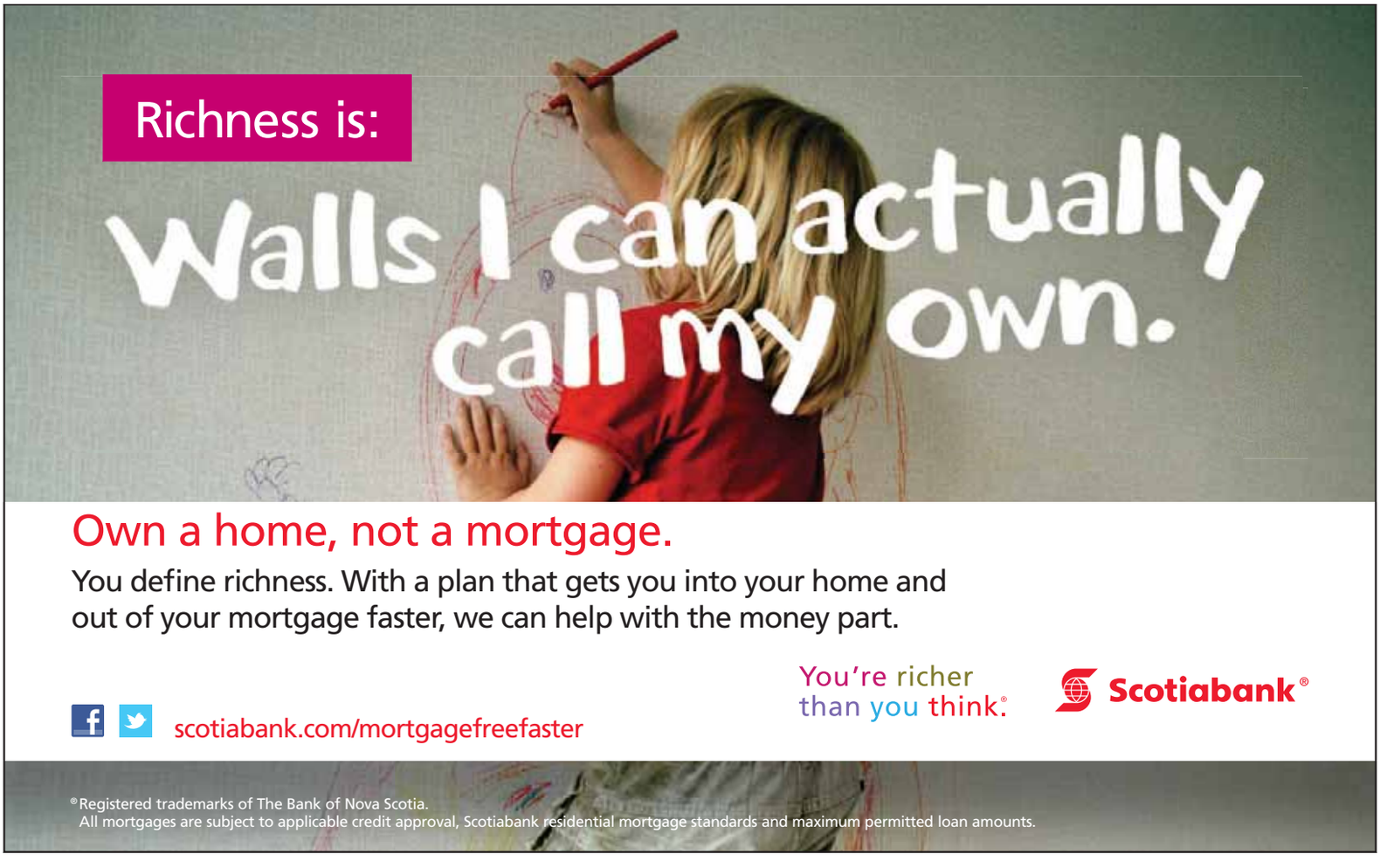
Some of the mortgage options you should ask about include:

- Pre-payment — Can you apply a lump sum payment every year?
- Terms — What mortgages are available (open or closed, variable or fixed) and for what terms?
- Conditions — If you have to break the mortgage early, what would the penalty be?

YLVA VAN BUUREN

Mortgage brokers

- If you want someone else to find the best rate for you, you should speak to a mortgage broker.
- A mortgage broker deals with many different lenders and can offer several choices. For example, brokers deal with private lenders so there may be more options available to those with poor credit or unstable income history.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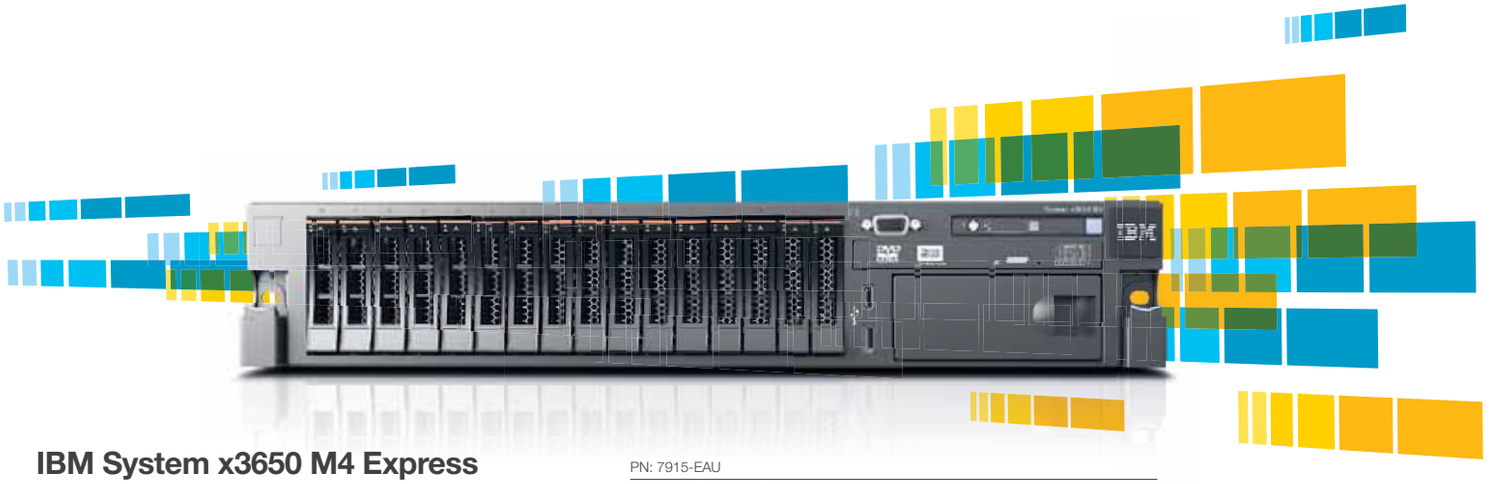

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1.TBR Report – "IBM System x® x86 servers: Meeting the demands of today's enterprises by combining value and support," January 2012. **2.** Source: Intel Performance comparison using SPECfp®_rate_base2006 benchmark. Baseline score of 267 on prior generation 2S Intel® Xeon® processor X5690 (3.46 GHz, 6 core, 12MB L3, 6.4 GT/s, 130W) based platform published at www.spec.org as of 6 Sept 2011. Estimated new score of 486 on 2S Intel® Xeon® processor E5-2690 (2.90 GHz, 8 core, 20MB L3, 8.0 GT/s, 135W) based platform is based on Intel internal measured estimates as of 6 Sept 2011 using two Intel® Xeon® processor E5-2690, Turbo Enabled, EIST Enabled, Hyper-Threading Enabled, 64 GB memory (8 x 8 GB DDR3-1600), Red Hat® Enterprise Linux Server 6.1 beta for x86_6, Intel® Compiler 12.1. **3.** x3650 M4 supports up to 768 GB of memory using 32 GB LRDIMMs in it 24 memory slots. Previous generation x3650 M3 supports up to 192 GB of memory. **4.** Ships with 4 1 Gb Ethernet ports standard and supports integrated slot-less 10 Gb Ethernet with Virtual Fabric. Previous generation server includes 2 1 Gb Ethernet slots and requires use of a PCI Express slot to support 10 Gb Ethernet. *Available later in 2012. IBM hardware products are manufactured from new parts or new and serviceable used parts. Regardless, our warranty terms apply. For a copy of applicable product warranties, visit http://www.ibm.com/servers/support/machine_warranties. IBM makes no representation or warranty regarding third-party products or services. IBM, the IBM logo, BladeCenter, System Storage and System x are registered trademarks of International Business Machines Corporation registered in many jurisdictions worldwide. Other product and service names might be trademarks of IBM or other companies. For a current list of IBM trademarks, see www.ibm.com/legal/copytrade.shtml. Intel, the Intel logo, Xeon and Xeon Inside are trademarks of Intel Corporation in the U.S. and other countries. All prices and savings estimates are subject to change without notice, may vary according to configuration, are based upon IBM's estimated retail selling prices as of 03/13/12 and may not include storage, hard drive, operating system or other features. Reseller prices and savings to end users may vary. Products are subject to availability. This document was developed for offerings in Canada. IBM may not offer the products, features, or services discussed in this document in other countries. Contact your IBM representative or IBM Business Partner for the most current pricing in your geographic area. ©2012 IBM Corporation.

AN UNTAPPED MARKET: SONG SEQUELS

HE SAYS...
John Mazerolle
metronews.ca

If you're looking to make it big in the music industry, I've got just the solution.

Hard work? Talent? Originality? Excuse me while I take a drink so I can spit it out in a comedic fashion.

No, my idea will work precisely because it is so lazy and unoriginal: sequels. We need to write song sequels.

Think about it. What industry, like music, has less to do with skill and more to do with giving the mouth-breathers what they want? The movie industry, of course.

And there's no more sure a bet at the movies than a sequel. Of the top-10-grossing movies so far this year, eight were sequels, reboots or adaptations.

If the movie industry can have a huge hit with Ice Age 4, just imagine what the music industry can do with future hits like Mr. Tambourine Man 2: Electric Boogaloo. Here are a few ideas to get you started.

Song ideas 2: Seems to me I've heard this song before ...

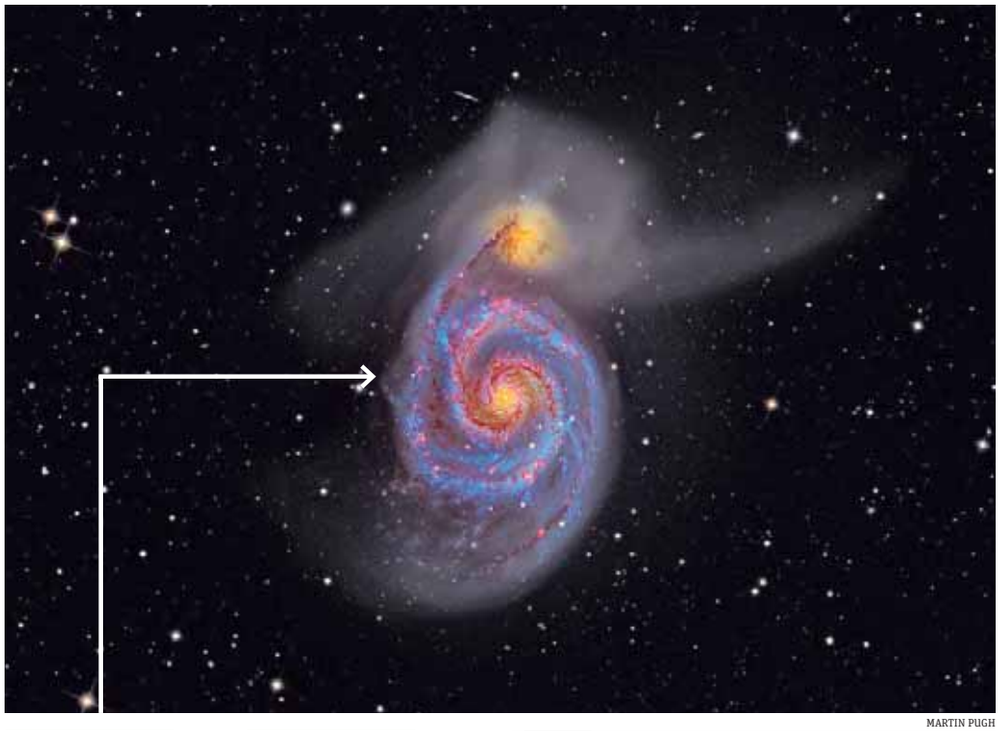
- Call Me Maybe 2: Call Me Maybe-er: In this romantic romp, a mysterious stranger gives Carly Rae Jepsen HIS number. Will she stay with Mr. Ripped Jeans, or run off with the "new guy/who makes me feel so high?" Maybe both!
- In the Year 2526: Man is still alive … but for how long?
- Psycho Killer Episode I: The Phantom Menace: In this much-anticipated prequel, we learn that the psycho killer was once a young whiny teenager who had infinite potential but was portrayed by a terrible actor. The bridge is something about a tax dispute.
- Rock and Roll Part 2, Part 2: Same as Part I, except the "Hey!" is spoken solemnly by Morgan Freeman, for a touch of gravitas.
- The Boxer 2: The Whores on Seventh Avenue: You think you know the full story, but you don't. Listen to the story of a boxer and fighter by trade, from the vantage point of the Pretty Woman who loves him! But will she "lie lie lie" to get him?
- 100 Problems: Jay-Z has no problems with his girl, but he wasn't counting on … a new baby! Feel bad for his daughter.
- Johnny Be Even Better!: Johnny is now a man and the leader of a big old band. But as people come from miles around, the theatre is slated for demolition. Can Johnny play his way out of this one?
- American Pie Crossover: Hot Cross Buns!: Don McLean sings about making love to an apple pie and grabbing the hot buns of Lady Liberty. The lyrics are cryptic, but you know what he's singin' about! (Wink!)
- Escape From The Bridge Over Troubled Water: The emotional tsunami of the original is replaced by a real tsunami. And, in the shocking climax, either Simon or Garfunkel will die (not Simon).

And there you go. If you use any of my ideas, I will be deeply honoured and flattered. Also, I will be suing for $10 million for theft of intellectual property and loss of livelihood.

So get writing!

A strategic career song for Jay-Z: 100 problems, and a baby is one.
GETTY IMAGES

The deep space whirl



MARTIN PUGH

Astrophotography

Stunning star snap taken by amateur

Australia-based Martin Pugh has been named the Royal Observatory's Astronomy Photographer of the Year.

Pugh's image of the Whirlpool Galaxy (also known as M51), which also won the Deep Space category, was taken using a 43-centimetre-diameter PlaneWave telescope at an observatory in California's Sierra Nevada Mountains. METRO

Galaxy in numbers

37,000,000

light years is how far the Whirlpool Galaxy is from Earth. Pugh acquired his winning photo following a total exposure time of 28 hours.

Q & A

Better than Hubble

Marek, you were one of the competition's judges. What's so special about this image?

The technical skill in capturing the detail, the image's beautifully framed composition, and the sense of the infinite universe. The photographer has made the most of exceptionally good atmospheric conditions to capture an astonishing range of detail in his image of this iconic galaxy: The beautiful spiral structure, dark lanes of dust, and the way the pink clouds of hydrogen really stand out. Here, you can see the small companion galaxy being gradually torn apart by the gravity of its giant neighbour. It's a remarkable achievement by an amateur astronomer. In many ways, it's better than an image by the Hubble Telescope.

This image is perhaps not the most eye-catching, but because of the amount of fine detail, it's a winner.

MAREK KUKULA
Royal Observatory Public Astronomer

Metropolitan Panel

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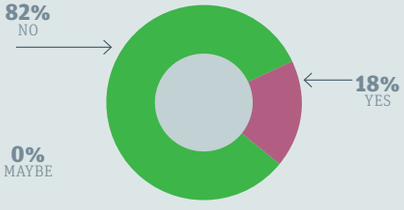
Will you be lining up for the iPhone 5?



Twitter

@lbap98: Mom "Maybe this lockout is good, people need to do things other than watch hockey!" no mom, no.

@auntienadia: Wonder if @TOMayorFord will still say #Toronto is a safe ciry when he learns about #SouthEtobicoke break ins & sexual assaults on elderly???

@erinculhane: People who don't move back on the #streetcar are my least favourite kind of people. #ttc#Toronto

@jordandawkins: unfortunately some pro athletes arent paid to use their brain, what escobar did was plain stupid.

@shanesomers05: I'm sick of hearing ppl keep talking about Escobar. Spanish ppl use it as a different saying. Lay off the guy. He made a mistake

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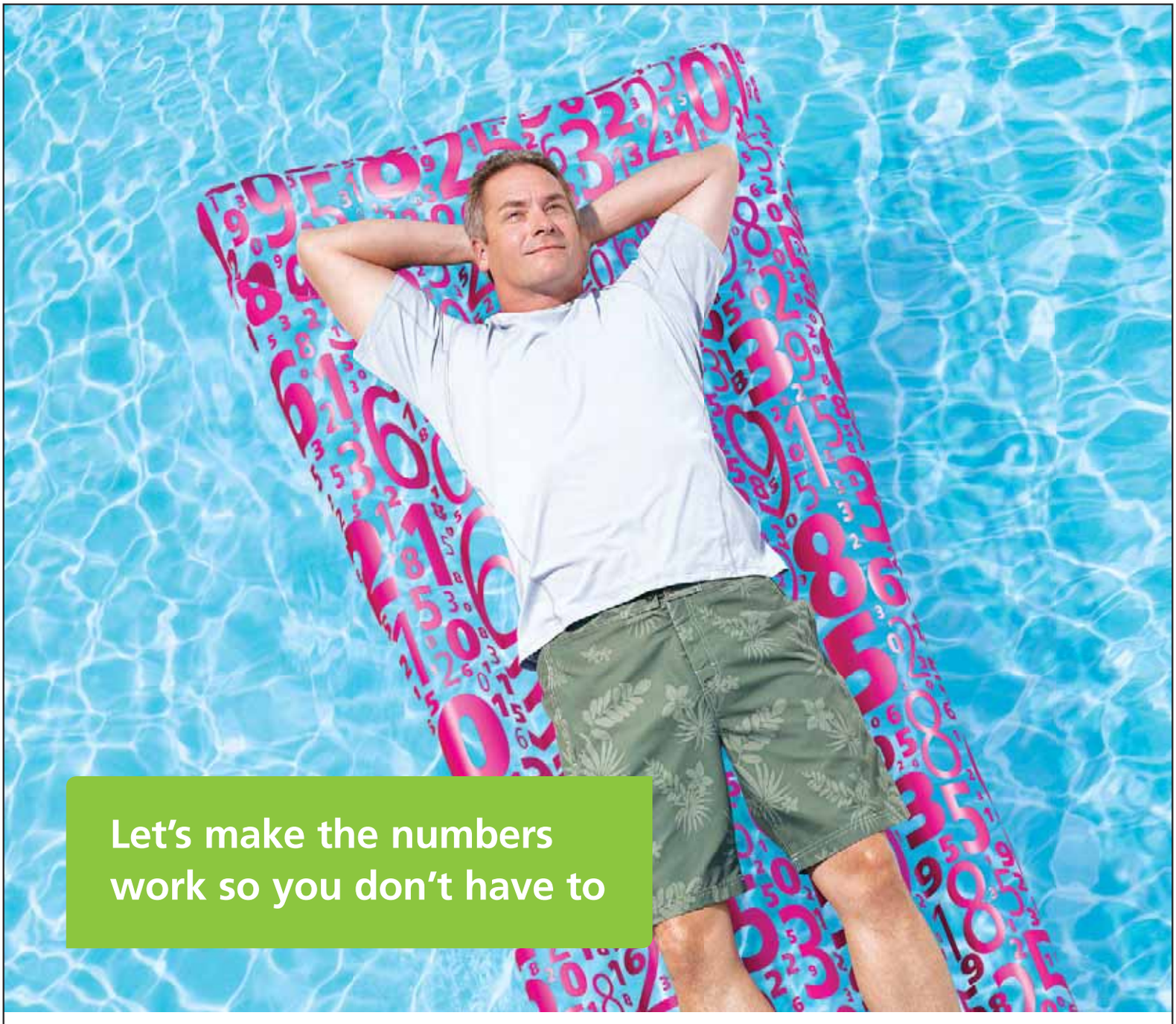

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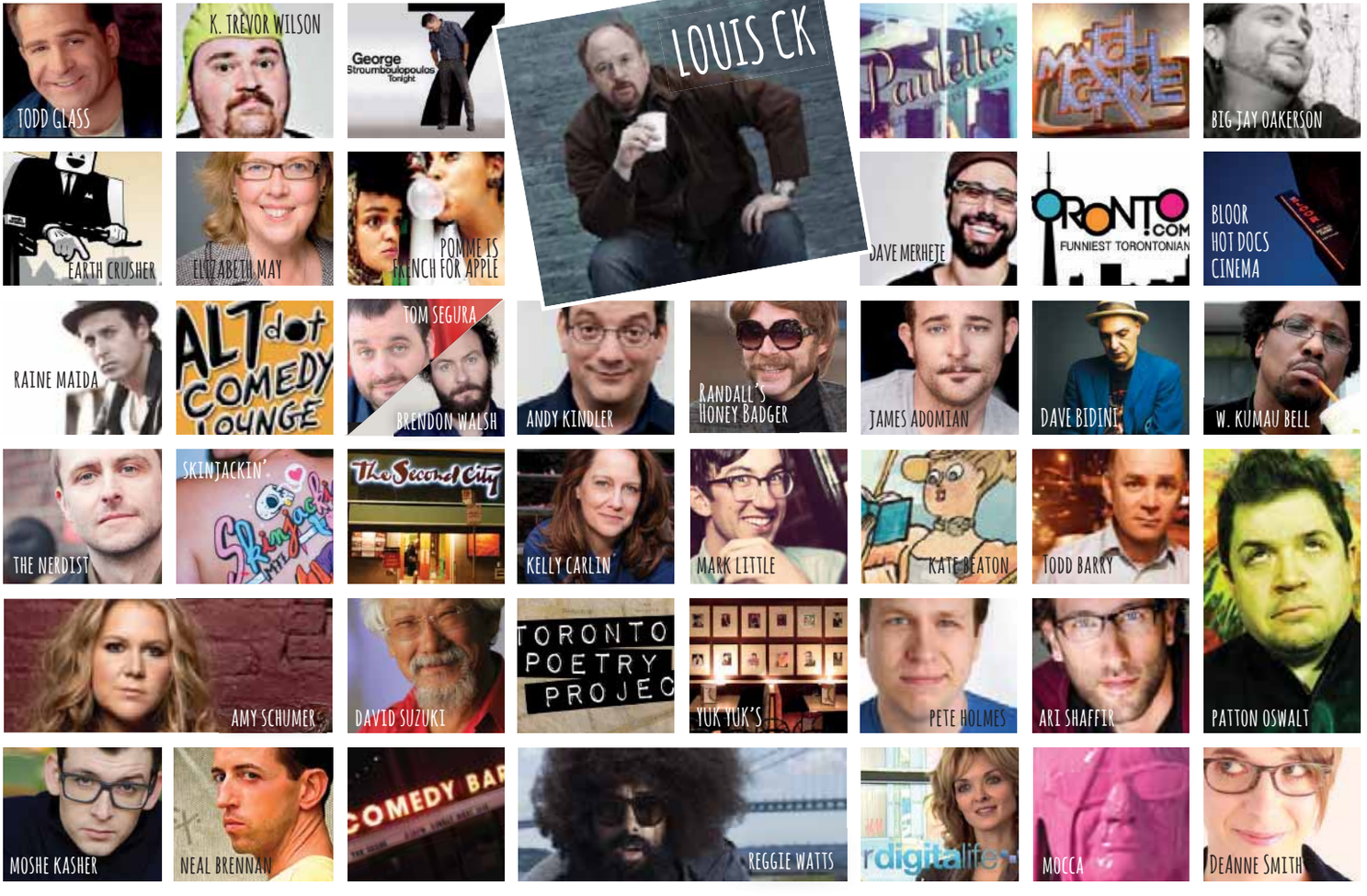

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A JUST FOR LAUGHS AND LIVE NATION PRODUCTION

Manifesto devotees to get schooled in chapter of Toronto arts history

Fresh Arts 20 X Manifesto summit. Program that helped a generation of artists develop their crafts is now-defunct, but its legacy lives on

BACKSTAGE PASS
Ian Gormely
scene@metronews.ca

While hip-hop fans celebrate at Sunday's Yonge & Dundas Square concert as part of the annual Manifesto Festival, many of their favourite artists will spend Saturday packed into one of Ryerson University's many lecture halls, where they will pay homage to a short-lived government program that helped shape the city's urban music scene.

Fresh Arts 20 X Manifesto Summit looks to recapture the spirit of the Fresh Arts community youth art program. Spawned in 1992 from a pair of like-minded programs, Fresh Elements and Art Works, it paired young artists with mentors, paying them to create, practice and showcase their craft.

"It was one of the most important events in my life," says R&B singer Jully Black who took part in the program during the summer of 1994. "I was making $5.90 an hour," she recalls. "Eventually I didn't even pay attention to the cheque."

Motion, a hip-hop radio host, artist and Black's mentor in the program, was there that first summer, hosting monthly wrap sessions which functioned as town halls for youth issues as well as serving as a showcase for artist work. "It was an amazing thing because every month it would be something different."

Fellow '94 alumni MC Kardinal Offishall, music video director Little X and writer D'bi Young, all take part in this year's summit.

The program fell victim to budget cuts, but its spirit lived on in subsequent community arts programs. And its alumni continue to make an impact from superstar artists, to behind the scenes activists, to Manifesto staff.

That the program's 20th anniversary happened to coincide with Manifesto was a happy coincidence, says Motion.

"It's a perfect forum to collaborate and to look at our collective legacy."

Fresh Art 20 X Manifesto Summit runs Sept 22. 12:30 to 7:30 p.m. Ryerson University George Vari Engineering Building. 299 Church St. Check themanifesto.ca for more details.

Quoted

"It was one of the most important events in my life."
Jully Black on the Fresh Arts program

R&B singer Jully Black was one of many artists who benefited from the Fresh Arts program. HANDOUT

Details

All the Fresh Arts 20 X Manifesto Summit panels are free. Check themanifesto.ca for full details and pre-registration.

- **Keynote: Art is Power.** Pharoahe Monch, d'bi Young and Kardinal Offishall will "set the tone" discussing the power of art says Manifesto executive director Che Kothari.
- **Toronto Generations.** A look at Toronto youth programs through the years with a focus on systemic problems that continue today.
- **Then & Now (20 Years of Hip-Hop).** An overview of the last 20 years of Canadian hip-hop.
- **Mentor Classes.** "We're trying to put education and knowledge as a major component of the festival," says Kothari. Panels include the Art of Performance, Music Production and Spoken Word.

2SCENE

On the web

Qriket

R. Kelly makes Soul Train history as most nominated act ever, Usher leads with 5 nods

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Connie Britton steps into boots of a hardworking recording artist on show

Nashville. Actress speaks about her new role on a show that shares the details of professional world in Music City

AMBER RAY
Metro World News

It's a risk to hinge a show named Nashville, detailing the ins and outs of the record business in Music City, on an actress who has no professional singing experience. If the actress is Connie Britton, however, that's a gamble worth taking.

Britton is a calm powerhouse onscreen, bringing strength and complexity to roles on Friday Night Lights and American Horror Story, both of which earned the Boston native Emmy nominations. On her new series, Britton plays Rayna Jaymes, a country queen whose singing career has recently hit a speed bump.

She's presented with the option of co-headlining a tour with the genre's hot new thing, a Taylor Swift-like pop tart (Hayden Panettiere), which sets up the show's central rivalry. But here you'll also find family drama that blurs into corrupt local politics, broken love stories and music. In anticipation of the Nashville premiere, we passed Britton the mic, and she sang the praises of her new series.

Actresses Connie Britton and Hayden Panettiere speak about their new show Nashville. FREDERICK M. BROWN/GETTY IMAGES

What made you say this is a role I have to play?
Rayna is a really, really strong character. She's a self-made character and she's a survivor. It's an interesting thing to watch where she finds her strength; she just pulls from whatever she knows to keep going. She supports her family and she has created this career not out of folly, but because she really needs it as a woman and as a person kind of moving away from her (father's legacy) and creating her own path. Rayna has lived a life with her band members and she's had a relationship with the head of her band and now she's in this marriage. There's a lot of back-story, and I don't want to give it all away.

How much does the established artist versus young upstart conflict between Rayna and Juliette Barnes (Panettiere's character) play into the overall plot?
I never saw the show in those terms, and I'm working hard to not have the show become about (a young versus old rivalry), because I certainly don't feel old and I'm not interested in playing old. I don't want it to be about one woman versus another woman. I think what our two characters represent is two people in very different phases of their life and different phases in the music business. Our show is called Nashville, and a big part of that is the music business. And so I think our two characters are a gateway into that story.

How will their relationship play out?
Knowing Rayna the way I do, I think that there's going to be redemption for everybody involved. I'm always interested in that.

Do you intentionally look to play strong women?
I try to play such different characters, but there's always one strong intent, and that is to play women in a way that portrays them as powerful and true and complex and comfortable in their own skin, even in the midst of crisis and chaos, whatever form that takes. In TV we have a lot of opportunity, we're seeing a lot of really strong women characters on television. But I like to play a strong woman who is also accessible and vulnerable and has a lot of the same qualities as most women do. I think that people appreciate that and my hope is to keep doing that.

Details

Where can you watch the show?

- **On CTV Two.** Nashville begins airing on CTV Two on Oct. 10

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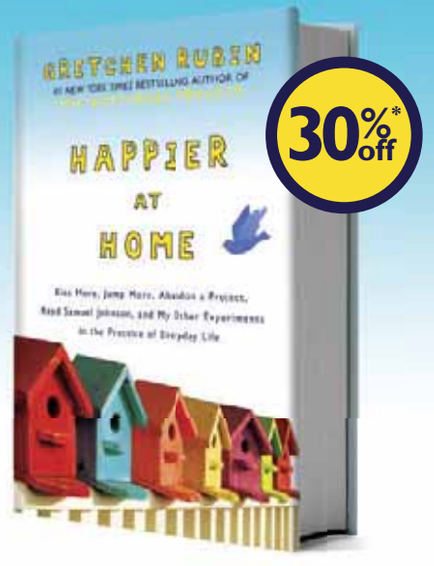

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Emily Owens M.D. offers up doctor drama

STEPHEN ERAMO
scene@metronews.ca

When TV audiences last saw Necar Zadegan, she was playing a humanoid alien who died tragically in the sci-fi series The Event. Prior to that, the beautiful, talented and silky-voiced actress became caught up in political red tape as Dalia Hassan, former first lady-made-president of the fictional Islamic Republic of Kamistan in 24.

Next month, Zadegan makes her debut as Dr. Gina Bandari, a world-renowned cardiothoracic surgeon who is responsible for mentoring a group of eager interns at Denver Memorial Hospital in the new CW series Emily Owens, M.D. While Gina's task is a rewarding one, it is not without its frustration and the occasional head-butting, as Zadegan explains.

"Gina is obviously further down the road than Emily (Mamie Gummer) and the other interns in terms of her professional career and has learned lessons through her wealth of experience," says the actress. "She feels such lessons have helped get her to where she is today, and is trying to instill that knowledge in these interns.

Emily Owens M.D. is not without its occasional head-butting, as Necar Zadegan tells Metro. HANDOUT

"I also think Gina feels that she and her peers were tougher and smarter than these newbies, who don't have as much time to learn everything. So she can sometimes be impatient with Emily, but it's not just that. Gina's understanding of medicine and the (emotional) distance you have to keep as well as the sacrifices you have to make are all lessons that Emily still isn't aware of, or might not agree with anyway.

"They're different doctors who work differently and will likely continue to do so. Emily is trying to challenge these lessons because of her value system, and it remains to be seen if she learns the lessons that Gina has and takes on that same type of doctor mentality."

As a little girl, Zadegan wanted to be a ballerina, and later on thought about a career in archeology. However, it was acting that she ultimately embraced. Her first paying job after graduating college was on The Bernie Mac Show, and it is one she will never forget.

"Bernie was such a kind man and he made that set feel like a real family," recalls Zadegan. "Although there were more interesting roles that later came down the pike, I was equally as intense and obsessive about the shoe saleswoman I played on Bernie Mac."

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Dolan might be difficult, but it's hard to deny his talent

Xavier Dolan, 23, continues to earn accolades for his cinematic work.
HANDOUT

Laurence Anyways. Following his best Canadian film win at TIFF, wunderkind casts his eyes south to 'tackle the American beast'

RICHARD CROUSE
scene@metronews.ca

Xavier Dolan comes by his l'enfant terrible reputation honestly.

In the course of a brief interview during the Toronto International Film Festival he mocked one of my questions, refused a snap with an intern ("All photos must be approved.") and paused the interview midway, claiming the room was too hot to concentrate on the questions.

Quoted

"It seemed clear to me that this would be a 10-year story about people finding each other and losing each other, and love...

Xavier Dolan on Laurence Anyways

It becomes easy to overlook the affectations, however, when regarding his talent, which is undeniable.

Last week the Best Canadian Film jury at TIFF gave him top honours, praising his movie Laurence Anyways, a three-hour epic about true love and gender, for its "breathless cinematic energy and its entirely new love story. (We) felt honoured to watch such unfettered genius at play."

High praise indeed, but the honour also puts him in some heady company. The last two Quebec films to take home the prize — Incendies and Monsieur Lazhar — also earned Oscar nominations for best foreign language film.

He's no stranger to the international stage.

His first film as director and screenwriter, J'ai tué ma mère, won three awards at the 2009 Cannes Film Festival, but this win may accelerate his plans, as he told a journalist recently, "to tackle the American beast."

The idea for Laurence Anyways came from real life, and despite the sensational aspects of the story, was always intended to be a romance.

"When I first heard the story a woman told me about her boyfriend and her having dinner and her boyfriend saying, 'I'm a woman. I want to become a woman,' it seemed clear to me that this would be a 10-year story about people finding each other and losing each other, and love and it would centre on love and nothing else."

To make sure the audience is along for the ride, Dolan takes his time setting up the characters.

"In a very technical way the first 15 minutes are invested in establishing this story and these characters, their rituals, their weaknesses, their craziness, so that for the rest of the film we actually have the feeling that we know these characters.

"If we don't know them we can't possibly care what happens to them."

When I tell Dolan I think Laurence Anyways is a challenging film that audiences will talk about for a long time afterward he smiles and says, "I hope that is the destiny of this film. I hope it happens that way."

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WYCLEF JEAN

Wyclef Jean revisits success with The Fugees, setbacks in post-quake Haiti in autobiography

Anyone who needs to catch up with hip-hop star Wyclef Jean just has to refresh his Twitter feed.

"You know I'm direct about everything," says Jean, 42.

Though some things need more than a tweet to explain, so Jean has written an autobiography, Purpose (It Books). On sale this week, the book explores his political, financial and personal turmoil, including an extramarital affair with fellow Fugee Lauryn Hill.

The book opens with Jean hearing the news that a catastrophic earthquake has struck Haiti, the Caribbean country where he was born. The Grammy-winning multimillionaire returned home the next morning, trying to make sense of the chaos and overwhelming loss of life.

He kicked his Yéle Haiti Foundation into overdrive to help survivors, and the urgency to get Haitians back to work drove Jean to announce his candidacy during Haiti's 2010 presidential elections.

Both efforts, though, eventually left him reeling from criticism over his methods and motives. His presidential campaign was cut short, while Yéle faced allegations of financial improprieties that benefited the singer.

In his book, Jean dismisses the problems at Yéle as complications of a small charity's sudden growth. After a restructuring, Jean writes, "We are a completely transparent organization and I invite the world's curiosity."

Do you think you're going to run for president of Haiti again in a couple years?

(Chuckling) ... Keep in mind, right, that y'all always say "My run for the presidency" but there's something you all must add — Wyclef never even got a chance to run for the presidency.

It was sort of like, before I could even spit out who my technicians are, what are my policies, it was like, "Yo, this guy don't have no technicians, this guy don't have no policies, he's not running, get him out!" Right now, it's definitely, like, not in the focus.

How was working on a book different from working on an album?

It takes you back to a place and to a time. I always tell people, the easiest thing for me in the book was talking about The Fugees. Because, you know, you're young, you're rock and roll.

The hardest thing in the book was probably talking about my relationship with my dad.

Growing up in a Christian household and then defying that and saying I'm going to be a rapper, and after they bring you from Haiti and the expectations, what they expect from you, and the fact that he never really came to my shows. ...

The book brings up some of your personal drama (extramarital affairs, including an on-again, off-again relationship with Hill) and your wife in the book comes off as being one of the most patient people in the world. What was her reaction to the book?

The main thing about me is, I'm just bluntly honest, you know what I mean? It's like, I'm a man. Beyond my book, it's in my music. If I'm going through something, you'll hear it in my music. Like, if you've heard The Carnival — "To all the girls I've cheated on before, it's a new year ... I'm in love with two women, who is it going to be now?" This is not (something) I waited like 20 years later to be like, boom. I just basically stated the stuff that happened when it happened. ... They say, what's the secret? I say, first, the person I was trying to be with had to be a friend first, and clearly I would say that's how we made it through. THE ASSOCIATED PRESS

Ben Folds has reunited with his old band Ben Folds Five. GETTY IMAGES

Ben Folds goes from nightmares to reunion

New album. Band reunites after years of separation, and talks about what drove them apart and brought them back

Until his epiphany in a photographer's darkroom, Ben Folds used to have nightmares about a reunion with his old group, Ben Folds Five.

Seriously. He'd dream of getting ready for a gig and being whisked away to a theatre where Robert Sledge and Darren Jessee were waiting before a big crowd. He'd wake up sweating.

Those days are over, with the combustible trio of singer-songwriter and pianist Folds, bass player Sledge and drummer Jessee a unit again. Their first album since 1999, The Sound of the Life of the Mind, is out this week and they'll be on tour this fall.

Why they broke up in the first place isn't easy to explain.

"We've never even talked about it," Folds said. "We've been asked together, but when we're asked, we all sort of look at each other because we're not sure. There's a trail of emails that can probably tell you."

Folds maintained a steady, eclectic career following the breakup. He had some conventional solo albums and made a disc with a cappella versions of his songs by him and college choirs. He was a judge on The Sing-Off and wrote music with novelist Nick Hornby. He lived in southern Australia for several years.

While developing photos one day he recalled times when he acted like an idiot, arguments where he realized upon reflection he was wrong. It was an emotional moment. The nightmares ended. Sledge was taken aback when Folds simply said, "I'm sorry," out of the blue one time when they talked.

Folds called his old friends in 2008 when he was asked to perform songs from their last album live. Any awkwardness quickly slipped away.

"I could really understand how meaningful the work was," Sledge said. "I felt like there was a real point to this band. There's a certain level of intellectualism. There's a chemistry in this band that is not something that I've ever had in my life. It was worth jumping on a plane and flying around the world. And I missed them."

"I didn't," Folds said. "For a while."

Folds is steeling himself for how the reunion will be taken publicly.

"I expect the narrative to be, 'Thank God. Guy sucks for 10 years and finally comes to his senses and gets his band back together again and eats crow and does almost as good as they used to,"' he said. "That's what I expect to hear from the corporate media."

But when he's out in the world he hears from fans who say, "This song changed my life," or "I met my wife at your gig." His solo song The Luckiest has been the soundtrack for many wedding first dances.

"I've been playing my solo gigs for so long that it means something to me," he said.

THE ASSOCIATED PRESS

Album

The new disc was made in Folds' Nashville, Tenn., studio.

- **The album.** Rather than search for a label, they asked fans to pledge money to help them. Sony Legacy is distributing it. The album contains the rockers and humour that Ben Folds Five is known for, but its heart lies in some of the quieter, emotional songs.

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Say it right: Nelly's back

Return of the queen. Furtado mulled quitting English pop after Loose, but returns after six years

Nelly Furtado performs during the MuchMusic Video Awards in Toronto earlier this year. CHRIS YOUNG/THE CANADIAN PRESS

After rattling the charts with her sexed-up club-quake Loose, Nelly Furtado faced a difficult riddle: how to follow the biggest success of her career, a disc that sounded like nothing else in her catalogue?

She took her time pondering that question. First, she took a couple years off, enjoying a slice of homebody life for the first time in her career. But still, the answer didn't come — after three years, she pressed ahead and issued the Spanish-language disc Mi Plan, in part to tide over fans.

Eventually, still uptight over Loose, she mused on quitting English-language music altogether — although how much that was a real concern or a self-motivational strategy is hard to discern.

"I go through this love-hate thing with my career," the chipper 33-year-old said in a recent interview while lounging on a couch in a Toronto hotel room.

"I really think it's psychological, where I tell myself I'm going to quit so I can get back into the studio and create something that's too good for me not to quit.

"I have to create that tension. I have to create that do-or-die, gotta live for it. I guess it's my way of making sure the quality's there....

"It's a bizarre, weird artistic game I play."

Well, it appears as though she won, because this week, Furtado released The Spirit Indestructible, her first English-language album in more than six years.

It's a testament to the taut power of Loose that it was so hard to craft a follow-up. That album featured four top 5 hits in Canada, went multi-platinum in 32 countries and moved 10 million copies worldwide.

And it's not a coincidence that she approached Spirit differently.

Where gifted hip-hop producer Timbaland gilded nine of Loose's tracks with his distinct sound, he's nowhere to be found on Furtado's new disc, which features production from Grammy winner Rodney (Darkchild) Jerkins and Amy Winehouse collaborator Salaam Remi. And while Loose cast Furtado as a glam, hip-swivelling vixen, Spirit finds the Victoria native exploring disparate sides of her personality.

"Loose, without meaning to, became more of a concept album — and I guess my concept was pop — let's make this very broad, thematic album, where it's very light in a way but sonically together," Furtado said.

"Mi Plan as well, is very one sound — it's very much a Latin pop record — so it's quite sonically consistent in one way.

"But this album isn't. It's back to the fun, and the risk, and the real irreverence. What I like most about it is I feel some of that punk attitude on this album that I had on my first album."

Yet even if Furtado's concept was not having a concept at all, common themes soon began emerging in the new tunes she was writing. Primarily, The Spirit Indestructible finds Furtado revelling in nostalgia.

Propulsive first single Big Hoops (Bigger the Better) is a callback to "that 14-year-old girl with that fire inside ... who knew the microphone was really where she should be," with lyrics that directly reference early '90s hip-hop hitmakers Salt-N-Pepa. The booming Parking Lot was inspired by Furtado's recollections of late-night teenage gatherings outside her local 7-Eleven, while piano-powered knocker High Life goes "back to the girl in the bedroom dreaming about being

a famous singer."

"There's a big difference between her dreaming about it and what happens when you achieve those things," said Furtado.

A moment later, she realizes the implications of such a statement — that she sounds like a celebrity complaining about being famous.

"I never want to be that artist to write songs about like, being in a hotel room, or on a jet plane, on a private jet — 'Ahh, it's so hard,'" she says, laughing.

"High Life is the closest I've come to writing that song, but I think I've at least tied it together with something that people can at least sing along to."

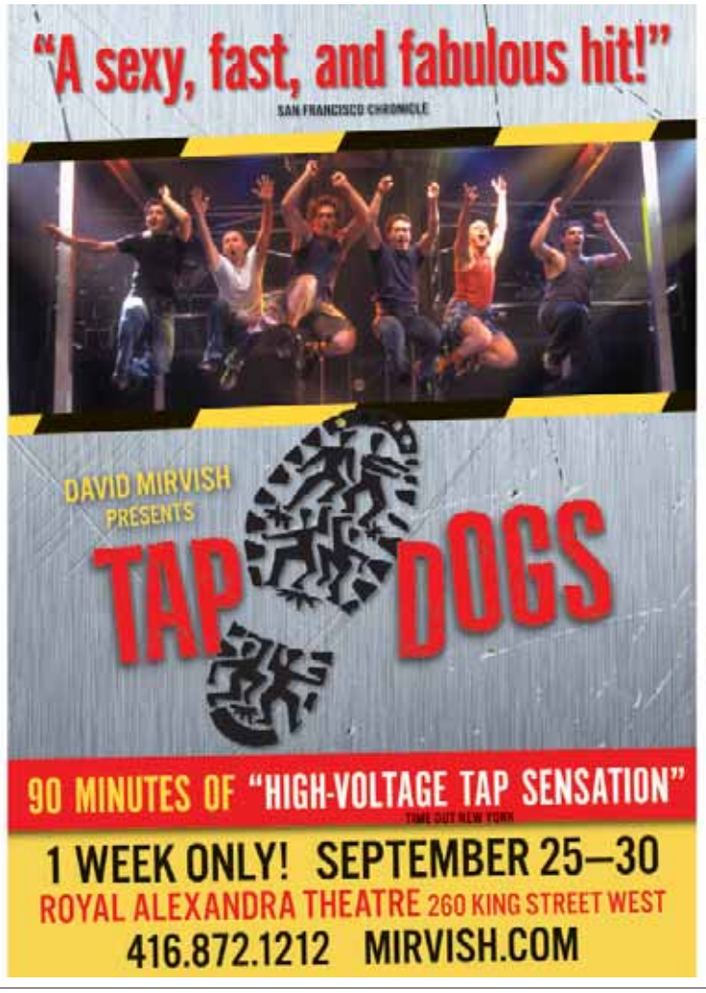
Indeed, Furtado has tried hard to maintain her approachable normalcy even as her profile has ballooned.

Following the success of Loose, she retreated into routine — swapping stilettos for rubber boots and velour track pants while she drove her daughter to school each day and thought about music only in her spare time.

"I really viciously guard that — it's my only way to stay grounded really, is to live a normal life," Furtado said.

"I'm proud of that. I definitely wear it on my sleeve. I like that I do all the same things and have pretty much all the same friends that I used to have."

THE CANADIAN PRESS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Dancing days: Pink looking at life through rose-coloured glasses

Music. A year after becoming a mother, singer searches for Truth About Love on latest album

For all her songs about fights, broken promises, romantic letdowns and wild nights, Pink is actually in a Zen-mode these days — and all the credit belongs to her one-year-old daughter, Willow.

"I used to be really dark. Now, I wake up and check her pulse and make sure she's not having a temperature. And then we dance. And we dance, and we dance, and we dance," she says. "Then, we go on bike rides. And we dance some more. Everything's a song. It's just a lot more fun. I guess that's how the record reflects where I am right now. I'm just having a lot more fun than I ever have."

Listening to Pink talk about Willow, it's clear there is a kinder, gentler side to the singer known for her tough demeanour and rebellious nature. But the platinum-selling, platinum-dyed powerhouse singer hasn't exactly gone soft. The Truth About Love, her new album out this week, is filled with breakup and makeup anthems mostly concerning her on-again-off-again-on-again relationship with husband Carey Hart.

"I had a lot left over from my last breakup with my current husband and baby daddy," she says.

The 37-year-old motorcycle racer and 33-year-old singer-songwriter, whose real name is Alecia Moore, married in 2006, separated in 2008 and reconciled in 2009. Exposing the ups and downs of their union through song is familiar territory for the reluctant pop star, who declares, "I miss you, baby/ Come home to me," on the song How Come You're Not Here.

The album is the singer's first full-length album since 2008's double platinum Funhouse, though she remained on the charts with new material from a platinum-selling greatest hits package, including the hits Raise Your Glass and (Expletive) Perfect. She calls her new album, which features Eminem, Nate Ruess and Lily Rose Cooper (or Lily Allen), "just kinda all over the place."

"(I was) just having fun. I think that's a new thing for me. I was having a lot more fun than I was having before. I think production-wise it's a lot more interesting," she says. "The musicality, I feel like I raised the bar for myself."

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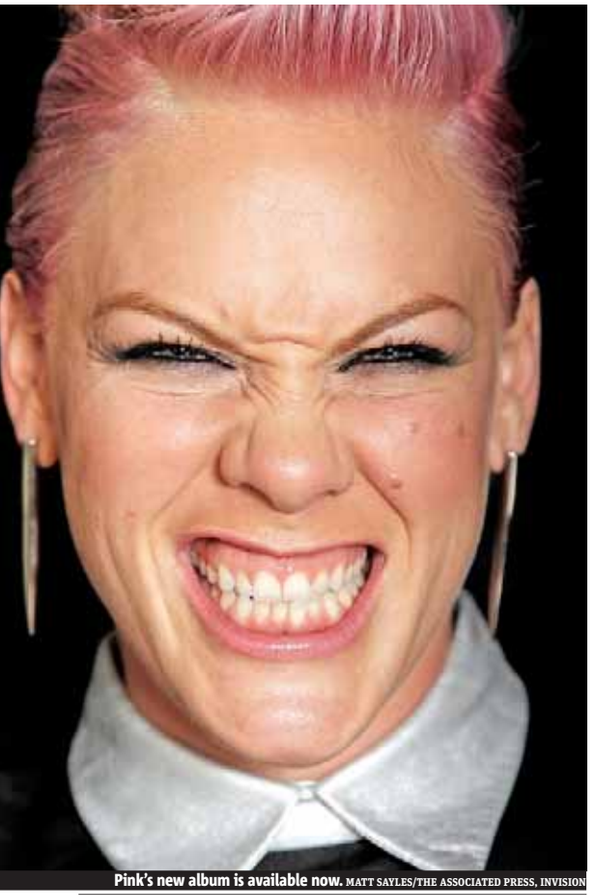

Pink's new album is available now. MATT SAYLES/THE ASSOCIATED PRESS, INVISION

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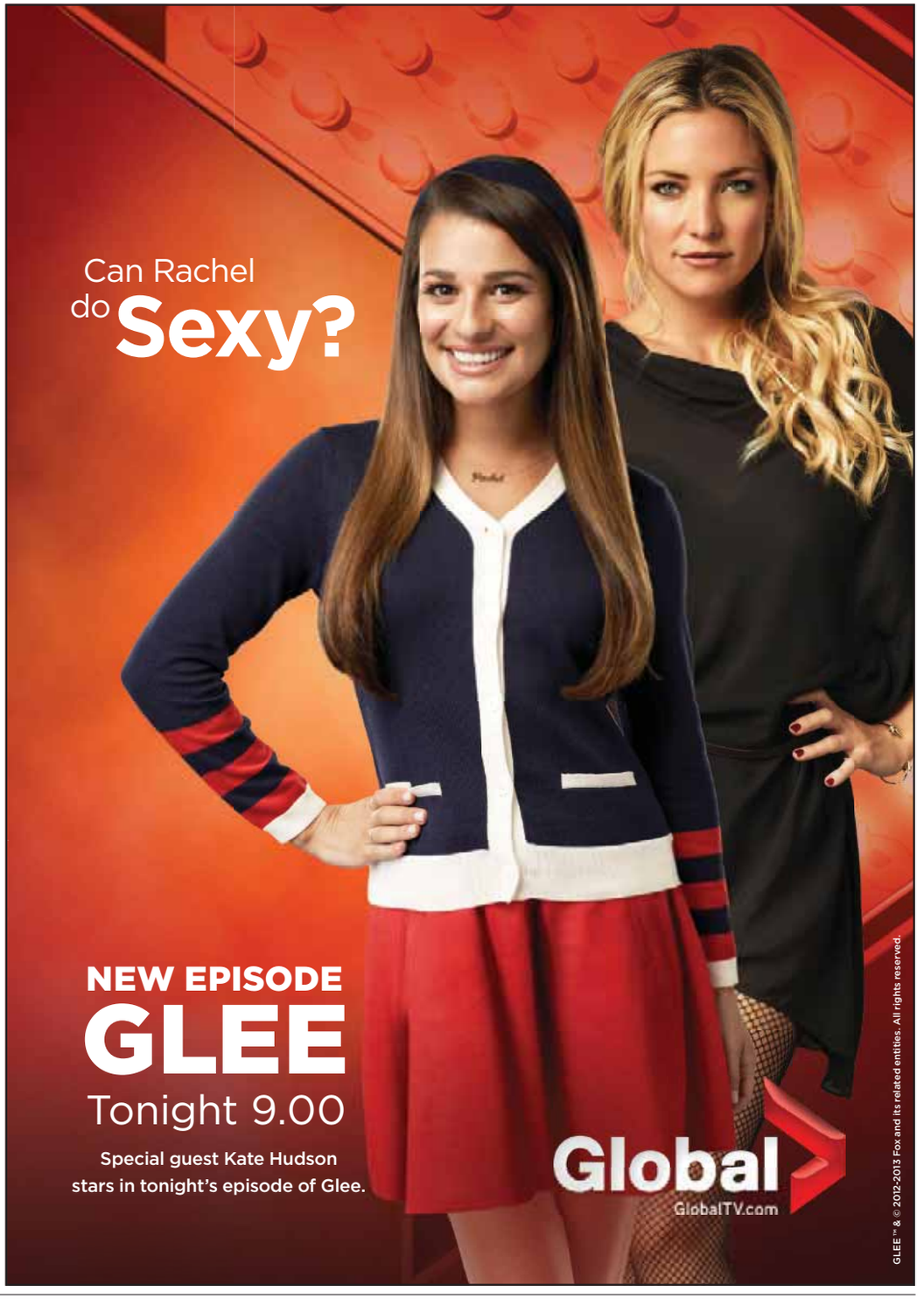

If you don't know him, you should

Q&A. Metro recently sat down to chat with Tiësto, the world-famous DJ who is making waves in electronic dance music

MICHELLE CASTILLO
Metro New York

Tiësto, 43, hails from the Netherlands. GETTY PHOTO ORDERED

Calling Tiësto the world's biggest DJ might be a slight understatement. More than one million people across six continents attended his 15-month 2010 Kaleidoscope World Tour, including the final date in Los Angeles where he performed before an audience of 26,000 fans — the most ever in U.S. history for a single DJ event.

That's not to mention his recent compilations and albums Club Life: Volume One Las Vegas, Kiss From The Past, and Club Life: Volume Two Miami, all which have become hits in the dance music world. We caught up with the Dutch DJ at the Electric Zoo Festival in Randall's Island, New York City, to talk about his upcoming tours, his foray into fashion and why his mom's home cooking is the best.

You're about to go on stage at Electric Zoo. What can people who are coming to your show expect.
I thought about it a lot today. I'm going to play a lot of hard stuff. It's outdoors right before the darkness, so I'm going to play a lot of hard stuff and a couple of focal tracks and a few new tracks of mine.

I understand you're going on a U.S. college tour. Why colleges and why that age group?
First of all, it's a great crowd to play for. They're all fresh and hungry for dance music. I think not many people have seen me at that age. I always get a lot of tweets and requests (about) when am I going to play under-18 shows. I can't do that anywhere. This is the closest I can get where I can reach my younger audience.

You have a Guess fashion collection coming up. Tell me a little bit more about what inspired you.
I always liked Guess, and I met Paul Marciano, and I went to dinner with him. He's a big Tiësto fan, and I was always a big fan of his campaigns. So I was like why don't we do anything together? We started thinking about it, and it spontaneously came together very organically.

Is there going to be a lot of dayglo? Neon colours?
No, for the first part of the collection I tried to keep it very basic because I didn't have much experience yet. I didn't want to go to crazy.

So what are we going to see a lot of?
Very basic colours. A nice black leather jacket. Lots of T-shirts. Very simple, but a lot of detail. The women's collection is more exciting than men's.

Have you always been into fashion?
As I started to become a bigger DJ, I became more into fashion. I couldn't afford it back in the day: I had other things on my mind!

I like it when people dress nice, when you see a girl and a guy put in a little effort, it looks good. I really appreciate that.

You're headlining the Staples Center in October. Why did you want to return to L.A.?
It's been a while since I've been in L.A. Staples Center is such an iconic venue, and I've always wanted to play there. It was available that day so I said let's do it!

You're from the Netherlands. When you are on tour what food do you miss the most?
My mom's food of course! She makes very good chicken. She makes chicken with raisins and rice and a special sauce. No one else can make it. It's really good. It's not really Dutch food I think.

Typical Dutch food is snacks.

Coming from the Netherlands, what have you noticed about people around the world?
I noticed that a lot of people are actually the same around the world, but there's just a communication failure. People misunderstand people's culture, but if you really get to the culture, it's really the same around the world. But, because the way you express yourself is different than you do in Europe, people misunderstand you.

I'm not going to make you pick the country with the best fans, but which country has the craziest fans?
I think Mexico. Mexico has crazy fans. When I play there, they have complete squares with my names on it. Crazy fans!

Are you surprised how global electronic music has become?
I'm surprised and so happy. I came to the U.S. in 2000 for the first time and I never thought it was going to be like this.

I was playing in Vegas only three years ago, and I was like, "I would love to have a residency to play every week here because I love Vegas." But, everything was hip-hop. I told the promoter I worked with then, and he said 'Yeah it would be great if you could do it, but it will never happen.' We were both like it will never happen. And it's here.

The song that put you on the map was the remix of the Pirates of the Caribbean theme song. Are you sick of that song now?
Yeah. I must say. I always look at the future. I don't look very much in the past. Everything I did in the past I don't play much anymore. It's such a different time now, a different sound. I miss those days sometimes, but that was then. It was a different period in my life and now I'm here. I don't play Pirates of the Caribbean; I haven't played it in two years. It would be weird to play it now because it doesn't fit my sound. Maybe if I do a complete old school set?

Quote

"I think people in the EDM world are very free and very liberal, that's why it's so attractive to everybody. In general people are so positive. If you go to an EDM festival, there's never fights, there's no violence. People love each other and support the music, and it's the best crowd there is in any music genre."
Tiësto

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Angelina Jolie and Brad Pitt. ALL PHOTOS GETTY IMAGES

Angelina Jolie makes her brother a maid of honour

While the date of Angelina Jolie and Brad Pitt's wedding may still be a mystery, some of the other details are coming together — like who will be by the bride's side through the ceremony.

Jolie has reportedly enlisted her brother, James Haven, to serve as her maid of honour — of sorts — for the big day, according to Heat.

"James was thrilled to accept his little sister's offer. Angie has always related to men better than women," the source says. "As well as growing up with James, she bonded more with the jocks than the cheerleaders."

Paltrow lets her kids only watch cartoons in foreign languages

Gwyneth Paltrow isn't above letting her two children — 8-year-old daughter Apple and 6-year-old son Moses, watch a little TV, but she has some conditions.

"I only let them watch TV in French of Spanish," Paltrow tells InStyle magazine. "When I'm in France, I go to (Boulevard) Beaumarchais and buy all their cartoons."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Shocker: Lohan arrested again

THE WORD
Dorothy Robinson
scene@metronews.ca

Lindsay Lohan was arrested again — I could type that phrase with my eyes closed at this point — in New York City on Monday night.

Lohan was at the wheel when her Porsche pulled up to the Dream Hotel in the Meatpacking District around 12:30 a.m., hitting an unidentified man in the knee.

Reportedly "unaware" of the accident, Lohan and her crew went into the hotel before authorities could arrive.

She was arrested upon leaving about a half-hour later and released without bail since the charge is only a misdemeanor.

The man checked into a nearby hospital, but there were no visible injuries, according to sources.

Per TMZ, Lohan is saying the accident is "really fishy" because the man didn't appear to have any visible injuries and feels she's the victim of a set up.

And surveillance video supports that — it apparently shows her accuser was exaggerating.

Conspiracy or no, this brings up a few questions:

1. Why is Lindsay Lohan driving in New York City?

If I can afford to take a cab, she can afford to take a cab.

2. How much is her car insurance? It must be more than my take-home salary at this point.

3. Who is her current lawyer? He's the hardest working man in show business (besides Kirstie Alley's tailor) and yet no one knows his name.

Twitter

@ElizabethBanks
Catching up with news and my take-away is this: Kate Middleton is even more flawless than previously assumed. #RoyalAbs

@ZooeyDexchanel
I just want to wear sweaters and coats but the universe isn't playing along.

@EllenPage
Dear America, I've a very important question. Why are chickpeas called garbanzo beans here? Thanks

@SarahKSilverman
A bull in pretty much any shop is gonna be a mess

Sofia Vergara

"Do you know who I am?" Apparently not, Sofia

Sofia Vergara didn't have as nice of a night out in Hollywood recently as she'd been expecting. The Modern Family star hit the Parlor to meet up with a group of friends but was denied access as the bar was at capacity, according to Hollyscoop.

According to onlookers, Vergara blew up at the bouncer, shouting, "Do you know who I am?"

A friend who was already inside came out to see what was going on and joined in yelling at the bouncer before Vergara stormed off. She later took a moment to blast the venue on Twitter, posting that it is the "worst sports bar in LA!"

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LIFE 3

London calling!

From neutrals to bold colours, from the masculine to the feminine, from the '50s to the future and back again: London Fashion Week's lady is one of contrasts and undeniable cool.

RICHARD PECKETT
life@metronews.ca

Vivienne Westwood

Vivienne Westwood's show consisted of '50s-inspired lady-like pieces: cocktail dresses, jacquard skirt-suits, fitted frocks and flared skirts, headscarves and twin-sets with painted faces in yellow, green, pink and blue make-up. Seemingly pared-down for Westwood but then there was a live performance by Rooster with singer Sara Stockbridge to ramp up the anti-establishment punk vibe.

Paul Smith

Of course, Paul Smith, best known for his classic tailoring, couldn't go so far as to omit his signature pieces from his latest outing — but he did introduce a few fresh ideas. Color-blocking ran through the collection from airy, pleated skirts slit high to mid-thigh, billowing-dresses and shirts, to pajama-esque pants. New ideas aside, it was the high-waisted, mannish-style cropped trousers that proved to be the biggest success, while the striped stirrup pants and tightly cut jackets read a touch awkward.

Issa

Designer Daniella Helayel was obviously feeling hot, hot, hot on the run-up to her latest outing. Vibrant, popping colours (hot pink, orange, reds and yellows) welcomed the dawn of a '70s tropical Garden of Eden, complete with orchid-styled hairdos. Billowing caftans, tiered full-length smocks, kimonos and maxi cuts all made their way down the runway. That said, it was the halterneck jumpsuits that were the racier and more daring standouts in this collection.

Sass & Bide

Sass & Bide's Sarah-Jane Clarke and Heidi Middleton toyed with the idea of masculinity and femininity. That trope surfaced as white and black, silk versus embellishment and the reinterpretation of the tuxedo. Dresses came with structured origami pleats, sometimes edged with embellishment or featuring the camellia flower — a symbol of perfection. There were shots of hot colour too, with the introduction of fluoro orange shells and silver paillettes,

Nicole Farhi

Nicole Farhi bid farewell (kind of) to her label with a perfectly sculpted and cerebral collection. Next season sees the inception of Joanna Sykes at the creative helm, although Farhi will still be involved with the label in some capacity. The 66-year-old was inspired by the way in Carrara, Italy, changing light levels cast shadows across the marble mountains there. Her passion for artisan sculpture, fabrics and silhouettes was clear from the complex pleats that represented the shadows on her neutral colour collection.

On the web

Qriket

Kate Moss, Lana Del Rey at British brand Mulberry's '70s-inspired fashion show

Little ones in leather

Baby bomber. Rudsak Kids collection set to be made available in stores and online by the end of September

After years of crafting apparel and accessories for adults, Rudsak is targeting the younger crowd with the launch of its latest line.

The homegrown leather goods brand is creating smaller-sized versions of its Canadian outerwear collection specifically for children.

The kids' jackets will feature similar style elements to the label's fall-winter line for adults, a range first unveiled on the runway earlier this year.

The children's collection will launch three styles: two named Lola and Lili designed for girls, with a third, Lulu, which will be unisex.

Styles set to be featured include oversized fur-trimmed hoods, a down-filled pongee coat, a puffer jacket with lamb leather sleeves and a bomber-style puffer jacket with leather sleeves retailing for $295.

Rudsak founder and creative leader Evik Asatoorian said the kids' line was the "next obvious step" for the brand, which launched in 1994, and he pointed to his own two boys as inspiration.

THE CANADIAN PRESS

Click your way to cool

Canadian label Moon launches e-commerce site

Canadian fashion label Moon has made a fresh landing online.

After a two-year exclusive collaboration with the Bay, the affordable homegrown brand has dedicated virtual boutique to showcase and sell apparel and accessories. The e-commerce site moonapparel.ca opened for business Sept. 15.

Moon's fall-winter collection for women features a colour palette of warm seasonal jewel tones against a backdrop of neutrals, colour blocking fashion and textured knits, while the holiday offerings aim to channel influence from '20s and '30s-era fashions.

The label has ties to Canadian fashion legend Alfred Sung.

Moon was the name of the Toronto boutique opened in the 1970s by the designer, and is also part of Sung's name.

Sung is a business partner and chief designer at Mimran Group Inc.

THE CANADIAN PRESS

Letter-perfect

More ABCs

Get the type cast look

Trend. This look is as easy as ABC. We spell out the autumn '12 alphabet look.

RICHARD PECKETT
life@metronews.ca

Who said print was dead? Fashion designers the world over have been showing their support for the written word — albeit often one letter at a time.

Versace's gothic collection went down the subliminal route with symbol-like backward letters spelling Versace on dresses and clutches. Now that Donatella's in your sub-conscious, she'll be guiding you to the till.

Meanwhile, Stella McCartney's ornately embroidered calligraphic letters and monogram-style initials are a wacky addition to anyone's wardrobe — but especially those with a penchant for scrabble.

That said, it's Mary Katrantzou who proved to be the true wordsmith with the retro Olivetti Lettera 35 typewriter making a cameo. A keyed in decision and one that prompted rave reviews.

U print vest by Topshop Unique

$60, topshop.com

Marc by Marc Jacobs Eazy tote

$280, harrods.com

Tatty Devine initial necklace

$28, tattydevine.com

Want it

Swarovski's 'Key' collection

Yoko Ono collaborates with Swarovski. We're there.

It may not be the key to life but Swarovski and Yoko Ono's collaboration will certainly give your wardrobe some sparkle.

Beatle John Lennon's former girlfriend said of her collection: "Imagine a key that unlocks the door to the forest with its secrets, to the sky with its peacefulness, to the universe with its infinity, to a future with a promise for a better life."

The 79-year-old's dazzling capsule collection for the Swarovski Elements line includes limited edition crystal-studded keys on a silver chain: one of which is entitled "Key to Open the Universe". We'll see about that.

In addition there are pricier pieces for Swarovski such as Ono-signed pendants, a key-motif torque necklace and cuff, a pave pendant, and a stackable ring.

Stella McCartney's girls love a logo. / CONTRIBUTED

Casting a spell / CONTRIBUTED

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*all size 10 red ticketed footwear only, second pair must be of equal or lesser value.

Calvin struts his way through Canada

It's cool to be Klein. The creative force behind the iconic label chats with Metro about modernity, metallics and Mark Wahlberg

ELIZABETH BEDDALL
life@metronews.ca

With Calvin Klein lifestyle shops popping up all over our great land (you can find stores in Ontario, British Columbia and now Alberta) we had to ask Creative Director Kevin Carrigan what's new with the famous fashion line and what is making Klein and Canada click.

Calvin Klein has now been a major name for decades.

Kevin Carrigan

What in your opinion has been the greatest change in the brand since its beginnings, and what has remained constant all the way through?

Technology has helped our brand evolve over the years, allowing us to be innovative and stay relevant with interesting new cuts, fabrics and constructions. Throughout all of the progress and change, we always manage to stay true to our original core design values of balancing function and style with a sexy edge.

What can us Canadians expect to see in the future with respect to Calvin Klein in our country? More stores? More access? How will the relationship grow?

Calvin Klein will continue to expand its presence in Canada, opening many more stores in a variety of locations throughout the country. Our brand fits well with the Canadian lifestyle and culture, and we look forward to further building our relationships there.

What's the hottest cut or style of jeans we're going to see take off this fall?

This fall, denim is all about sexy and seductive cuts and fabrics. For women, liquid metallic finishes in gold, silver and bronze are the must-haves, adding an edgy, subtle glamour to skinny jeans. For men, straight cut fits in our new, wax-coated denim are key. They have a very masculine and urban appeal.

Who would you ideally choose to replace Mark Wahlberg and Kate Moss as this era's iconic underwear models?

No one could ever replace Kate Moss and Mark Wahlberg in that iconic Calvin Klein Jeans ad, but I do love how supermodel Lara Stone, the current face of our brand, wears our jeans. She looks uber sexy in the brand and was perfect for the Factory Girl concept we used for the Calvin Klein Jeans Fall 2012 campaign.

Get schooled in style

Three key back-to-school items students should consider buying to make a strong impression this season are:

- Graphic black-and-white tops and bottoms
- Urban-inspired denim
- Colour-blocked shirts and dresses

The newest Calvin Klein lifestyle store opens in Calgary today. PROVIDED

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METRO CUSTOM PUBLISHING

COLOUR YOUR WEEKENDS WITH DOGGONE FUN

Fall has come to Peterborough, Kawartha Lakes and Northumberland. The leaves are in full splendour, but the real colour is in the many fairs and festivals that happen over the next few weeks.

The kaleidoscope starts with the red and black uniforms of the RCMP horsemen featured in the musical ride at the 158th Lindsay Exhibition (Sept. 19-23). Don't miss the redness of excitement in the gritty faces of the riders bustin' bulls at this year's exhibition.

Crisp, flavourful varieties of reds, yellows and greens will be the tasty main attractions at Applefest at Lang Pioneer Village on Sept. 30. The fun includes live music and wagon rides.

That same weekend is the Roseneath Fall Fair with its brightly painted historical carousel, originally built in 1906. This fully restored ride features a 1934 Wurlitzer Military Band Organ. Canines also take centre stage at the fair as they perform colourful tricks jumping for flying discs in the dog trials.

Over Thanksgiving weekend, orange will be a significant hue, highlighting pumpkin bowling and a pumpkin cannon at the Buckhorn Festival. Another brilliant option is to walk off your turkey feast touring antique cars at the Norwood Fair just east of Peterborough along Highway 7.

No matter what your favourite colour, jump on the road to the region that celebrates a full palette this fall – Peterborough, Kawartha Lakes and Northumberland.

After only one visit, we're sure that "Our Favourite Place" will become your favourite place.

Heads won't be all that turn on this colourful weekend drive.
Download
the interactive tour at
ourfavplace.ca/colours
Eye catching, lip smacking, heart pounding, history loving and smile inducing stops are at every turn on our Fall Colours driving tour of Ontario's best getaway region.
Our Favourite Place
Peterborough · Kawartha Lakes · Northumberland

The Kit

Canadian street style

Spotted in: Halifax

Nora MacLeod

Product developer for a toy company (The Orb Factory)

Age: 26

What she's wearing
Romper and belt from Kensington Market, cardigan from Elsie's, thrifted shoes.

Her inspiration
"I dress according to the weather, and my mood, and I would describe my style as playful."

THE KIT IS A MULTI-PLATFORM BEAUTY AND FASHION BRAND WHICH INCLUDES, AN INTERACTIVE MAGAZINE AND DYNAMIC APP, A WEBSITE, KIT CHAT — AN E-NEWSLETTER PROGRAM, AND A WEEKLY NEWSPAPER SECTION TOO!

Twitter

JEANNE SPACE
Jeanne Beker
life@metronews.ca

IN THIS HECTIC MODERN WORLD, TWITTER HAS BECOME A COOL AND SUCCINCT WAY OF COMMUNICATING. IT ALLOWS ME TO BE ACCESSIBLE, INSTANTLY SPEAK MY MIND, AND CONNECTS ME WITH ALL KINDS OF PEOPLE. WHETHER IT'S A FASHION QUESTION OR YOU JUST WANT TO COMMENT ON LIFE'S BIGGER PICTURE, I'D LOVE TO HEAR FROM YOU.

@Jeanne_Beker: LOOK OUT ! Off to Montreal to shoot the new @fyshnation campaign for my capsule eyewear collection to benefit Dress for Success @DFSToronto

@Jeanne_Beker: @eyebobs Arghh! I got jinxed! Just left my Butch Eyebobs on the plane! How do I stop from losing all my cool reading glasses?!

@Jeanne_Beker: Left glasses on plane to Montreal. Merde! Ran into drugstore + got wacky light up glasses. Yikes!

@Jeanne_Beker: On the way to our @FyshUK campaign shoot with Chanel's fab make-up pro Julie Cusson, in JB glasses!

@Jeanne_Beker: First shots for @FyshNation eyewear campaign @Mackenzie_Photo

@BeingMarci
So delighted 2 be meeting w/ @jeanne_Beker on Wednesday! She truly is THE Canadian fashion icon!(no,not nervous about what to wear,um, sure)

@Jeanne_Beker: Don't fret! What impresses me most is kindness, generosity of spirit + positive energy! Clothes ALWAYS come a distant second. xx

NEW

HydraQuench Intensive Serum Bi-Phase

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Is your skin dehydrated? Tight? Truly not happy? Quick, reach for HydraQuench Intensive Serum, your SOS solution when all else has failed. Instantly, hyaluronic acid and katafray extract swing into action. The dual-phase formula, so amazingly comfortable, irrigates all skin levels drop by drop. Intensely hydrated and replenished, skin looks smooth, supple, dewy fresh. In seconds, see it blossom with new life. Clarins, No.1 in European luxury skin care*.

*Source: European Forecasts

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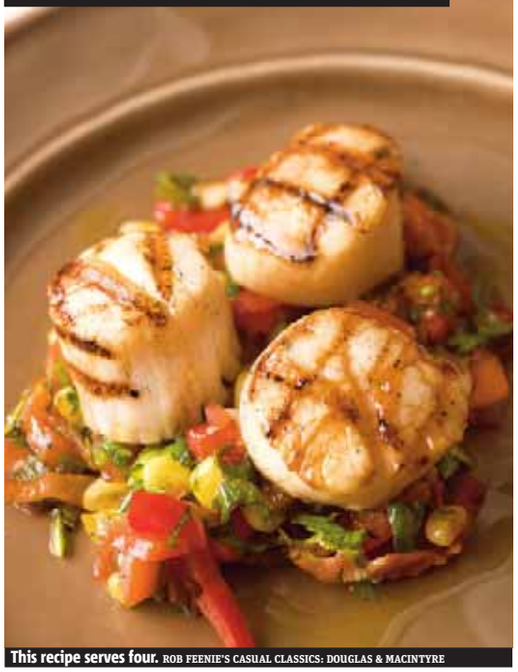
CLARINS

Hot, salty ragout complements flavours of scallops, other seafood

Grilled Scallops with Corn, Bacon & Red Pepper Ragout



This recipe serves four. ROB FEENIE'S CASUAL CLASSICS: DOUGLAS & MACINTYRE

Rob Feenie first wowed diners with his innovative tasting menus at the inventive Lumiere restaurant in Vancouver. Today, he creates delicious family-style recipes for Cactus Club restaurants with thousands of people of all ages enjoying his signature dishes.

But before he became Canada's first Iron Chef America champion, Feenie paid his culinary dues with stints at Alsace with Chef Emile Jung at Au Crocodile and Antoine Westermann at Buerehiesel, both Michelin three-star-rated restaurants, in Chicago with Charlie Trotter and in New York with Daniel Boulud and Jean-Georges Vongerichten.

Among the recipes in the chef's book Rob Feenie's Casuals Classics is this scallop dish.

"This dish makes an excellent starter for a meal or a nice lunch when served with a simple green salad," Feenie writes in the book. "I use Qualicum Bay scallops and peaches-and-cream corn, both of which are local products, but you can substitute other varieties of either.

"The hot and salty ragout is an especially good combination with scallops, but it's also delicious with baked halibut or grilled steelhead salmon."

Ingredients

- 1 tbsp soy sauce
- 1 tbsp rice vinegar
- 1 tbsp fresh lemon juice
- 2 slices smoked bacon, in 1/4-inch dice
- 1/2 cup diced red onions
- 1 cup corn kernels, cut off the cob
- 1/2 red bell pepper, in 1/4 inch dice (about 1/2 cup)
- 1 Thai chili, seeded and finely minced
- Juice of 1 lime (about 1 tbsp)
- 1 tbsp unsalted butter
- 12 large scallops (muscles removed from sides if present)
- 1 tsp extra-virgin olive oil
- 1 tbsp finely chopped cilantro

1. In a small bowl, combine soy sauce, rice vinegar and lemon juice. Set aside.

2. Heat a large frying pan on medium. Add the bacon and cook for 2 to 3 minutes, stirring, until crisp. Stir in onions, corn, bell peppers and chili and sauté for 2 minutes, then add lime juice and butter.

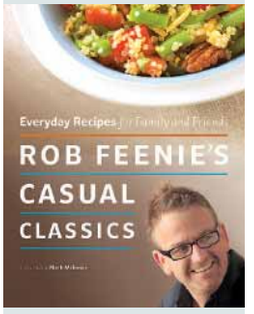
3. Season with salt and pepper, reduce the heat to low and simmer while scallops are cooking. (Or refrigerate the ragout in an airtight container for up to two days.)

4. Preheat a stovetop grill or a barbecue to medium-high. Warm a plate in the oven at 200 F. Pat scallops dry with paper towels and season with salt, pepper and a dash of olive oil. Grill scallops for 2 minutes, turn over and grill for another 1 minute. Transfer to the warm plate.

5. Divide the ragout evenly among 4 plates and top each serving with 3 scallops. Spoon about 2 tsp of the soy dressing over each plate and garnish with cilantro. Serve. **FROM ROB FEENIE'S CASUAL CLASSICS BY ROB FEENIE (DOUGLAS & MACINTYRE)**

Cookbook of the Week

Simple yet special



Rob Feenie, the longtime leader in the casual fine dining movement, reveals his favourite recipes in Rob Feenie's Casual Classics: Everyday Recipes For Family and Friends.

The book brings together the best innovative and approachable meals.

From such fundamental recipes as Roasted Tomato Sauce and Juicy Poached Chicken to globally inspired dishes like Barbecued Duck Spring Rolls, Quinoa Jambalaya and Braised Osso Buco, these are real-life modern classics that are adaptable to budgets, dietary restrictions and busy schedules. **METRO**

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Condo living at St. Lawrence Market

The Market Wharf condos is located directly behind the famous St. Lawrence Market. SUBMITTED

1 Meet the condo

- **What.** Market Wharf condos
- **Builder.** Context
- **Location.** 1 Market St.
- **Website.** marketwharf.com
- **Sizes.** From 697 to 1,959 sq. ft.
- **Pricing.** From $489,900 to $1,400,000

2 The project overview

Dramatic architecture, fantastic features and finishes, and top notch amenities make Market Wharf one of the most sought-after residential properties in downtown Toronto. The new condo and townhouse project by Context currently under construction at 1 Market Street is scheduled for completion this year.

3 Location and transit

Market Wharf is located in the heart of downtown Toronto at St. Lawrence Market. Commuters will enjoy proximity to the Gardiner Expressway, and the building is short walk from Union Station, the hub of all the major TTC and GO transit lines.

4 In the neighbourhood

As the name says, the complex is located right behind the famous St. Lawrence Market. Residents will enjoy a variety of world-class restaurants, eclectic shops, services and entertainment in the downtown core and close to Toronto's new waterfront.

5 Building amenities

Workout facilities with his and her saunas and yoga/aerobics centre. A party room and barbecue areas, and an outdoor garden. There's a sun deck, guest suites and a movie screening room.

Five-year mortgage rates

FIXED		VARIABLE
3.09%	BMO	3.10%
5.24%	CIBC	3.20%
5.24%	HSBC	3.10%
3.44%	ICICI	3.00%
3.19%	ING	3.00%
5.24%	RBC	3.20%
4.99%	SCOTIA	3.10%
5.24%	TD	3.20%
5.24%	NATIONAL	3.20%
2.99%	BROKER	2.80%

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Rooftop Surfing

Reno 101 comes to the Fall Home Show

BRYAN TUCKEY
President and CEO of the Building Industry and Land Development Association (BILD) can be found at twitter.com/bildgta), (facebook.com/bildgta), and bildblogs.ca.

Those of you who have already gone through your first renovation can attest to the fact that it is a tricky, often misunderstood process. This is why I always advise "reno rookies" to talk to an expert about your renovation in advance, to get all the necessary facts.

This concept was the initial starting point behind Reno 101 — a free renovation-themed seminar presented by BILD, RenoMark™ and Metro News at the Toronto Fall Home Show, which opens today at the Better Living Centre at Exhibition Place.

The event was created for homeowners who want to upgrade their homes, but don't know where to start. BILD contacted our 2012 Renovator of the Year Paul Gallop from Men at Work General Contractors, and together with Metro News, organized this free one-hour seminar at the Fall Home Show tonight.

Paul will go through the initial steps of a home renovation, highlighting some of the vital steps that are often not accounted for when planning your first renovation.

For example, major renovations such as conversions or additions may require you to hire an architect or engineer. Their plans and drawings are often necessary to receive building permits or approvals.

Paul will also be taking questions from audience members, so if you have any questions about your renovation, this seminar can be very beneficial for you.

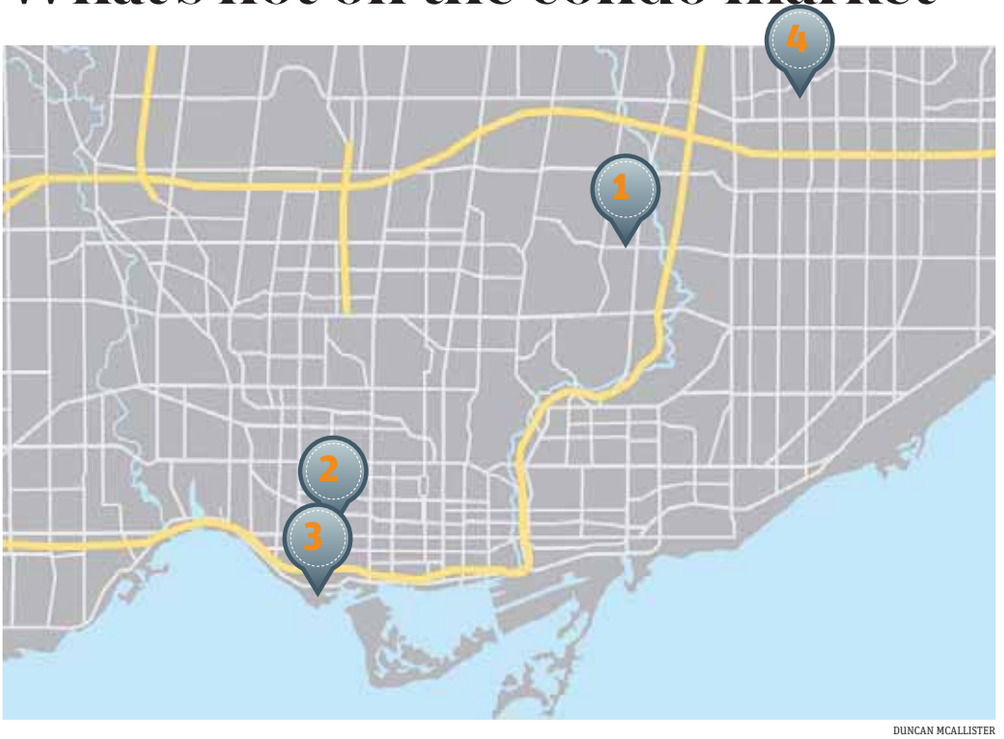
If you have a whole series of questions, you can take advantage of the free renovation consultations offered at BILD's Destination Renovation booth.

A Home Show staple for the past 10 years, Destination Renovation offers visitors free, unbiased advice from professional RenoMark™ renovators. Check it out at Booth 720.

This will be available free of charge to anyone who registers for the Reno 101 seminar tonight, along with everything else offered at this year's Fall Home Show!

It's a great opportunity to learn what's involved in renovation from the experts in the field. To learn how to sign up, just go to BILD's official blog at bildblogs.ca/reno101.

What's hot on the condo market



DUNCAN MCALLISTER

1. Don Mills

Demolition party

LivLofts Shops at Don Mills. Check it out at 75 The Donway West, Sept. 22 from 10:30 a.m. - 5 p.m. Call 416-445-5638 or visit livlofts.com

2. Taste of Ossington

Table D'oz

A Taste of Ossington. Head on over to the 109oz condo site at 109 Ossington Ave., Sept. 22 from 2 - 8 p.m. Call 416-531-4844 or visit 109oz.com.

3. Exhibition Park

Fall Home Show

Toronto's largest fall home show has arrived. From Sept. 20-23, 2012 at the Better Living Centre, Exhibition Place. Find innovate products and great deals with over 300 retailers and industry experts.

4. Markham

Charity event

Kylemore Communities Kares. Check it out at the Angus Glen Golf Course, 10080 Kennedy Rd., Markham. Sept. 27 from 6:30 p.m. - 10 p.m. Call 905-887-5799 or visit kylemorecommunities.com.

It's starting to smell like fall

Fragrances. These days there are endless ways to add a special scent to your home

When the lazy days of summer give way to hectic fall schedules, there is nothing like dashing in from the cold and being enveloped by a home filled with delicious smells.

Home fragrance products have exploded into a $5 billion industry, with candles, diffusers, room sprays and oils offered everyplace from drug stores to high-end retailers. There are many use-what-you-have, do-it-yourself options as well.

The idea is to create an inviting, comforting and calming environment, whether you're having 20 people for a sit-down dinner or simply hanging out on the couch for the evening.

"This is a time when people are spending more time at home, and they want that cosy, holiday, warm feeling, and maybe you want that even when you're not entertaining — you want it on a Tuesday night when you're watching TV," said Jessica Romm, lifestyles editor at Martha Stewart Living.

"Fragrance is a really nice way to do that."

Once comprised mostly of candles and potpourri, the home fragrance market took off in the mid to late 1990s, and retail sales in the United States hit a high of $5.3 billion in 2011, according to Karen Doskow, industry manager for consumer products at Kline and Co., a market research company in Parsippany, N.J. Sales last year were up four per cent over 2010, she said.

Today's offerings include candles, room sprays, reed and plug-in diffusers, wax melts, essential oils, and old standards like drawer liners and sachets. Many products now offer a more sophisticated scent and they're more decorative as well, Doskow says.

Just as there are scores of scents to choose from (Yankee Candle has about 200 candle fragrances), the prices vary greatly. "It can range from a Renuzit adjustable (air freshener) for 99 cents up to a Jo Malone scented candle that's in excess of $100," Doskow adds.

In fact, Jo Malone's luxury candle offers 230 hours of burn time and sells for $425, while a large Yankee Candle that offers up to 150 hours of scent costs $27.99. Crabtree & Evelyn has scented sprays for $19, while French perfumer Frederic Malle's "perfume gun" spray sells for $145.

Whatever your budget, try to capture the natural smells of the season in a simple and minimal way, Romm says. She mentions masculine scents like wood and leather, and the smells of seasonal fruits and vegetables, such as pumpkin, apple, pear and squash.

"You'd think about meals that you're cooking or things you would have around — fruits of the season or spices you might use," Romm said. "Our philosophy in terms of home fragrance is to not battle or compete with what you would naturally have in your home during the fall."

A good way to carry fragrance through your home is to use multiple products at once, says Hope Margala Klein, executive vice-president for brand, design and innovation at Yankee Candle.

"We recommend a layered approach, with the candle being the focus," she said.

About an hour before guests arrive, a host might light a candle — or a no-flame alternative if kids or pets are an issue — in each of the major entertaining spaces, such as the kitchen, dining room and great room, and accent those with diffusers. "By the time guests get here, the house smells amazing," Klein says.

Don't forget to add a glow to the bathroom, where you may also want to display a can of room spray for a concentrated burst of fragrance if needed, she recommends.

The amount of scent you should use depends on the size of your home.

"People who have enormous rooms would probably need more," Klein said. "Or if you're living in a small apartment in New York City, you could probably do one candle for the whole place. You don't want it to overpower folks."

Romm is partial to DIY home fragrance, like setting a pot of apple cider with cinnamon or cloves to simmer on the stove, displaying a pretty bowl of cinnamon sticks, or drying sliced apples on parchment paper in the oven on low heat.

"You can serve it just as guests are arriving so that smell fills your home," she said. THE ASSOCIATED PRESS

1

Yankee Candle Signature Reed Diffuser in Spiced Pumpkin

2

Jo Malone London Luxury Candle in Pomegranate Noir

3

Yankee Candle Home Fragrance Oil in Macintosh

4

Glade's Seasonals Fall Plugins Scented Oil 2 CT Refill Maple Pumpkin Twin pack 1.34 oz.

5

Glade's Fall Collection Blackberry Jam Candle

6

Glade's Seasonals Fall 9.7 oz. Premium Room Spray scented with Maple Pumpkin

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Please note that the above scenario should in no way be construed as direct financial advice. Our intent is to provide tips and examples which are based on assumptions. The true cost of borrowing will depend on how much you borrow, how long you borrow for, and your interest rate. Because the cost is a combination of factors, a low interest rate over a long term can actually end up costing more than a higher interest rate over a short term. ®/™ Trademark(s) of Royal Bank of Canada. RBC and Royal Bank are registered trademarks of Royal Bank of Canada.

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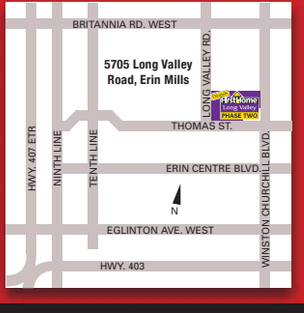

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* Limited time offer. Available Saturday, September 22 & Sunday, September 23, 2012 (opening weekend only). See Sales Representative for full details.

Hunter Milborne

The Dean of Condos: Metro talks condo sales with Hunter Milborne

Condo trends.
Milborne says it's a misconception that most condo investors are foreign ones

At the opening night sales event for Camrost-Felcorp's Yorkville Plaza, the site of the old Four Seasons hotel, Hunter Milborne's sales team were busily working the room.

In an elegant setting with fine wines and hors d'oeuvres, the young salespeople in Armani suits went person-to-person with their binders full of floor plans.

These are some of Toronto's sharpest real estate sales professionals and it's very impressive to witness the process and how quickly it all takes place.

"I was there that night," says Milborne, "and it was a pretty efficient, well-oiled machine for sure."

When Milborne started selling condos 36 years ago, it was hard to imagine the present-day Toronto condo market.

"When we started in June of 1976 there were JUST four projects on the market: Harbour Square, Palace Pier, Hazelton Lanes and 150 Heath, and we had two of them as broker. The basic ones were $60 a square foot and the expensive ones were $100 a square foot."

Milborne acts as the exclusive listing agent for a number of builders, which makes it easier for them to coordinate all their sales under one umbrella.

"We'll be a listing broker and a lot of the sales get made through selling agents, so most of the large developers work under that system."

Milborne says it's a common misconception that most condo investors are from out of the country.

"I would say that the resale market definitely has a high percentage of investors, but they're primarily domestic. Everybody assumes that there's this big foreign influence of foreign buyers on the condo market and that's really not necessarily the case.

"I think that what's driving investors to purchase is because they don't necessarily like the stock market and they don't like the rates that they're getting at the banks, so they're saying, hey, if I buy a pre-sale condo and take delivery in four years, it's probably going to have appreciated a little bit and then I'm going to rent it and get a very basic return."

Milborne says that a number of recent bank reports on the Toronto real estate market have sent mixed messages.

"Some of the banks have been bearish. I think CIBC came out with a report that was quite bullish actually, and Royal (Bank), so they've been a little bit divided on that. I think that you can't have record years and record volumes forever and not have it self-correct." METRO

Quoted

"When we started in June of 1976 there were just four projects on the market..."
Hunter Milborne, chairman at Milborne Real Estate Inc.

Kate Essad
Clinical Student
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Leaky roof

Condo repairs: Your responsibilty or theirs?

LEGAL MATTERS
Jeffrey Cowan
home@metronews.ca

I have a balcony attached to my condominium with a roof above it. This summer during a heavy rainfall, I looked out the sliding glass doors and there was water running from the roof and eventually the drywall broke down and it all came tumbling down onto the deck of the balcony.

I called the management office and they indicated that I should get it fixed and they would take the matter to the Board of Directors. Three months later I received a letter from the management office saying that the repairs were my responsibility and they would not reimburse me for the cost of the repairs. I have been told by friends that this should be the responsibility of the condo corp. What should I do?

Generally, there is a division between the elements of a condo that belong and are the responsibility of the owner and alternatively the condo corp.

In this circumstance, I would hazard a guess that if it is the roof over the balcony that has the leak, the structure is not under your control and is part of the common elements of the condo corp.

It would be unusual for it to be your responsibility.

The proof of this would be found in the documents that were the originating or 'constating' documents for the condo corp.

It would be money well spent to engage a lawyer (whose costs you should be able to recover) to be an advocate on your behalf.

Leaky roofs in condos are usually the responsibility of condominium.

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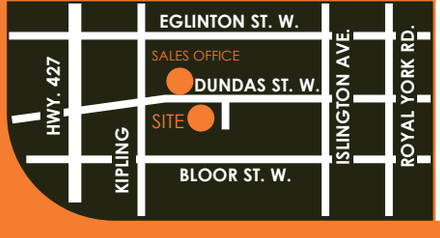

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BEAVERBROOK

INDITION REALTY

According to research done by a professor at the University of Guelph, real estate ad phrasing has a strong effect on the sale price and a home's time on the market. Here are some phrases that can improve the chances of a home's sale, and some a seller should never use.

BUZZ WORDS FOR YOUR HOME LISTING

THE BEST

Beautiful/gorgeous
According to the study, homes that were called "beautiful" sold, on average, 15 per cent faster. While most home buyers are thrilled to get a bargain, they still put a major emphasis on the condition of a home and its aesthetic appeal.

Move-in condition
This tells a home buyer that your home needs no repairs, changes or moderations; it is perfect and ready to be lived in as soon as you hand over the keys. "I have visited many homes that use this phrase in their listing and again and again I'm impressed with the condition of the home. This is the magic phrase for me, but also not an expression that should be used lightly," says Martin Rygiel, sales director at the ComFree Network, Canada's largest commission-free real estate organization

Turnkey
"Any time I see the word 'turnkey' the pictures that go with the listing tend to reveal a home that is in fantastic condition," he says. "Another word that also catches my eye is 'immaculate'; tell me a home is immaculate and mean it, and there's a good chance I will want to check it out." Again, keep in mind that if you use this word, your home must live up to it.

Curb appeal
When a home is listed with the words "curb appeal" many home buyers perk up with anticipation. Words like "landscaping" also did well in the survey because a home that is beautiful inside and outside appeals to the masses.

Gourmet kitchen
There is no doubt that the kitchen is one of the most important, if not the most important room in a home. So it is no surprise to learn that words like "granite" and "gourmet kitchen" translated into a higher sale price. If your kitchen isn't a gourmet one, do minimal upgrades and use another proven phrase with homeowners like "newly remodeled".

Be careful what you write on your home listing — it has a strong effect on the sale. NEWSCANADA.COM

THE WORST

Motivated
While you might expect a word like "motivated" to indicate that the homeowner is willing to negotiate on price, it seems this word has the opposite effect. It makes sense for the seller to focus more on the listing and less on describing themselves personally.

Must sell
Unfortunately, the use of "must sell" implies that the home seller is desperate and that there must be something wrong with the place. This, in turn, leaves the home for sale on the market for longer than it would otherwise be. This term could convey that there is something wrong with the home or that it was overvalued to begin with.

Good value
According to Rygiel: "We've seen customers try to list their homes using the phrase 'good value' and we always advise against it. To a potential buyer, this phrase translates to 'not much to look at but a bargain for the price'."

Starter home
When a potential home buyer sees the words "starter home" on a listing, they immediately imagine a tiny home made for 1.5 people. It indicates that the property is small and economical for first time home buyers. The pitfall of saying "starter home" would be that you are only appealing to a certain portion of buyers instead of the whole market. Add the square footage of the home in the listing rather than using those words which have a negative connotation.

Freshly painted
You've invested a couple hundred dollars to paint your home and prepare it for sale and you think it looks pretty darn good. If you put the promise of a house as 'freshly painted,' potential homebuyers might wonder if that's the only thing that has recently been revamped.

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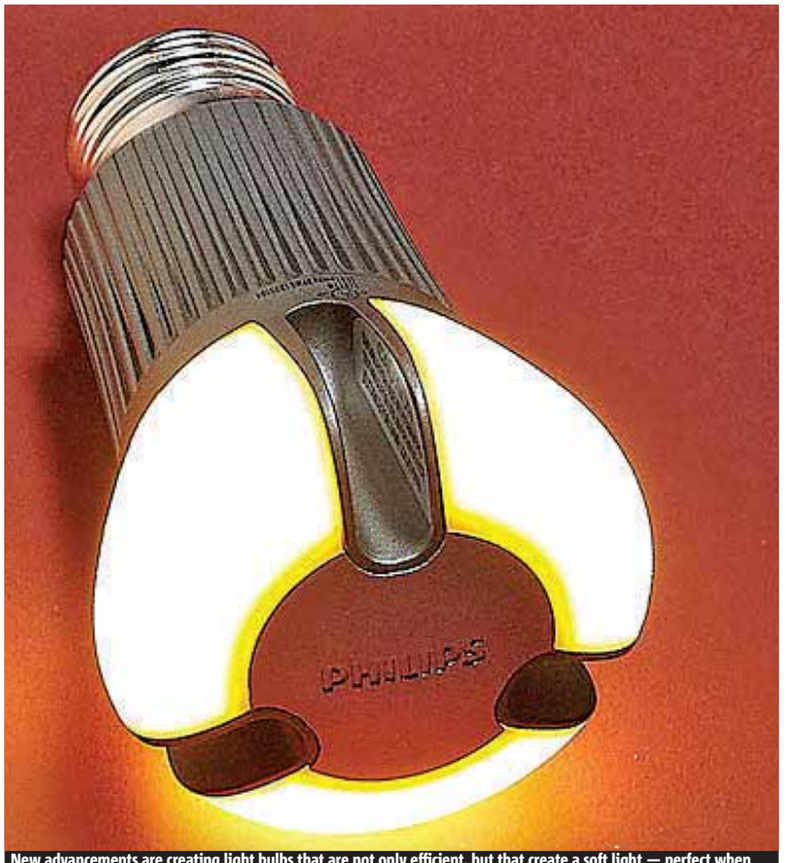

New advancements are creating light bulbs that are not only efficient, but that create a soft light — perfect when decorating a room. ISTOCK IMAGES

Lighting: A decorator's best friend

Design Centre. It's time to warm up to the new LED light bulbs

DESIGN CENTRE
Karl Lohnes
home@metronews.ca

Every great decorator will tell you that lighting is one of the most important elements to having a beautiful room.

Without a true soft light, the finest furnishings and fabrics can look all wrong.

The past few years have been difficult for decorating enthusiasts as more and more provinces are regulating to phase out the soft light from the old incandescent bulbs.

British Columbia and Nova Scotia are two provinces leading the way to phase them out and introduce more efficient options. As time goes on, more and more regulations will be put in place to introduce a more efficient, safer bulb to use.

I've always been reluctant to use the new style of LED lighting when decorating as I thought the light would be too harsh, bright and cool in colour.

New advancements are creating bulbs that are not only efficient, but that create a soft light; similar to what we've always been used to.

The Philips Ambient LED Bulbs offer up a soft white light similar to the light you get with the old incandescent bulbs, last more than 20 times longer and use only about 20 per cent of the energy of a regular incandescent bulb.

The new LED bulbs fit the regular socket styles for fixtures and the good news is that it can be dimmed; allowing homeowners to use their existing light fixtures, create a designer look and ambience in a room.

When I heard of this new technology I quickly went out and purchased some of the bulbs.

They were not an inexpensive investment (the new bulbs range from $18-38 each) but considering the energy they will save over time and the fact that I won't have to get back on the ladder to change the bulb for another 20 years made me a very happy decorator.

LED bulbs facts

- LED bulbs can save more than 80 per cent energy.
- An LED bulb lasts over 20 years, outlasting about 20 of the old style bulbs.
- The Philips Ambient LED Bulbs can be dimmed to create many ambient looks in a room.
- You don't need to change your regular socket-style light fixtures to accommodate the new LED bulbs.

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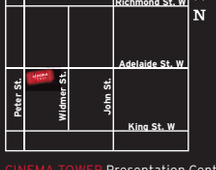

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Green transportation

Car-sharing? It just makes sense

At what point should I consider car-sharing?
- Stephanie of Vancouver

QUEEN OF GREEN
Lindsay Coulter
green@metronews.ca

Zipcar and Car2Go both offer car-sharing programs in Canada. ISTOCK IMAGES

Car-sharing is a suitable transportation option to complement eco-friendlier alternatives like walking, busing and biking.

It's not just a viable choice when assessing your need for a second family vehicle; it can also be a great substitute for owning a car.

Before you research which car-sharing company to join, say goodbye to all of the expenses that come with car ownership, like purchasing, insuring, maintenance, fuel, tolls, and parking — not to mention the unavoidable reality of depreciation.

The benefits of car-sharing include having access to a car when you need it. Many car sharers report a higher satisfaction with their quality of life, and they drive about half the amount car owners do!

Here in Canada, car-sharing is now a whole lot smarter. Toronto and Vancouver have joined the ranks of cities in the U.K., France and Germany in becoming Car2Go friendly.

This fleet is one example that uses Smart Cars and has no set drop-off time or location; that part is up to you!

Even companies can use Car2Go to help eliminate the need for fleet programs and to reduce travel expenses from conventional car rentals or taxis. Find out more about membership and rates at Car2Go.com. You can also look into Modo.coop or Zipcar.com. Carpooling is great, too. By taking turns with your fellow car-poolers, you'll reduce the wear and tear on your vehicle. You'll burn less gas, pollute less and reduce your vehicle costs by 50 to 75 per cent. Many cities also encourage carpooling with tax breaks, free parking and reserved lanes for high-occupancy vehicles.

Already own a car? Drive green. In Europe eco-driving is a growing part of driver education. Start with driving the speed limit. It's safer and more efficient. Avoid idling and get rid of excess weight — clean out your trunk. Take the roof-rack off if you don't need it. There are a variety of car-sharing companies in most major cities. Find out more at carsharing.ca and do your part to reduce urban congestion and lower carbon emissions.

A few theories on tear-free onion cutting

How do I cut an onion so that I don't cry?

CHARLES THE BUTLER
askcharlesthebutler@metronews.ca
For more, visit charlesmacpherson.com

Well there are many different theories out there, and each chef has his or her own, but, first, why do onions make us cry to begin with? When you cut into an onion, it releases a gas. Once the gas gets to your eyes, it triggers a blinking and tearing effect in order to push the gas out from the eyes. So how do we stop this? Well here are a few ideas.

• I have watched many food prep people in professional kitchens put the onions in the refrigerator. They believe that the cold onion helps slow down the irritation that causes crying.

• Some people say to avoid the gas, chop the onions under running water, but I have never understood how you dice an onion under cold running water.

• Some websites suggest wearing lab goggles, or snorkelling goggles. This might work, but I would sure feel funny dressed like that in my kitchen!

• There are those that suggest a candle near by to burn off the gasses

• And finally, me. What does the Butler do? Well, I just like to cry it out!

Signed,
The Teary-eyed Butler

Wouldn't you feel funny dressed like this in the kitchen? ISTOCK IMAGES

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Time to call in the chimney sweep

A matter of safety.
Experts recommend chimneys be inspected, cleaned annually

People are drawn to a fire, whether they're roasting marshmallows around a campfire during the summer or cuddling up near the fireplace in the dead of winter.

And just as you take precautions outdoors, there are things you should do to make sure your fireplaces and chimneys are safe.

Fires built in fireplaces or wood stoves leave a gummy residue, called creosote, that can stick to the lining of your chimney. Creosote — created by soot, smoke, gases and other particles — is flammable, and can be the source of a dangerous chimney fire.

Experts recommend that chimneys be inspected every year by a certified chimney sweep and cleaned if necessary. The cost can range from $100 to $300 or higher.

Cleaning a chimney is not a do-it-yourself project, says Kit Selzer, a senior editor at Better Homes and Gardens. It's a dirty job, and it also can be risky, especially if you have to climb onto the roof.

Chimney sweeps are trained to determine whether chimneys are structurally sound and whether they need to be cleaned, said Ashley Eldridge, education director for the Chimney Safety Institute of America. They also will make sure the chimney is up to code, especially important in older houses.

"Each job is different," said Christina El-Hage, a certified sweep with Pride Clean Chimney Sweeps in Bethesda, Md., but there are some basics.

"We're looking to make sure the flue is fully safe," she said. "We're making sure there are no third-degree burns of creosote on the lining."

Chimney sweeps also check to see if there are any birds or animals in the chimney, or anything that would block the flow of smoke. Cleaning the chimney involves removing creosote.

There are steps you can take at home to reduce creosote buildup and the risk of a chimney fire.

Foremost is picking dry wood to burn, Eldridge said. To determine whether wood is sufficiently dry, "take two pieces and bang them together. You get almost a ring as an indication its ready. If not, it's a dull thud," he said.

Don't throw pizza boxes or other trash in the fireplace, El-Hage said, because it causes a thicker smoke, which lowers the temperature in the chimney.

And to reduce the risk of a spark flying out of the fireplace, use a screen and stay in the room while the fire is burning. THE ASSOCIATED PRESS

In numbers

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Tiny bathroom? Try these unique ideas to create some extra storage

DIY ideas. There are ways to make a cluttered space more bearable

A small bathroom is a difficult problem. If you aren't ready to tear down your walls and renovate, try these unique ideas and clever solutions to create extra storage room in your bathroom — guaranteed to make your morning routine less stressful.

Contain It

Use baskets, bins and trays to stay organized and reflect the look of your home. If you're on a budget, try using household objects in a whole new way, like a cutlery tray to hold make-up or a plastic shoe box for medical supplies. With both of these items you can rinse them out if anything leaks. You can also re-use tall, narrow vases to hold hairbrushes and combs.

Make More Counter Space

If you're constantly balancing toiletries on the edge of the sink, it's time to give yourself more room.

Install a ledge-style shelf over the sink, but underneath the mirror, to lay out cosmetics or toothbrushes. This small piece will add convenience to the room, and style depending on the type of shelf you choose.

Open It Up

Installing a shelving unit can be incredibly practical, but may make an already small room feel more cramped. Instead, find or build a shelf unit with clear glass shelves and a mirrored back. This will keep the room feeling open and adds stylish options for any décor displays.

Character Finds

A great way to stay on a budget, stay true to your design taste and add practical storage to your bathroom by combing antique markets and yard sales. Cookie tins, tool boxes, bushel baskets, tea canisters and more can be used to store your bathroom supplies in a unique way. You can then put these fun storage containers out in the open.

Hang It

Who says a side table needs to stay on the ground? Find a small bedside table with doors for storage and hang it on your bathroom wall as a medicine cabinet. Paint it a fun colour to match the décor of the room. Think outside the box about other household items that could be used as storage if only they were hung on a wall – then take credit for your creativity!

Use All Vertical Space

Make the most of open wall space in your bathroom by installing floating shelves all the way up the wall. These are inexpensive, easy to install, and offer many storage and display options.

GET MORE INSPIRATIONAL IDEAS LIKE THESE TO TURN YOUR HOME BATHROOM INTO A SPA EXPERIENCE WITH BATH CRASHERS AND I HATE MY BATH ON DIY NETWORK CANADA, AIRING BACK-TO-BACK ON WEDNESDAYS AT 10PM ET/PT.

Make the most of the open wall space in your bathroom by installing shelves and towel racks. ISTOCK IMAGES

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Live at the centre of everything foodie. When you live at the corner of Dundas and Prince Edward, you're close to the best restaurants and specialty food shops. But at The Epicurean, you're even closer to the Chef's Table demo kitchen and custom outdoor kitchen and barbecue. Bring your love for food home.

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Monarch

Discipline

OHL adds further fight deterrent

The Ontario Hockey League is getting tough with serial fighters.

Saying the goal is to rid the league of "one-dimensional players," commissioner David Branch said those who are involved in more than 10 fights this season will be suspended for two games each time.

After a 16th fight, the player will be hit with a two-game suspension and his team fined $1,000 for each additional fighting major he receives.

"We see this as part of the evolution of addressing needless fighting in our game," Branch said in a conference call on the eve of the Thursday's OHL openers. **TORSTAR NEWS SERVICE**

NFL

Manning returns to practice after 1st loss with Broncos

If Peyton Manning is sore, he's not saying. If his confidence is waning, he'd be the last to let anyone know.

Back practising following his first loss as a Denver Bronco, Manning wouldn't offer much Wednesday when asked if the hits he took against Atlanta had any lasting impact.

"I've never really answered that question before. So, I'm full participation in practice," Manning said. **THE ASSOCIATED PRESS**

Broncos quarterback Peyton Manning. THE ASSOCIATED PRESS FILE

Omar Vizquel watches his eighth-inning double against the Yankees in New York on Wednesday. The hit moved the Toronto infielder ahead of Babe Ruth on the all-time hits list. BILL KOSTROUN/THE ASSOCIATED PRESS

Sweet day for Vizquel at Yankee Stadium

MLB. 45-year-old infielder passes Babe Ruth in career hits

Quoted

"I think when you get enough hits to tie one of the greatest hitters of all time, it's an amazing feeling."

Jays infielder Omar Vizquel, who passed Babe Ruth on baseball's all-time hits list, reaching 2,874 with two hits on Wednesday.

There was a chocolate bar sitting on the top shelf of Omar Vizquel's locker just after the Jays 4-2 loss at Yankee Stadium Wednesday afternoon.

Not just any chocolate bar; it was a Baby Ruth.

Vizquel, and the growing number of reporters descending on his locker, knew the connection immediately. Vizquel had just tied, and surpassed, Babe Ruth on baseball's all-time hits list.

"Somebody put it there, I don't know who," a beaming Vizquel said as he drove out two hits to reach 2,874 in his career, and pass the Babe into sole possession of 41st all time.

Vizquel's amazing feat brought some levity to the Jays locker room, and franchise for that matter, after the Yunel Escobar suspension Tuesday.

Escobar was suspended three games for a homophobic slur he wrote on his eye-black stickers over the weekend. He is not allowed to be with the team at the ballpark during his ban.

The Jays lost for the fifth time in their last seven games, and couldn't quite manage enough run support for a very good Henderson Alvarez, so a dose of good news was welcome to say the least.

Vizquel, at 45, and with a career that spans three decades in the major leagues, slapped a single off Andy Pettitte in the fourth to tie Ruth, then went past him with a double off David Robertson in the eighth.

Alvarez started slowly, allowing three runs on three hits and a sacrifice-fly in the first, then limited the Yanks to just two more hits over the next six innings. He said he simply got more aggressive with his fastball and changeup, and the result was a third straight strong outing.

But the Jays tapped out just four hits over five innings off Pettitte, who was making his first start in 72 games due to a leg injury.

They came alive off Robertson in the eighth, with four hits, but still failed to deliver a knockout inning.

So, as the Yankees scored an insurance run in their half of the eighth inning, the Jays were left to celebrate Vizquel's accomplishment.

"Mentioning my name next to his (Ruth) makes me feel so little. Never in my career, and its been a long one, did I think I'd get to compare my hits to the Babe, it's an amazing feeling," said Vizquel. **TORSTAR NEWS SERVICE**

4 SPORTS

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The road to the 2013 World Baseball Classic starts this week and it will be anything but easy for Canada. A 16-team qualifying round for the event begins with the top squad from each four-team pool locking up a spot in next year's Classic.

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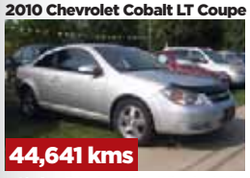
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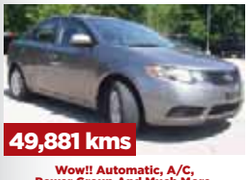
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68,519 kms
Automatic, Power Group, Air Conditioning, Intelligent Key, Outside Temp. Display, AUX Audio/Input
CASH PURCHASE PRICE $13,495* +HST
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Power Mirrors, A/C, AM-FM Stereo, AUX Audio/Input, Cruise Control, Dual Airbags, Keyless Entry, MP3 CD Player
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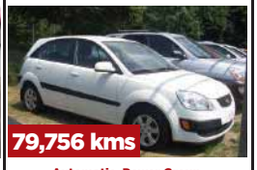
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NHL. Effects of lockout are already being felt

Jets forward Andrew Ladd skates during an informal practice in Winnipeg on Wednesday. THE CANADIAN PRESS

The NHL lockout is only a few days old but its effects are already being felt around the league.

With a number of big-name players continuing to head for Europe, NHL employees were informed Wednesday that their salaries are scheduled to be cut 20 per cent across the board. That will come into effect on Oct. 1, when full-time staff are reduced to a four-day work week.

The news was delivered by commissioner Gary Bettman during a staff meeting Wednesday, according to league spokesman Gary Meagher.

The NHL also announced the cancellation of pre-season games through Sept. 30, as well as the postponement of the Kraft Hockeyville pre-season game scheduled for Oct. 3 in Belleville, Ont., to the 2013-14 season.

Unlike in September 2004, when more than 50 per cent of NHL employees were laid off just days into the lockout, the league is trying to avoid cutting staff. Deputy commissioner Bill Daly told The Canadian Press over the weekend that there were no immediate plans for layoffs, although multiple sources who attended Wednesday's meeting said employees were warned that further cuts could be coming in the future.

A number of teams, including the Ottawa Senators and Florida Panthers, announced layoffs earlier this week. The Senators also placed their remaining staff on a reduced work schedule.

Bettman and Daly both decided to forgo their salary during the lockout, according to sources. Donald Fehr, the executive director of the NHL Players' Association, hasn't been paid since the beginning of July.

As the lockout moved into its fourth day, there were still no formal bargaining sessions scheduled between the league and NHLPA. The sides last sat down together on Sept. 12.

With it becoming clear NHL training camps won't open as scheduled on Friday, players continued to seek work overseas. On Wednesday, Jason Spezza signed a deal with Rapperswil-Jona in Switzerland, Anze Kopitar agreed to join brother Gasper with Mora in Sweden and Russian stars Alex Ovechkin (Moscow Dynamo) and Pavel Datsyuk (CSKA Moscow) each returned home to play in the KHL.

Buffalo Sabres goaltender Jhonas Enroth became the latest player to take to Twitter and blame Bettman for another NHL work stoppage, the fourth in two decades.

"So sick of this lockout. Playing in the NHL (has) been a life long dream and now we can't bc GB (wants) more money from us? #imlosingtime," Enroth wrote Wednesday. THE CANADIAN PRESS

Quoted

"It doesn't look positive. It could be a season-long break."

Rick Nash to Swiss newspaper Sudostschweiz. Nash arrived in Switzerland, where he'll again play alongside Joe Thornton with HC Davos.

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MLB

AMERICAN LEAGUE

EAST DIVISION	W	L	Pct	GB
New York	85	63	.574	—
Baltimore	84	64	.568	1
Tampa Bay	78	70	.527	7
Boston	68	81	.456	17½
Toronto	66	81	.449	18½

CENTRAL DIVISION	W	L	Pct	GB
Chicago	81	66	.551	—
Detroit	78	69	.531	3
Kansas City	66	81	.449	15
Minnesota	62	87	.416	20
Cleveland	61	88	.409	21

WEST DIVISION	W	L	Pct	GB
Texas	87	60	.592	—
Oakland	84	63	.571	3
Los Angeles	81	67	.547	6½
Seattle	70	79	.470	18

Wednesday's results
N.Y. Yankees 4-2 Toronto 2-1
Minnesota 6 Cleveland 4
Oakland at Detroit
Boston at Tampa Bay
Chicago White Sox at Kansas City
Texas at L.A. Angels
Baltimore at Seattle
Tuesday's results
Baltimore 4 Seattle 2 (18 innings)
Boston 7 Tampa Bay 5
Chicago White Sox 3 Kansas City 2
Detroit 12 Oakland 2
L.A. Angels 11 Texas 3
Minnesota 6 Cleveland 5 (12 innings)
Toronto at New York (ppd., rain)
Thursday's Games — All Times Eastern
Minnesota (Vasquez 0-2) at Cleveland (Kluber 1-4), 12:05 p.m.
Oakland (Milone 13-10) at Detroit (A.Sanchez 3-5), 1:05 p.m.
Toronto (Laffey 3-5) at N.Y. Yankees (P.Hughes 15-12), 7:05 p.m.
Boston (Buchholz 11-6) at Tampa Bay (Price 18-5), 7:10 p.m.
Chicago White Sox (Liriano 6-11) at Kansas City (Guthrie 4-3), 8:10 p.m.
Texas (Darvish 15-9) at L.A. Angels (Greinke 5-2), 10:05 p.m.

NATIONAL LEAGUE

EAST DIVISION	W	L	Pct	GB
Washington	90	57	.612	—
Atlanta	86	64	.573	5½
Philadelphia	74	74	.500	16½
New York	66	81	.449	24
Miami	66	84	.440	25½

CENTRAL DIVISION	W	L	Pct	GB
Cincinnati	89	59	.601	—
St. Louis	78	70	.527	11
Milwaukee	76	72	.514	13
Pittsburgh	74	74	.500	15
Chicago	58	90	.392	31
Houston	48	100	.324	41

WEST DIVISION	W	L	Pct	GB
San Francisco	85	63	.574	—
Los Angeles	76	72	.514	9
Arizona	73	74	.497	11½
San Diego	71	77	.480	14
Colorado	58	89	.395	26½

Wednesday's results
Atlanta 3 Miami 0
Milwaukee 3 Pittsburgh 1
Washington 3 LA Dodgers 1 (1st game)
Philadelphia at N.Y. Mets
LA Dodgers at Washington (2nd gm)
Cincinnati at Chicago Cubs
Houston at St. Louis
San Diego at Arizona
Colorado at San Francisco
Tuesday's results
Arizona 3 San Diego 2
Cincinnati 3 Chicago Cubs 1
Miami 4 Atlanta 3 (10 innings)
Milwaukee 6 Pittsburgh 0
San Francisco 6 Colorado 3
St. Louis 4 Houston 1
LA Dodgers at Washington (ppd., rain)
Philadelphia at New York (ppd., rain)
Thursday's games — All Times Eastern
Houston (B.Norris 5-12) at St. Louis (J.Garcia 4-7), 1:45 p.m.
Cincinnati (Cueto 17-9) at Chicago Cubs (Berken 0-1), 2:20 p.m.
San Diego (Richard 13-12) at Arizona (Skaggs 1-2), 3:40 p.m.
Colorado (J.De La Rosa 0-0) at San Francisco (Zito 12-8), 3:45 p.m.
Milwaukee (Fiers 9-8) at Pittsburgh (W.Rodriguez 11-13), 4:05 p.m.
L.A. Dodgers (Capuano 11-10) at Washington (Detwiler 9-6), 7:05 p.m.
Philadelphia (Cloyd 1-1) at N.Y. Mets (Hefner 2-6), 7:10 p.m.

YANKEES 4, BLUE JAYS 2

FIRST GAME

Toronto	ab	r	h	bi	New York	ab	r	h	bi
RDavis rf	5	0	1	0	ISuzuki lf-rf	4	2	3	0
Rasms cf	4	0	0	0	Swisher 1b	4	1	2	1
Lawrie 3b	5	1	1	0	Cano 2b	4	1	2	1
Lind 1b	4	0	2	0	AlRdrg dh	3	0	0	1
McCoy pr	0	1	0	0	Grndrs cf	2	0	0	1
Arencii c	1	0	0	0	RMartn c	3	0	0	0
Mathis c	3	0	0	0	ErChvz 3b	3	0	0	0
KJhnsn ph-2b	1	0	1	1	Ibanez rf	2	0	0	0
Sierra dh	3	0	1	0	AnJons ph	1	0	0	0
Vizquel 2b-1b	4	0	2	1	Dickrsn lf	0	0	0	0
Hchvrr ss	4	0	2	0	ENunez ss	3	0	0	0
Gose lf	3	0	0	0					
Totals	**37**	**2**	**10**	**2**	**Totals**		**2**	**9**	**4**	**7**	**4**

Toronto	000	000	020	— 2
New York	300	000	01x	— 4

E—Swisher 2 (6). DP—Toronto 1, New York 1. LOB—Toronto 11, New York 2. 2B—Lawrie (24), Vizquel (4), Hechavarria (5), I.Suzuki (23), Cano (42). SF—Granderson.

Toronto	IP	H	R	ER	BB	SO
H.Alvarez L,9-13	7	5	3	3	0	7
Oliver	1	2	1	1	0	0
New York						
Pettitte W,4-3	5	4	0	0	2	3
Rapada	0	1	0	0	0	0
D.Lowe H,1	1	0	0	0	0	0
Chamberlain H,4	2-3	1	0	0	0	0
Logan H,23	1-3	0	0	0	0	0
D.Robertson H,29	2-3	4	2	2	0	2
R.Soriano S,41-44	1 1-3	0	0	0	1	2

Rapada pitched to one batter in the sixth.
T—2:41. A—39,859 (50,291) at New York.

YANKEES 2, BLUE JAYS 1

SECOND GAME

Toronto	ab	r	h	bi	New York	ab	r	h	bi
RDavis rf-lf	4	0	1	0	Jeter ss	4	0	1	0
Rasms cf	4	0	0	0	Swisher rf-1b	3	0	1	0
Lawrie 3b	4	0	0	0	Cano dh	4	0	1	0
Lind dh	4	0	0	0	AlRdrg 3b	4	0	0	0
Arencii c	2	1	0	0	Grndrs cf	3	1	0	0
McCoy pr	0	0	0	0	J.Nix 2b	2	0	0	0
Mathis c	1	0	0	0	McGeh 1b	2	1	0	0
KJhnsn 2b	3	0	0	0	Ibanez ph	0	0	0	0
YGoms 1b	3	0	1	0	Pearce ph	1	0	0	0
Hchvrr ss	2	0	1	1	Dickrsn lf	0	0	0	0
Gose lf	2	0	0	0	ISuzuki lf-rf	4	0	4	1
Sierra ph-rf	1	0	0	0	CStwrt c	2	0	1	1
Totals	**30**	**1**	**3**	**1**	**Totals**		**2**	**9**	**2**	**8**	**2**

Toronto	010	000	000	1
New York	010	000	01x	2

E—Jeter (10). DP—Toronto 1. LOB—Toronto 5, New York 12. 2B—I.Suzuki (24), C.Stewart (8). SB—Granderson (9), J.Nix (6), I.Suzuki 4 (25), C.Stewart (2). CS—R.Davis (12). S—J.Nix.

Toronto	IP	H	R	ER	BB	SO
R.Romero	6	7	1	1	5	5
Delabar L,4-3	1 1-3	0	1	1	1	2
Loup	1-3	1	0	0	0	1
Lyon	1-3	0	0	0	2	1
New York						
D.Phelps	6 2-3	3	1	1	3	6
Logan	1	0	0	0	0	2
Eppley W,1-2	1-3	0	0	0	0	1
R.Soriano S,42-45	1	0	0	0	0	1

Umpires—Home, Adrian Johnson; First, Lance Barrett; Second, Gary Cederstrom; Third, Toby Basner.
T—3:06. A—39,997 (50,291) at New York.

NFL

AMERICAN CONFERENCE

EAST	W	L	T	Pct	PF	PA
N.Y. Jets	1	1	0	.500	58	55
New England	1	1	0	.500	52	33
Miami	1	1	0	.500	45	43
Buffalo	1	1	0	.500	63	65
SOUTH						
Houston	2	0	0	1.000	57	17
Indianapolis	1	1	0	.500	44	61
Tennessee	0	2	0	.000	23	72
Jacksonville	0	2	0	.000	30	53
NORTH						
Baltimore	1	1	0	.500	67	37
Cincinnati	1	1	0	.500	47	71
Pittsburgh	1	1	0	.500	46	41
Cleveland	0	2	0	.000	43	51
WEST						
San Diego	2	0	0	1.000	60	24
Denver	1	1	0	.500	52	46
Kansas City	0	2	0	.000	41	75
Oakland	0	2	0	.000	27	57

NATIONAL CONFERENCE

EAST	W	L	T	Pct	PF	PA
Philadelphia	2	0	0	1.000	41	39
Dallas	1	1	0	.500	31	44
Washington	1	1	0	.500	68	63
N.Y. Giants	1	1	0	.500	58	58
SOUTH						
Atlanta	2	0	0	1.000	67	45
Tampa Bay	1	1	0	.500	50	51
Carolina	1	1	0	.500	45	43
New Orleans	0	2	0	.000	59	75
NORTH						
Green Bay	1	1	0	.500	45	40
Detroit	1	1	0	.500	46	50
Minnesota	1	1	0	.500	46	46
Chicago	1	1	0	.500	51	44
WEST						
Arizona	2	0	0	1.000	40	34
San Francisco	2	0	0	1.000	57	41
St. Louis	1	1	0	.500	54	55
Seattle	1	1	0	.500	43	27

WEEK TWO

Monday's result
Atlanta 27 Denver 21
Sunday's results
Arizona 20 New England 18
Buffalo 35 Kansas City 17
Carolina 35 New Orleans 27
Indianapolis 23 Minnesota 20
Cincinnati 34 Cleveland 27
Houston 27 Jacksonville 7
Miami 35 Oakland 13
N.Y. Giants 41 Tampa Bay 34
Philadelphia 24 Baltimore 23
Pittsburgh 27 N.Y. Jets 10
San Diego 38 Tennessee 10
San Francisco 27 Detroit 19
Seattle 27 Dallas 7
St. Louis 31 Washington 28
Thursday, Sept. 13
Green Bay 23 Chicago 10

WEEK THREE

Thursday's game — All Times Eastern
N.Y. Giants at Carolina, 8:20 p.m.
Sunday's games
Tampa Bay at Dallas, 1 p.m.
St. Louis at Chicago, 1 p.m.
San Francisco at Minnesota, 1 p.m.
Detroit at Tennessee, 1 p.m.
Kansas City at New Orleans, 1 p.m.
Cincinnati at Washington, 1 p.m.
N.Y. Jets at Miami, 1 p.m.
Buffalo at Cleveland, 1 p.m.
Jacksonville at Indianapolis, 1 p.m.
Philadelphia at Arizona, 4:05 p.m.
Atlanta at San Diego, 4:05 p.m.
Pittsburgh at Oakland, 4:25 p.m.
Houston at Denver, 4:25 p.m.
New England at Baltimore, 8:20 p.m.
Monday, Sept. 24
Green Bay at Seattle, 8:30 p.m.

TENNIS

ATP MOSELLE OPEN

At Metz, France
Singles — First Round
Andreas Seppi (5), Italy, def. Ivan Dodig, Croatia, 6-7 (7), 6-3, 6-4.
Second Round
Jo-Wilfried Tsonga (1), France, def. Clement Reix, France, 6-3, 6-3.
Florian Mayer (4), Germany, def. James Blake, U.S., 6-7 (4), 6-3, 6-4.

ATP ST. PETERSBURG OPEN

At St. Petersburg, Russia
Singles — First Round
Lukasz Kubot, Poland, def. Denis Istomin (2), Uzbekistan, 4-6, 6-3, 6-4.
Martin Klizan (3), Slovakia, def. Mikhail Elgin, Russia, 6-4, 6-3.
Fabio Fognini (4), Italy, def. Tobias Kamke, Germany, 4-6, 6-2, 6-3.
Jurgen Zopp (8), Estonia, def. Andrey Kumantsov, Russia, 6-3, 6-5 (retired).
Ricardas Berankis, Lithuania, def. Philipp Petzschner, Germany, 6-2, 3-3 (retired).
Sergiy Stakhovsky, Ukraine, def. Ivan Nedelko, Russia, 7-6 (2), 6-2.

WTA KDB KOREA OPEN

At Seoul, South Korea
Singles — First Round
Lee So-ra, South Korea, def. Maria Kirilenko (2), Russia, 1-1 (retired).
Nadia Petrova (4), Russia, def. Lourdes Dominguez Lino, Spain, 6-2, 6-4.
Second Round
Kaia Kanepi (3), Estonia, def. Galina Voskoboeva, Kazakhstan, 6-2, 6-2.

WTA GUANGZHOU INTERNATIONAL OPEN

At Guangzhou, China
Singles — Second Round
Laura Robson, Britain, def. Zheng Jie (2), China, 6-3, 6-3.
Sorana Cirstea (3), Romania, def. Duan Ying-Ying, China, 6-1, 7-6 (0).
Urszula Radwanska (4), Poland, def. Mandy Minella, Luxembourg, 6-2, 6-3.
Chanelle Scheepers (5), South Africa, def. Bojana Jovanovski, Serbia, 6-4, 6-1.
Alize Cornet (8), France, def. Olga Govortsova, Belarus, 6-4 (retired).

CFL

WEEK 12

EAST DIVISION	GP	W	L	T	PF	PA	Pt
Montreal	11	7	4	0	301	327	14
Toronto	11	6	5	0	278	274	12
Hamilton	11	4	7	0	341	347	8
Winnipeg	11	2	9	0	203	365	4

WEST DIVISION	GP	W	L	T	PF	PA	Pt
B.C.	11	8	3	0	298	204	16
Calgary	11	7	4	0	312	257	14
Saskatchewan	11	5	6	0	284	234	10
Edmonton	11	5	6	0	247	256	10

Sunday's result
Montreal 28 Saskatchewan 17
Saturday's results
B.C. 28 Toronto 23
Hamilton 51 Edmonton 8
Friday's result
Calgary 44 Winnipeg 3
WEEK 13
Friday's game — All Times Eastern
Hamilton at Winnipeg, 8 p.m.
Saturday's game
B.C. at Edmonton, 7:30 p.m.
Sunday's games
Toronto at Montreal, 1 p.m.
Calgary at Saskatchewan, 4 p.m.

GOLF

THIS WEEK'S EVENTS

PGA TOUR

TOUR CHAMPIONSHIP
Site: Atlanta.
Schedule: Thursday-Sunday.
Course: East Lake Golf Club (7,319 yards, par 70).
Purse: $8 million. **Winner's share:** $1.44 million.
Online: http://www.pgatour.com

LPGA TOUR

NAVISTAR LPGA CLASSIC
Site: Prattville, Ala.
Schedule: Thursday-Sunday.
Course: Robert Trent Jones Golf Trail, Capitol Hill, The Senator (6,460 yards, par 72).
Purse: $1.3 million. **Winner's share:** $195,000.
Online: http://www.lpga.com

WEB.COM TOUR

WNB GOLF CLASSIC
Site: Midland, Texas.
Schedule: Thursday-Sunday.
Course: Midland Country Club (7,380 yards, par 72).
Purse: $550,000. **Winner's share:** $99,000.
Online: http://www.pgatour.com

SOCCER

MLS

EASTERN CONFERENCE

	GP	W	L	T	GF	GA	Pt
Kansas City	29	16	7	6	37	25	54
Chicago	28	15	8	5	40	33	50
New York	29	14	8	7	49	42	49
Houston	29	12	7	10	41	34	46
Columbus	29	13	10	6	35	35	45
D.C. United	28	13	10	5	45	39	44
Montreal	30	12	15	3	44	49	39
New England	29	7	15	7	36	40	28
Philadelphia	26	7	13	6	26	31	27
Toronto	29	5	17	7	32	51	22

WESTERN CONFERENCE

	GP	W	L	T	GF	GA	Pt
x-San Jose	28	17	6	5	58	33	56
Seattle	28	13	6	9	44	29	48
Real Salt Lake	29	14	11	4	38	33	46
Los Angeles	29	14	11	4	50	40	46
Vancouver	29	10	12	7	29	38	37
Dallas	30	9	12	9	35	38	36
Colorado	29	9	18	2	36	43	29
Portland	28	7	14	7	28	47	28
Chivas USA	28	7	14	7	21	44	28

x — clinched playoff berth.
Wednesday's results
Columbus 1 Chivas USA 0
Kansas City 2 New York 0
Portland at San Jose
Thursday's game — All Times Eastern
D.C. United at Philadelphia, 8 p.m.
Saturday's games
Kansas City at Montreal, 1:30 p.m.
New York at New England, 7:30 p.m.
Portland at Real Salt Lake, 8 p.m.
Columbus at Chicago, 8:30 p.m.
Toronto at Los Angeles, 10:30 p.m.
San Jose at Seattle, 10:30 p.m.
Sunday's games
Houston at Philadelphia, 5 p.m.
Chivas USA at D.C. United, 7 p.m.
Colorado at Vancouver, 7:30 p.m.

UEFA CHAMPIONS LEAGUE

FIRST ROUND — FIRST LEG

Wednesday's results
GROUP E
Chelsea (England) 2 Juventus (Italy) 2
Shakhtar Donetsk (Ukraine) 2 Nordsjaelland (Denmark) 0
GROUP F
Bayern Munich (Germany) 2 Valencia (Spain) 1
Lille (France) 1 BATE Borisov (Belarus) 3
GROUP G
Barcelona (Spain) 3 Spartak Moscow (Russia) 2
Celtic (Scotland) 0 Benfica (Portugal) 0
GROUP H
Braga (Portugal) 0 CFR Cluj (Romania) 2
Manchester United (England) 1 Galatasaray (Turkey) 0
Tuesday's results
GROUP A
Dinamo Zagreb (Croatia) 0 FC Porto (Portugal) 2
Paris Saint-Germain (France) 4 Dynamo Kiev (Ukraine) 1
GROUP B
Montpellier (France) 1 Arsenal (England) 2
Olympiakos (Greece) 1 Schalke (Germany) 2
GROUP C
Malaga (Spain) 3 Zenit St. Petersburg (Russia) 0
AC Milan (Italy) 0 Anderlecht (Belgium) 0
GROUP D
Borussia Dortmund (Germany) 1 Ajax (Netherlands) 0
Real Madrid (Spain) 3 Manchester City (England) 2

NASL

	GP	W	L	T	GF	GA	Pt
x-San Antonio	27	13	7	7	45	26	46
x-Tampa Bay	27	12	7	8	37	30	44
x-Puerto Rico	27	11	9	7	31	29	40
x-Carolina	27	10	8	9	44	46	39
x-Fort Lauderdale	27	9	10	8	38	44	35
Minnesota	27	8	9	10	33	32	34
Atlanta	27	7	12	8	34	45	29
Edmonton	27	5	13	9	24	34	24

x — clinched playoff berth.
Wednesday's results
Atlanta 3 San Antonio 1
Carolina 1 Tampa Bay 1
Saturday's games — All Times Eastern
Tampa Bay at Carolina, 7 p.m.
Atlanta at Puerto Rico, 7:30 p.m.
Sunday's games
Fort Lauderdale at Edmonton, 4 p.m.
Minnesota at San Antonio, 7:15 p.m.

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Horoscopes

♈ Aries
March 21 - April 20
The Sun's entry into your opposite sign of Libra on Saturday will bring partnership problems to the forefront and this time you must not run away from them. Power struggles are likely but you were born a winner — so win.

♉ Taurus
April 21 - May 21
Travel plans and social activities will be disrupted over the next 24 hours, and most likely it is you who will be doing the disrupting. It's OK to have second thoughts. It's OK to change your mind.

♊ Gemini
May 22 - June 21
One of the best times of the year begins this weekend when the Sun moves into the area of your chart that governs romance and creativity. Today, do only what feels right to you. It's OK to be selfish.

♋ Cancer
June 22 - July 23
There is a danger today that you will come on too strong and provoke some kind of backlash. Maybe that is the price you have to pay for being honest about what you believe. The truth must not be denied.

♌ Leo
July 24 - Aug. 23
If you are wasting your money on things you don't need, there is still time to cut them out of your life, but you have got to be quick. Very soon, the matter will be taken out of your hands. Act now.

♍ Virgo
Aug. 24 - Sept. 23
Although the Sun leaves your sign this weekend, that's not an invitation to slow down. Other influences indicate that your momentum will keep you going at breakneck speed for some time to come. Enjoy.

♎ Libra
Sept. 24 - Oct. 23
The Sun is moving closer to your birth sign and already you can feel the positive effects. For best results though you should focus your aim and concentrate on those two or three things that mean the most to you.

♏ Scorpio
Oct. 24 - Nov. 22
Today's cosmic picture warns in no uncertain terms that if you lose your temper, for even a moment, it will be you who loses out in the long-term. Take nothing too seriously and find ways to relax.

♐ Sagittarius
Nov. 23 - Dec. 21
One of the best times of the year for friendships begins very soon, so strive to be open to everyone you meet. This is also a good time to get more personally involved in some kind of social movement.

♑ Capricorn
Dec. 22 - Jan. 20
You have accomplished a lot and have a right to feel pleased with yourself but don't take it easy because there is still more to be done. You were born to be a winner, so get out there and compete.

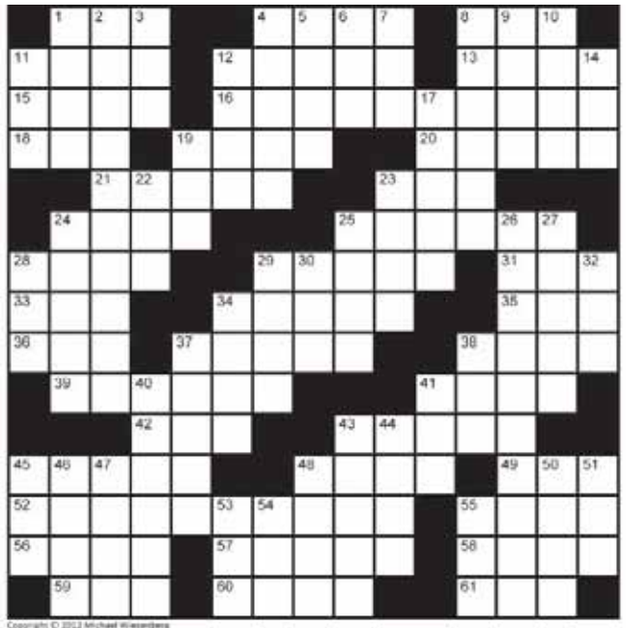
♒ Aquarius
Jan. 21 - Feb. 19
You may be tempted to do something out of the ordinary today but if you are smart, you will wait for the Sun to move in your favour during the weekend. Good times are coming sooner than you think.

♓ Pisces
Feb. 20 - March 20
What seems so confusing now will seem simple a few days. However, today's influences will bring out your passion for something, or someone, to a degree that could cause problems, so think before you act.

SALLY BROMPTON

Crossword: A Cold Measure and a Hot Band

BY MICHAEL WIESENBERG



Across
1. Island: Fr.
4. Certain hockey shot
8. Affectionate touch
11. Campus Greek house, briefly
12. Circle, square, or triangle, e.g.
13. "Are you ___ out?": query to a hesitant poker player (2 wds.)
15. Acorn-dropping trees
16. Snowfall measure
18. "This is dedicated to the ___ I love"
19. Commanded, old-style
20. Sandwich cookies
21. They play their home games at BC Place Stadium in downtown Vancouver
23. Cowardly person
24. Fly by oneself
25. Surprisingly [or not more (than)] (2 wds.)
28. Greek crosses
29. Elliott of *Ocean's 11, 12, 13*
31. Bill's "excellent adventure" partner
33. "___ Could Turn Back Time": 1989 Cher hit (2 wds.)
34. 1,000 kg
35. Small battery
36. "___ amis": start of a French speech
37. Dummies or spinning toys
38. TV award
39. Saskatchewan capital
41. Salesmen, for short
42. Bruce of karate fame
43. ___ Leaf
45. Sales talk
48. ___ Pilot: PDA
49. Father
52. Montréal-based 2011 Juno Album of the Year winning group (2 wds)
55. Cold cut cutting locale
56. MTV viewer
57. Where to bowl
58. One of the Great Lakes
59. '01, '02, etc.: abbr.
60. "Beware the ___ of March": Julius Caesar
61. Winter time in Manitoba: initialism

Down
1. Persia, now
2. Banff National Park's best known tourist destination (2 wds.)
3. Some Spielberg visitors
4. Moults
5. Reporter Lois of the *Daily Planet*
6. Likely
7. Maritime Province: initialism
8. PM Trudeau
9. Early poker pot maker
10. Matador's opponent
11. Egg ___ young
12. Photocopy
14. Legal matter
17. Back-of-the-fridge problem
19. Ghostly greeting
22. They: Fr.
23. "Merry old" king of rhyme
24. Toronto-born *60 Minutes* regular Morley
25. *Sister Act* extras
26. Calgary team
27. Britches stitches
28. ___ Horton's
29. "The Naked Maja" painter
30. Yoko ___ Lennon
32. 24 hours
34. Vocal sound
37. Give up
38. Serpentine seafood
40. Gathers bit by bit
41. Engine speed
43. Female horses
44. Bar servings
45. Posed
46. Carnivore's quarry
47. "Happy birthday" writer or NHL player at times
48. Scent for a car freshener
50. Got off
51. Expire
53. He's coming in a Three Dog Night song
54. Pet rocks, once
55. Xmas mo.

Yesterday's Crossword

What's online

See today's answers at metronews.ca/answers.

Sudoku

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Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

1			2		8			
8	2						7	4
	5			1		2		
	3		4	8				6
		4				3		
5				3	9		2	
		3		9			4	
9	6						1	7
			1		7			9

Yesterday's Sudoku

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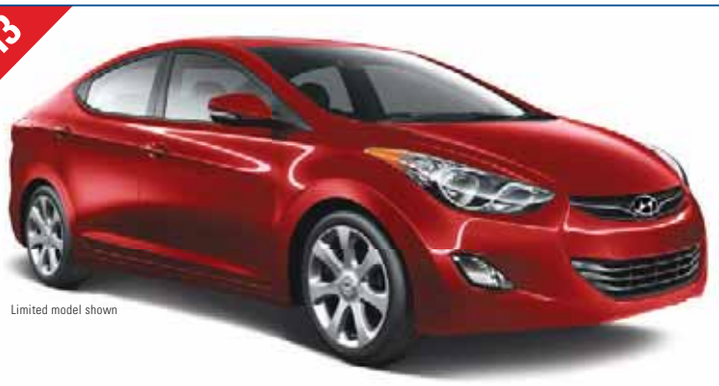
2013



Limited model shown

ELANTRA SEDAN

HIGHWAY 4.9L/100 KM 58 MPG▼

INCLUDES: 6 AIRBAGS ▪ iPOD®/USB/AUXILIARY INPUT JACKS ▪ POWER WINDOWS & DOOR LOCKS ▪ ABS WITH TRACTION CONTROL SYSTEM ▪ DUAL HEATED POWER EXTERIOR MIRRORS

SELLING PRICE: $17,480*
ELANTRA L 6-SPEED MANUAL. DELIVERY, DESTINATION & FEES INCLUDED. PLUS HST.

2012 CANADIAN & NORTH AMERICAN CAR OF THE YEAR

OWN IT $103 BI-WEEKLY PAYMENT

WITH 1.9%† FINANCING FOR 84 MONTHS

AND $0 DOWN PAYMENT

2013

Limited model shown

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U.S. NATIONAL HIGHWAY TRAFFIC SAFETY ADMINISTRATION

THE MOST FUEL-EFFICIENT FULL-SIZED CAR – NATURAL RESOURCE CANADA'S 2012 ECOENERGY VEHICLE AWARD^

SONATA SE

HIGHWAY 5.6L/100 KM 50 MPG▼

INCLUDES: 18" ALLOY WHEELS ▪ SPORT-TUNED SUSPENSION ▪ DUAL EXHAUST WITH CHROME TIPS ▪ LEATHER SEATING SURFACES ▪ XM® RADIO WITH BLUETOOTH® HANDS FREE PHONE SYSTEM

SELLING PRICE: $25,850*
SONATA SE AUTO. DELIVERY, DESTINATION & FEES INCLUDED. PLUS HST.

SAVE UP TO $3,250 IN PRICE ADJUSTMENTS‡ + WITH 0%† FINANCING FOR 36 MONTHS

INTRODUCING THE TOTALLY RE-DESIGNED 2013 SANTA FE

HIGHWAY 7.2L/100 KM 39 MPG▼

Limited model shown

SPECIAL INTRODUCTORY OFFER

0.9%† FINANCING FOR UP TO 48 MONTHS

WITH AVAILABLE: 19" ALLOY WHEELS ▪ PANORAMIC SUNROOF ▪ REAR PARK ASSIST & REARVIEW CAMERA WITH 4.3" LCD SCREEN ▪ REAR DOOR SUNSHADES ▪ HEATED STEERING WHEEL ▪ COOLED FRONT SEATS ▪ HEATED FRONT & REAR SEATS

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5 YEAR WARRANTY 100,000 KM COMPREHENSIVE LIMITED WARRANTY**

5-year/100,000 km Comprehensive Limited Warranty
5-year/100,000 km Powertrain Warranty
5-year/100,000 km Emission Warranty

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™The Hyundai names, logos, product names, feature names, images and slogans are trademarks owned by Hyundai Auto Canada Corp. †Finance offers available O.A.C. from Hyundai Financial Services based on a new 2013 Elantra L 6-Speed Manual/Sonata SE Auto/Santa Fe 2.4L FWD Auto with an annual finance rate of 1.9%/0%/0.9% for 84/36/48 months. Bi-weekly payment is $103/$332/$279. No down payment is required. Cost of Borrowing is $1,195/$0/$525. Finance offers include Delivery and Destination of $1,495/$1,565/$1,760 fees, levies, and all applicable charges (excluding HST). Registration, insurance, PPSA and license fees are excluded. Delivery and destination charge includes freight, P.D.E., dealer admin fees and a full tank of gas. Financing example: 2013 Sonata SE Auto for $25,850 at 0% per annum equals $332 bi-weekly for 36 months for a total obligation of $25,850. Cash price is $25,850. Cost of Borrowing is $0. Example price includes Delivery and Destination of $1,565, fees, levies, and all applicable charges (excluding HST). Registration, insurance, PPSA and license fees are excluded. †♦Prices for models shown: 2013 Elantra Limited/Sonata Limited/Santa Fe 2.0T Limited AWD is $24,830/$28,200/$40,395. Prices include delivery and Destination charges of $1,495/$1,565/$1,760, fees, levies, and all applicable charges (excluding HST). Registration, insurance, PPSA and license fees are excluded. ▼Fuel consumption for 2013 Elantra Sedan L 6-Speed Manual (HWY 4.9L/100KM; City 6.8L/100KM)/2013 Sonata SE Auto (HWY 5.6L/100KM; City 8.7L/100KM)/2013 Santa Fe 2.4L FWD Auto (HWY 7.2L/100KM, City 10.4L/100KM) are based on Manufacturer Testing. Actual fuel efficiency may vary based on driving conditions and the addition of certain vehicle accessories. Fuel economy figures are used for comparison purposes only. Bluetooth® word mark and logos are registered trademarks owned by Bluetooth SIG, Inc., iPod® is a registered trademark of Apple, Inc. ‡Price adjustments are calculated against the vehicle's starting price. Price adjustments of up to $3,250 available on 2013 Sonata SE. Price adjustments applied before taxes. Offer cannot be combined or used in conjunction with any other available offers. Offer is non-transferable and cannot be assigned. No vehicle trade-in required. †♦‡Offers available for a limited time, and subject to change or cancellation without notice. See dealer for complete details. Dealer may sell for less. Inventory is limited, dealer order may be required. ^Based on Natural Resource Canada's 2012 ecoEnergy award for most fuel efficient full-size car. ▲Government 5-Star Safety Ratings are part of the U.S. National Highway Traffic Safety Administration's (NHTSA's) New Car Assessment Program (www.SaferCar.gov). ††Hyundai's Comprehensive Limited Warranty coverage covers most vehicle components against defects in workmanship under normal use and maintenance conditions.